Heritage
Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, October 8, 2026 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Bruce Barnhart, Chris Montross, David Thielen, Dusti Winkie, Karen Huber, Karri Fisher, Mandi Remington, Peggy Doerge, Sister Susan O'Connor and Scott Olson.

Also Present: Barb Werning, Jennifer Knudtson, Kellie Elliott-Kapparos and Denise Babcock-Assistant Secretary.

Mission Moment – Chanel Prince, Elder Rights Specialist - Heritage Care Team

Chanel is currently working with a consumer who is experiencing multiple life-impacting challenges. By assessing the individual's needs then identifying and implementing services, trust is being built. The individual now feels more confident and able to take initiative to better their own health care, living situation, and obtain their mail, moving toward a successful outcome in overcoming obstacles.

Approval or Amend Agenda

Upon no further questions, Directors Doerge and Montross moved and seconded to approve today's agenda, as presented. Motion carried, 11-0.

Approval of Minutes of the Board of Directors Meeting Held Thursday, September 10, 2026

Upon prior review and with no further questions, Directors Olson and Huber moved and seconded to approve the Thursday, September 10, 2026, meeting minutes previously distributed by e-mail. Motion carried, 11-0.

REGULAR AGENDA

Finance Report

- **Updates**
  - Federal Funding
    - A continuing resolution was passed that approved current federal funding through December 11, 2026. As of today, the State has not received the federal Notice of Award (NOA) which is used to create the Notice of Grant Award (NGA) the State issues to AAAs. Earlier this year, all AAAs started being able to request funds from the ADS portal which has allowed some flexibility when this situation arises.
  - Upcoming Monitoring/Audit
    - Heritage Annual Audit: Mason Sander, auditor with Denman CPA LLP, attended the October Finance committee meeting to discuss the launch, planned scope and timing of the FY26 audit.
    - VOCA: Heritage received notification on Tuesday the VOCA desk audit has been completed.
    - ADS Monitoring: Submission of required documents has taken place. ADS staff will be on-site, Tuesday, November 17, to perform the audit activities.

- Grant Updates
  - International Paper awarded $4,000 to support the Encore Café congregate meal site at St. Paul's UMC in Cedar Rapids.
  - Community Foundation of Johnson County 5224Good awarded $9,000 to be used for the Coralville Community Food Pantry Encore Café congregate meal site.
- Other Fiscal Reporting
  - Several upcoming reports are due: MAC, State reporting and VOCA.
  - The Q1 2027 dashboard report is being compiled and will be shared at the November meeting.

Approval of Finance Report

No other questions, Directors O'Connor and Olson seconded to approve the Finance report as presented. Motion carried, 11-0.

Fundraising Committee Report

- **2026 Caregiver Wellness Day Event (CWD)**
  - Kirkwood Linn County Regional Center, Hiawatha, will be the location of the 2026 Caregiver Wellness Day event being held November 4, 2026, from 8:00 a.m. to 3:00 p.m. As of today, sixty consumers have registered to attend.
  - Hy-Vee will administer the vaccination clinic from 9:00-11:00 a.m. Seven consumers have registered to receive a flu or Covid shot.
  - Staff and volunteer scheduling is taking place along with informational e-mails being sent to sponsor/vendors and speakers regarding event details.
  - The catering request will be placed on Monday, October 19, 2026.

Operations/Executive Director's Report

- **Staffing**
  - No changes this month. A new staff member will be announced soon that will fill the I&A/Options Counselor position.
- **Program Updates**
  - The first congregate meal was held at the Coralville Food Panty last week and 32 diners were in attendance. Weekly meal services will start soon due to a grant received from Community Foundation of Johnson County 5224Good program. The Pantry will be recruiting, training and managing all the volunteers.
  - Again, this year, several staff have attended the "Hospite" conference offered through Cedar Memorial. This one-day, free event is designed to give respite and information to professionals providing support to people at the end of life.
  - Kellie Elliott-Kapparos was one of three panelists at the Iowa Ideas conference on Thursday, October 1, 2026. The topic was planning for caregiving.
  - Some Heritage staff participated in the Linn County Emergency Management Disaster Drill in late September.
- **Other Updates – Including DHHS Integration and Federal Changes**
  - The six Directors of Iowa's AAAs have been working on a third scenario to satisfy the HHS requirement that Aging Services function within the behavioral health map. More information will be made available at the Board meeting.

Action Items

- Watch for Barb's e-mail link to access the Iowa Aging System House File 2707 input survey as discussed.

Open Agenda

- No other items were brought to the Board's attention.

Public Comment

- No public comments were brought before the Board.

Motion to Adjourn

- With no further business, Directors Doerge and Huber moved and seconded a motion to adjourn. The meeting ended at 3:20 p.m.

Next Meeting

The next Heritage AAA Board of Directors meeting will take place Thursday, November 12, 2026, from 2:00 to 3:30 p.m., in-person or via zoom conference call at the Heritage East building conference room, 6301 Kirkwood Boulevard SW, Cedar Rapids.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Keith Stamp

Keith Stamp, Chair