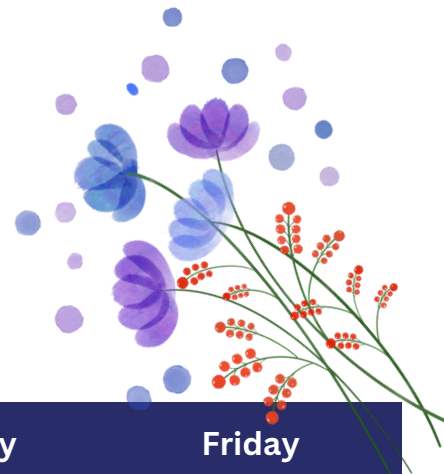




ENCORE CAFÉ

May 2026



Monday	Tuesday St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	Wednesday St. Paul's UMC 1340 3rd Ave SE Cedar Rapids	Thursday Lowe Park 4500 N 10th St Marion	Friday Marion Library 1101 6th Ave Marion
All meals include milk, OJ, iced tea, coffee, and salad bar.				1 Walking Tacos (Doritos/Taco Meat) Fajita Veggies Toppings/Sr Crm Spanish Rice
4	5 Baked Chicken Mash. Pot./Gravy Lemon Pepper Broccoli Dinner Roll	6 Creamy Chicken Breast Wild Rice Candied Carrots Assorted Cookies	7 Brat/ sauerkraut Mac & Cheese Banana	8 Roast Pork Gravy Dressing Green Beans
11	12 Baked Ham Baked Potato Sour Crm./Butter Carrots B-day Cupcake	13	14 Hot Roast Beef Sandwich Mash. Pot./Gravy Beet Salad B-day Cupcake	15 Chili Dogs Cole Slaw Fresh Cut Fruit
18	19 Beef & Noodles Chop Chop Salad Peaches	20	21 Chicken Parmesan Calif. Blend Veggies Pears Breadstick	22 Asian Beef White Rice Stir-Fry Veggies Egg Roll Fortune Cookie
25	26 Hamburger/Cheese Toppings Baked Beans Fresh Cut Fruit Brownie	27	28 Hamburger/Cheese Toppings Potato Salad Fresh Cut Fruit Cookies	29 Pulled Pork Sand. Party Potatoes Pasta Salad B-day Cupcake


Please make reservations by 1:00 pm the day before dining by calling **319-398-2585**.
Meals served 11:30 am – 12:30 pm. Menu subject to change. See back side for events!



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May 2026



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	St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	St. Paul's UMC 1340 3rd Ave SE Cedar Rapids	Low Park 4500 N 10th St Marion	Marion Library 1101 6th Ave Marion
				1 Heritage Care Team at MPL 9:30am-11:30am LIVE! Pottery Wheel Demonstration!
4	5	6	7	8
11	12 Stroke Education by Mercy Medical Center Birthday celebration 	13 National Apple Pie Day! How will you celebrate?! 	14 Birthday Celebration Pet Food Distribution 	15 Make a ceramic Spring Gnome! AFTER meal 12:30-2:00pm  MUST PRE-REGISTER!
18	19 Pet Food Distribution 	20	21	22 Red Cedar  Chamber Music
25 MEMORIAL DAY Heritage Office is closed	26	27	28	29 Birthday celebration 

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