

**Advisory Council
Heritage Area Agency on Aging
August 25, 2022
Held Via Zoom Conference Call**

Present: Lindsay Glynn, Art Staed, Shari Slaton, Don Kline, Shirley Gadelmann, Kay Fisk, Dora Lorenc, Lynne Cannon, Kellie Elliott-Kapparos, Harrison March & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: Evans Waller motioned to approve the agenda and Kay Fisk seconded the motion. The minutes were approved unanimously.

Consideration of minutes of June 23, 2022- Art Staed motioned to approve the minutes and Lindsay Glynn seconded the motion. The minutes were approved unanimously.

Election of Chair and Vice Chair-

- Motion from the floor to nominate Evans Waller as Chair for FY23 Advisory Council. Don Kline called for a vote and Art seconded. Evans was unanimously elected as FY22 Advisory Council Chair.
- Motion from the floor to nominate Kay Fisk as Vice Chair for FY23 Advisory Council. Don Kline called for a vote and Art seconded. Kay was unanimously elected as FY23 Advisory Council Vice Chair.

Annual Training

- Kellie presented the annual Heritage Training to the Advisory Council.

County Task Force Update:

- **Linn County-** Linn County Task Force continues to work on getting more people to sign up as members. The task force is also looking for ways to keep the committee members engaged.
- **Jones County-** The Starlight theater is in Anamosa and a local person wrote the play about Alzheimer's. The committee connected with the theater to provide Heritage information and resources for attendees.
- **Johnson County-** encouraging all members and all counties to attend the Older Iowans Legislature. After the OIL meeting, will start planning the annual legislative forum for December.
- **Benton County-** The task force just wrapped up a several outreach events. As a part of their outreach efforts they found that there continues to be a need for transportation in the area. The volunteer transportation in Benton county now has a volunteer shortage due to some drivers' medical events/health issues.
- **Washington County-** The task force helped promote the grand opening of the Washington County Encore Café. At their grand opening they served over 90 meals.
- **Cedar County-** The task force had a booth at the Cedar County fair. The outreach efforts went well. In addition to general agency handouts, they handed out the menu to the Cedar County Senior Center.
- **Iowa County-** No Active Task Force

Next Meeting September 22, 2022

**Advisory Council
Heritage Area Agency on Aging
September 22, 2022
Held Via Zoom Conference Call**

Present: Art Staed, Don Kline, Evans Waller, Nancy Good, Kay Fisk, Dora Lorenc, Kellie Elliott-Kapparos, Harrison March & Sjonna Brunt

Welcome and Introductions: Kay Fisk called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: Art Staed motioned to approve the agenda and Evans Waller seconded the motion. The minutes were approved unanimously.

Consideration of minutes of August 25, 2022- Art Staed motioned to approve the minutes and Don Kline seconded the motion. The minutes were approved unanimously.

Staff Update

- The position for the Health Coach is still open. Kellie hope to have an update on this position soon.
- Quarterly 1 reports are wrapping up & year end fiscal update.
- Heritage staff retreat is this Friday.
- Falls Prevention recognition is the month of September. Harrison has literature that he can share with individuals that would like it.

Board Update

- The Board introduced the new members.
- The Board elected the new officers for FY23. The following were elected as officers; Keith Stamp-Chair, Pat Heiden-Vice Chair, Scott Olson-Treasure, & Sister Susan-Secretary.
- Members whose terms were up were reelected for another 3-year term.

County Task Force Update:

- **Linn County-** Linn County Task Force continues to do outreach events in the local area such as the farmers market at Noelridge and an open house at the Cedar Rapids Fire house.
- **Jones County-** The task force is focusing on outreach at the senior dining sites in Anamosa and Monticello.
- **Johnson County-** The task force did not meet due to the OIL meeting.
- **Benton County-** Nancy Good shared that HACAP started serving Sunday meals in Vinton.
- **Washington County-** The task force announced that the Encore Café is going well. There were over 50 people served. They are seeing new people coming on a regular basis. Heritage attended the Washington farmers market to do outreach in the community.
- **Cedar County-** The task force discussed the November Fill the Plate fundraiser. The fundraiser raises funds for the Senior Center. The task force is also working on other outreach events in Cedar County.
- **Iowa County-** While there is not an active task force, Harrison is making connections and getting the word out about Heritage's mission.

County Task Force Update:

- The Life Enrichment Center at the Bridge is meeting Monday & Thursday in Cedar Rapids. This is the development of Senior Center. Kay wanted asked about getting the word out at the Encore Café and was referred to Tim Getty.
- It was asked if the Advisory Council will start meeting in person and at this time, they will follow the board's lead and continue meeting virtually.
- The HHS reorg meeting was this week and they shared the org chart and the goals of the group.
- Evans talked about the idea of having a legislative event. Kellie said she will speak with Barb as it needs to go before the board for approval.
- OIL meeting is at 9:00 am on Monday.

Next Meeting December 15, 2022

**Advisory Council
Heritage Area Agency on Aging
December 15, 2022
Hybrid Zoom Conference Call/Heritage Conference Room**

Present: Don Kline, Art Staed, Evans Waller, Karri Fisher, Harrison March, Sara Meade & Sjonna Brunt

Welcome and Introductions: Evans Waller called the meeting to order at 1:01 p.m. and roll call was taken.

Acceptance of Agenda: No Quorum

Consideration of minutes of September- No Quorum

Iowa Return to Community Presentation

Sara Meade talked to the Advisory Council in regards to the new Iowa Return to Community program. It is currently a pilot program through Mercy Hospital in Cedar Rapids. The Return to Community Program will match the patient with a Health Coach that will explain wrap around options/services available for transition home. The Health Coach will support the discharge plan and coach the patient on discharge instructions. The Health Coach assists in the transition to home through coordination of services specific to the individual's needs. The Health Coach will make contact within 2-5 days of referral or discharge and make regular contact for up to 90 days.

The Health Coach will assist with:

- Barriers to healing and compliance with discharge instructions.
- Services that the Health Coach may offer (and potentially fund) to assist with this transition to home may include.
 - Home delivered meals
 - Schedule doctor appointments
 - Transportation to appointments and essential errands
 - Make phone calls to ensure that medications are available
 - Arrange for home cleaning, chore services, or personal care in your home
 - Arrange installation of safety bars, a lifeline, ramps, and more.

To qualify for the program:

- One must be 60 years of age or older
- Agree to actively participate in your post hospital care plan
- Not be on Medicaid waiver have Mercy PCP
- Be admitted to Mercy Hospital and referred by Mercy.

If there is a need for continued care beyond the 90 days, they may be moved to Case Management or Options Counseling.

Staff Update

- Dora Lorenc resigned from the Advisory Council.
- Heritage staff is extremely busy. All service areas are experiencing an increase of consumer numbers compared to the numbers from last year.
- Congregate dining numbers have increased in Heritage's service where other Area Agencies are seeing a decline in numbers.

- If you have not already voted for Heritage on the Gazette Gives Back campaign, please do. Heritage has a chance of receiving free advertising dollars from the Gazette.
- Heritage is hosting a Medicaid for Caregivers seminar. The is one event being held in person in Cedar Rapids. In addition to the in person location Heritage has reserved a satellite location in Iowa and Jones County for people to attend a listen via zoom or they can watch via zoom from a place of their choosing. Fliers will be mailed out soon.

Board Update

- Board did not meet in December-No update

County Task Force Update:

- **Linn County-** Linn County Task Force spent time on brainstorming on awareness and outreach opportunities. Some of the areas that they would like to outreach on is Fraud protection and falls prevention.
- **Jones County-** No meeting
- **Johnson County-** The task force said the Johnson County forum on Return to Community and Health & Human Services changes went well. A few keynote speakers were not able to attend due to illness.
- **Benton County-**Task force is currently on break from meeting. They are planning a doing a food drive sometime in the Spring to help the local food banks.
- **Washington County-**The task force announced that the Encore Café continues to do well. The average number of people they serve on a weekly basis is 70. The committee continues doing outreach with the attendees and grow the members of the task force. Don Kline talked about an emergency disaster program through the University of Iowa called Disaster Prewise. The program helps older adults and their families take the time before an emergency to plan so they can remain healthy for survival at home, in a shelter, or elsewhere in the event of an actual emergency. For more for details on this program visit <https://www.public-health.uiowa.edu/news-items/disaster-prewise-helps-older-folks-prepare-for-disruptions/>. There is hopes that Washington County will receive a grant to help implement this program for older adults.
- **Cedar County-** The task force is currently on break from meeting. In November for the Fill the Place food drive they raised over \$1600 for the Tipton Congregate Diner. The local Tipton grocery store donated an additional \$300. The Tipton Congregate Diner is able to purchase food at the local grocery store with the funds that were raised.
- **Iowa County-**no formal task force

Next Meeting February 23, 2022 @ 1:00 pm

**Advisory Council
Heritage Area Agency on Aging
February 23, 2023
Hybrid Zoom Conference Call/Heritage Conference Room**

Present: Don Kline, Evans Waller, Kay Fisk, Shari Slaton, Lisa Tallman, Jill Sindt & Sjonna Brunt

Welcome and Introductions: Evans Waller called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: Don Kline and Kay Fisk moved and seconded the acceptance of the agenda. Motion carried 5-0.

Consideration of minutes of September- Kay Fisk and Don Kline moved and seconded the acceptance of the September minutes. Motion carried 5-0

Consideration of minutes of December- Don Kline and Kay Fisk moved and seconded the acceptance of the December minutes. Motion carried 5-0

Agency Report

- There are no major staff changes at Heritage.
- The weather over the past few weeks have impacted Heritage programs. Some dining locations have had to close due to the weather.
- April first marks the beginning of Medicaid Unwinding. Medicaid members who kept their coverage due to the public health emergency (COVID) will lose their coverage if they are found to be ineligible. This could impact many of our consumers. Kellie Elliott-Kapparos will review how this will impact our work and Older Iowans. Information can be found here <https://hhs.iowa.gov/ime/unwind>.

Area Plan Update

- Jill reviewed the FY2024 Area Plan update presentation to the Advisory Council. This is an opportunity for the Advisory Council to review the Area Plan update and offer their thoughts and suggestions. As a part of the review, Jill shared the process for updating the Area Plan, the progress to date on the strategies, the proposed FY2024 strategies, and the performance measure outcomes.

Board Update

- The Board met on January 9th and welcomed 3 new board members; Chris Montross, Bruce Barnhart, and V Fixmer-Oraiz. These members replace the prior County Board of Supervisors.
- Caregiver Wellness Day is being planned for November 6, 2023. Due to COVID, Caregiver Wellness Day has not been in person since 2019.
- The Caregiver 101 events in January were successful. Heritage is looking at having more events that are small and informative.

County Task Force Update:

- **Linn County-** The committee brainstormed ways to engage in the community. They plan to be a part of some of the Farmers Markets.
- **Jones County-** The committee reviewed Heritage's program data.

- They are also looking at ways to get the word out about the Monticello congregate dining site.
- The committee discussed the Medicaid Unwinding program and the implications that it may have on consumers.
- They continue to promote Caregiving Services in Jones County.
- **Johnson County**-The committee voted on the meetings and the next priority.
- **Benton County**-The committee is planning a food drive that will benefit the local pantry. The committee continues to look for ways to do outreach in the community.
- **Washington County**-Harrison is working to grow the task force by visiting the northern part of Washington county. Encore in Washington County continues to average 70 participants.
- **Cedar County**- The committee had a successful fundraiser for \$1600 in November. They continue to look into outreach opportunities.
- **Iowa County**-no formal task force

Open Agenda

- OIL identified for priority issues for submission to the 2023 session of the Iowan General Assembly, under the very general titles of:
 - Enacting a dementia specialist program
 - Improving guardianship and conservatorship system
 - Funding Iowa Return to Community from the lottery
 - Improving nursing home care
- Shari Slaton with Care Initiatives will be speaking at the Johnson County Elderly Consortium.

Next Meeting May 25, 2023 @ 1:00 pm

Advisory Council
Heritage Area Agency on Aging
May 25, 2023
Hybrid Zoom Conference Call/Heritage Conference Room

Present: Don Kline, Kay Fisk, Shari Slaton, Art Staed, Harrison March, Kellie Elliott-Kapparos, Delaney Frater & Sjonna Brunt

Welcome and Introductions: Kay Fisk called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: No Quorum

Consideration of minutes of February- No Quorum

Agency Report

- Welcome to Delaney Frater. Delaney is joining Heritage as VISTA Intern. She is a University of Iowa Social Worker student and will be working on the Prepwise program.
- Sara Meade-IRTC Coordinator resigned from Heritage. Heritage will be posting this position internally.
- Harrison accepted a Memorial Day Proclamation with the Johnson County Board of Supervisors today.
- Reminder to register for the June 5 Caregiver 101 Elderly Waiver Information session.

Board Update

- No Update

3rd Quarter program Data

The Program Dashboard was presented to the Advisory Council comparing 2019-2023.

- Congregate Dining-2021 Congregate dipped due to all sites being closed for most of the year. By the end of FY2023, Heritage is projected to serve the most they have served since 2019. Heritage projects 1800 unduplicated consumers and 60,000 units.
- EAPA-Elder Rights Services -Services include consumers who call to receive information and discuss a possible occurrence as well as the services provided to a consumer for a period of time needed to resolve and support them through an abusive situation. The data does not include VOCA.
 - Heritage is projected to serve 210 unduplicated consumers and 2.73K Units by the end of 2023.
 - Heritage is on track to serve more consumers than served in 2019, 2020, and 2022. FY2021 Heritage served 219 which is slightly higher than projected for FY2023.
 - The number of units is projected to be more than any other year between 2019-2022. This means the cases tend to be more complex cases and are taking more time.
- Options Counseling-This service helps people age 60+ make informed decisions about their long-term planning and care. The service is not more than 90 days. If more time is needed the consumers are often referred to Case Management.
 - The data reflects that Heritage is projected to serve slightly fewer unduplicated people in FY2023 than in FY2019 (more than 2020-2022), they are projected to serve significantly more units (2,247) than served since 2019.
 - The increase in units reflects the complexity of the cases and situations.
- Case Management-This is long-term support to help an individual maintain their plan of care.
 - Heritage is projected to serve 100 unduplicated people and 1,461 units in 2023. This is more than served between 2019-2022.

Elder Rights Program Update

- Kellie talked to the Advisory Council about the Elder Rights Program and the Elder Abuse Law that went into effect earlier this year.

County Task Force Update:

- **Linn County-** The Life Enrichment Center had its first large event on May 25. They hosted the American Legion Commander to talk to older adults. 30 people were in attendance.
- **Jones County-** The committee is working to partner with the Elderly Consortium to bring back the local health fair that was well attended prior to COVID.
- **Johnson County-**
- **Benton County-** The Task Force is busy organizing a food drive for Older Americans Month and will take the food to a local food pantry that serves older adults.
- **Washington County-**
- **Cedar County-** The committee is preparing for outreach events at the local fair and the Public Health Fair.
- **Iowa County-** no formal task force

Open Agenda

- Kellie mentioned to the Advisory Council the need to better align the task force and Advisory Council By-Laws to the Board's. This will be a conversation held at a future meeting.
- Give 65 Fundraising Campaign
 - Heritage was invited to participate in the GIVE65 fundraising campaign through Home Instead. Thanks to Karen Huber for recommending Heritage. The campaign is a fundraising campaign that lasts for 65 hours in July. Every organization is eligible for up to \$5,000 matching grants, while funds are available. It's a dollar-for-dollar match. That means, gifts of \$5,000 or less will be matched until:
 - The organization hits \$5,000 in funds raised, and/or
 - The \$215,000 matching grant fund is exhausted
 - Home Instead Charities will offer an additional \$10,000 in grants once \$500,000 is raised on the Give65 site.
 - The Give65 homepage tracks the progress of each organization's goal.
 - For more details, please visit the following link.
<https://www.give65.org/content/about>.

**Advisory Council
Heritage Area Agency on Aging
July 22, 2021
Held Via Zoom Conference Call**

Present: Ed Dunbar, Shari Slaton, Kay Fisk, Art Staed, Don Kline, Lisa Tallman, Chris Shimon, Dora Lorenc, & Lindsay Glynn

Staff Present: Eugenia Kendall & Sjonna Brunt

Welcome and Introductions: Eugenia Kendall called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: The agenda was unanimously approved as presented.

Consideration of minutes of March 25, 2021- The minutes were approved unanimously as submitted.

Orientation & Training

- Eugenia reviewed the annual training PowerPoint presentation with the Advisory Council.
 - The Conflict of Interest date in which the conflict of interest policy date of corporation is April 12, 2018.

Follow-up

- Each Advisory Council member will return the following documents to Heritage either via email or regular mail: Conflict of Interest and Self-Declaration

County Task Force Update:

- **Johnson County:** Aging Services is accredited by the Commission on Accreditation of Rehabilitation Facilities, which promotes advancing services. Through this process, it can be recommended that Aging Services be non-accredited, receive a 1-year accreditation or a 3-year accreditation. The results of the survey will go back to the accrediting body and will be shared with us in a few weeks.
Thanks to Eugenia for all of the hard work that she has done for the community and Heritage.
- **Washington County:** - Don Kline shared that the Encore Café has started in Washington County. At this time, it is a voucher program at Hy-Vee.

Next Meeting August 26, 2021

Meeting was adjourned at 3:30 pm

**Advisory Council
Heritage Area Agency on Aging
August 26, 2021
Held Via Zoom Conference Call**

Present: Lindsay Glynn, Shari Slaton, Nancy Good, Don Kline, Art Staed, Kay Fisk (1:30)

Staff Present: Kellie Elliott-Kapparos, Harrison March & Sjonna Brunt

Welcome and Introductions: Kellie Elliott-Kapparos called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: No Quorum

Consideration of minutes of July 22, 2021- No Quorum

Task Force and Advisory Council Timelines

- This is an annual appointment is for July 1-June 30th. Only one seat is appointed and that is the Elected Official. Art Staed has agreed to stay on as the elected official for FY22.

Chair and Vice Chair Duties

- The Chair and Vice Chair will need to be elected next year. The Chair will also be a board member representing the Advisory Council.
- Board meetings are 100% virtual for the time being. In the future when the Board does meet in person it is the plan to have an option to attend virtually.
- Board meets once a month the 2nd Tuesday of the month from 2-3:30.
- Board of Directors has to approve every Task Force and Advisory Council members. This list of names will need to be submitted by May next year.

Meeting Frequency-Tabled due to lack of quorum

County Task Force Update:

- **Linn County**-New member recruitment was discussed. They talked about establishing a Senior Center group. The group also talked about how to promote transportation for seniors and adults with disabilities that are home bound.
- **Jones County**-is a small group that are wanting to expand their membership as they only have 2 members. They continue to talk about growing their group.
- **Johnson County**-Elections were done and recruitment was discussed. The group discussed the OIL (Older Iowans Legislature) Legislative priorities. OIL is a “friend” to Heritage. Heritage can advocate for OIL but they cannot lobby for this.
- **Benton County**-The group met in person on August 18th (5 members). They were provided pamphlets to pass around to various different places.
- **Washington County**-Don Kline and Harrison met in person with 2 other people who met via zoom. The group is working on the promotion of the Encore Café Express. They handed out about 50 Encore food certificates

in July. The group is working on getting the word out about Heritage and their services to various different churches and other organizations.

Open Agenda

Lindsay reported on Aging Services Adult Day which is stable at this time. Aging Services is in the process of applying for a grant that will work on obstacles' s in transportation in Johnson County.

Shari Slaton mentioned that there is a fundraiser tonight sponsored by Prairie Hills for Alzheimer's

Next Meeting September 23, 2021

Meeting was adjourned at 3:16 pm

**Advisory Council
Heritage Area Agency on Aging
September 29, 2021
Held Via Zoom Conference Call**

Present: Judi Hertle, Shirley Gadelmann, Shari Slaton, Dora Lorenc, Chris Shimon, Art Staed, Jill Sindt, Harrison March & Sjonna Brunt

Welcome and Introductions: Jill Sindt called the meeting to order at 9:38 a.m. and roll call was taken.

Acceptance of Agenda: Shirley motioned to approve the agenda and Chris seconded the motion. The minutes were approved unanimously.

Consideration of minutes of July 22, 2021- Don Kline motioned to approve the minutes and Shari seconded the motion. The minutes were approved unanimously.

Consideration of minutes of August 26, 2021- Dora motioned to approve the minutes and Art seconded the motion. The minutes were approved unanimously.

Election of Fiscal Year 2022 Officers

- Motion from the floor to nominate Shirley Gadelmann as Chair for FY22 Advisory Council. Judi called for a vote and Art seconded. Shirley was unanimously elected as FY22 Advisory Council Chair.
- Motion from the floor to nominate Chris Shimon as Vice Chair for FY22 Advisory Council. Dora called for a vote and Art seconded. Chris was unanimously elected as FY22 Advisory Council Vice Chair.

Frequency Meeting

- The Advisory Council talked about options on how often to hold the meetings. It was finally decided on meeting monthly for the time being and will look at the needs to meet as the year goes on.
- Heritage will get a copy of the upcoming dates for the group to meet in person.

FY21 Year-end Data highlights-Tabled

County Task Force Update:

- **Linn County-** The committee continued to talk about the importance of a senior center in Cedar Rapids.
- **Jones County-** No Report
- **Johnson County-** No Report
- **Benton County-** No Report
- **Washington County-** Don Kline mentioned that the Encore Express continues to do well. Heritage is holding a Power of Attorney seminar for 20 people in Washington County. You must sign up in order to attend.
- **Cedar County** The group met and talked about their fill their plate fundraiser that will be held in November. Details are still being developed.

Next Meeting October 28, 2021

Meeting was adjourned at 10:02 am

**Advisory Council
Heritage Area Agency on Aging
October 28, 2021
Held Via Zoom Conference Call**

Present: Shirley Gadelmann, Shari Slaton, Chris Shimon, Kay Fisk, Art Staed, Don Kline, Jill Sindt, Harrison March, Jenn Knudtson & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: Agenda amended to include Linn County under the County Task Force updates.

Consideration of minutes of September 29, 2021- No quorum.

FY21 Year-end data highlights

- Kellie reviewed the year end data (attachment included). Heritage Advisory Council will look at this quarterly and will compare our actual numbers to our projected numbers.

Frequency Meeting

- The Advisory Council talked about options on how often to hold the meetings. It was finally decided on meeting monthly for the time being and will look at the needs to meet as the year goes on.
- Heritage will get a copy of the upcoming dates for the group to meet in person.

County Task Force Update:

- **Linn County**- The task force wanted to remind everyone that there is a senior center meeting prior to the task force meeting.
- **Jones County**-The task force is still working to recruit more members for the task force. This continues to be a challenge.
- **Johnson County**-The task force is planning the annual legislature forum where they invite legislature members of Johnson County to discuss Older Iowans Legislature agenda. The event is being held virtually on December 13th and will be moderated by Larry Kudej.
- **Benton County**-The task force was busy over the summer and fall attending outreach and resource events in the community. They will be wrapping this up in the upcoming months.
- **Washington County**-The task force is looking at ways to grow the group.
- **Cedar County** The task force is working on a food derive on November 20th at the Tipton Family Foods. This is their annual Fill The Plate Campaign.

Next Meeting December 2, 2021

Meeting was adjourned at 2:00 p.m.

**Advisory Council
Heritage Area Agency on Aging
December 2, 2021
Held Via Zoom Conference Call**

Present: Shirley Gadelmann, Don Kline, Art Staed, Kay Fisk, Shari Slaton, Ed Dunbar, Nancy Good, Judi Hertle, Harrison March, Laura Kreigermeier, Kellie Elliott-Kapparos, & Sjonna Brunt

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Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: Kay motioned to approve the agenda and Ed seconded the motion. The agenda was approved unanimously.

Consideration of minutes of September 29, 2021- Ed motioned to approve the minutes and Art seconded the motion. The minutes was approved unanimously.

Consideration of minutes of October 28, 2021- Ed motioned to approve the minutes and Shari seconded the motion. The minutes was approved unanimously.

Elder Rights Program with Laura Kreigermeier- Laura shared details on her roll within Heritage as an Elder Rights Coordinator. All elder abuse referrals go through her for her to assess and refer to an Elder Rights Specialist. One qualification for an elder abuse referral is the individual must be at least 60 years of age. Heritage has 3 different funding streams, Older Americans Act, VOCA grant (Victims of Crime Act) and Greater of Cedar Rapids Foundation Healthy Homes grant to support safe living free pests in particular bed bugs and roaches. Recently, Laura has seen an increase on hoarding referrals. Laura will receive the referral and then do a consultation over the phone which determines how to proceed from there. Depending on the circumstances Laura will refer it to either Drew or Angie. Many times the specialists look for ways to get their foot into the door prior to showing up.

Success story: Heritage served a consumer in Benton County whose son was living with her and was abusive. Once the referral was received services were set up for the consumer and the son was removed. The consumer is now doing great.

Another success story was a situation where an individual found themselves in a domestic violence situation. Our Elder Rights Specialist was able to work with a Domestic Violence agency to get the person out of the situation and moved to another state and close to family.

Some consumers decline our services as they are voluntary services. It important that we make sure that the individual(s) we talk to are aware that Heritage staff are mandatory reporters and that we may have to make a report circumstances to DHS. When talking to a consumer, Laura will ask safety questions such as pets, people living there, weapons and etc. In some situations, Heritage will have law enforcement and a domestic violence liaison come with the care team member come with them. If at any time if the care team member is uncomfortable they are encouraged to leave.

What is the cooperation from law enforcement? In Heritage's opinion there are not enough referrals by law enforcement. The District Attorneys do not make any referrals. Most of the items that come through Heritage are unfounded by DHS and even fewer make it to a prosecuting situation.

MDT(Multiple Disciplinary Team) Meetings-2 in Linn and Johnson County with DHS, Elder Rights team, Legal Aid, Assistant account attorney, nurses, social workers, police, fire department, and etc. attend this meetings. During these meetings brainstorming is done on cases and in some cases help has been provided in addition to feedback. There was one in the rural county however due to lack of participation they ended. Shirley talked about helping Heritage getting the rural one going again.

County Task Force Update:

- **Linn County**- The task force continues with member recruitment.
- **Jones County**-Harrison reported that Lisa Tallman is busy helping open a dining location in Monticello.
- **Johnson County**-The task force is planning the annual legislature forum where they invite legislature members of Johnson County to discuss Older Iowans Legislature agenda.
- **Benton County**-The task force attended the Veterans Stand down event and handed out fliers and information in regards to Heritage.
- **Washington County**-The task force is looking at ways to grow the group. Encore in Washington County continues to thrive. As of date they have served 39 unique people.
- **Cedar County** The task force is work on a food derive on November 20th at the Tipton Family Foods. This was another successful event. A total amount raised will be presented at the January meeting.

Open Agenda:

Harrison will be distributing to all of the task forces fliers for county Caregiving events. Heritage will be having a county specific zoom caregiving event. The second session will be in person in the spring. The hope is to raise the awareness of caregiving in each of the seven counties. If the task forces would help pass them out.

Next Meeting January 27, 2022

Meeting was adjourned at 2:00 p.m.

**Advisory Council
Heritage Area Agency on Aging
January 27, 2022
Held Via Zoom Conference Call**

Present: Shirley Gadelmann, Don Kline, Nancy Good, Shari Slaton, Lindsay Glynn, Lynne Cannon, Judi Hertle, Dora Lorenc, Harrison March, Kellie Elliott-Kapparos, & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: Don Kline motioned to approve the agenda and Lindsay Glynn seconded the motion. The agenda was approved unanimously.

Consideration of minutes of December 2, 2021- Don motioned to approve the minutes and Dora Lorenc seconded the motion. The minutes were approved unanimously.

Nutrition Overview- Kellie provided an update on Heritage's Nutrition Program.

- Almost all rural nutrition providers are open to offer congregate and home delivered meals. The Monticello reopening has been delayed due to site and staffing issues. Cedar Rapids and Iowa City sites have not reopened at this time for congregate due to COVID numbers.
- Encore Café-Lowe Park is set to open on February 16th and St Marks is set to open in March of 2022. Marion Library is hoping to open up in the Spring of 2022. The time frame of this open is dependent on the construction of the new library that was destroyed in the Derecho on December 2020. While the congregate sites have been closed Heritage has worked with Hy-Vee to offer meal vouchers and supplemental food distributions. Heritage plans to enhance the nutrition education and menu options as the sites reopen.
- Encore Express which developed from Encore Café and is offered through the Washington, Iowa Hy-Vee and 1st Avenue (Cedar Rapids) Hy-Vee. The program offers 12 Hy-Vee meal vouchers a month that are good for hot or meal time meals. The areas that Heritage is targeting are the following areas in Cedar Rapids: Wellington Heights, Moundview, Oakhill Jackson as well as Washington, Iowa. Nutrition Education is being offered during this distribution.
- Heritage is working to open a congregate meal site in Washington, Iowa at the Immanuel Lutheran Church.
- Heritage has hired a new staff member that is a part of the Nutrition team: Lauren Geistkemper
- Encore Essentials is planning to launch in Spring/Summer of 2022. This program focuses on collaboration with HACAP. The HACAP mobile food pantry "truck" goes to many rural communities to provide supplemental food for those in need. Heritage will partner by offering a dietitian to be on the "truck" to answer questions and assist people in making healthy choices that work within their limited food resources. Additionally, the truck will have meals that older adults can picnic together and enjoy some fellowship.
- All providers are having issues with supply chain availability and cost of supplies.
- Nutrition Counseling has served over 25 units Year to date in FY22.
- The Encore program was named as one of five most innovative programs in the Nation by the ACL (Administration for Community Living).
- Tails is a pet program that provides pet food and vet assistance to at-risk older adults. Year to date Heritage been able to serve 75 consumers and over 125 pets.

- Heritage is planning to debut a Nutrition Education newsletter this month(January).

Staff Report

- Heritage is working on the Area Plan and partnering agencies are starting the RFP (request for proposal) renewal process. These are program proposal updates that are due by noon of February 7th.
- On February 24th Jill will present to the Advisory Council the status of the Area Plan update.
- Heritage hired Mandy Leehmuis as an Elder Rights/Case Manager and Shannon Youmans as an Options Counselor.
- 2 Heritage open positions: Program Assistant and Encore Coordinator
- Becky Briggs, Encore Coordinator resigned effective February 4th.
- Laura Kriegermeier, Elder Rights Coordinator had her baby girl on Saturday.

County Task Force Update:

- **Linn County**- Committee talked about Encore Express and where to promote the program. Conversation continues about how to recruit new members.
- **Jones County**-The committee continues to work with Keith Stamp, Heritage Board Treasurer, to grow their membership and contacting their local ministerial groups.
- **Johnson County**-December 14th the task force held their annual legislative forum. They invite legislative members from Johnson County to discuss Older Iowans Legislature agenda. They focused on the legislative priorities and how to advocate for older adults.
- **Benton County**-No meeting
- **Washington County**-The task force talked about Encore in Washington County where they have served 39 unique people. While the COVID numbers are still high the committee is still looking for ways to keep the aging community active. **Cedar County** Shirley Gadelmann posted a letter to the editor in the Cedar County paper in regards to the Caregiver Webinars. Task force did not meet.

Open Agenda:

The Advisory Council discussed what topic they would like to hear about next month and decided that caregiving would be a good topic.

Next Meeting February 24, 2022

Meeting was adjourned at 2:00 p.m.

**Advisory Council
Heritage Area Agency on Aging
February 24, 2022
Held Via Zoom Conference Call**

Present: Shirley Gadelmann, Don Kline, Kay Fisk, Shari Slaton, Lynne Cannon, Judi Hertle, Dora Lorenc, Harrison March, Kellie Elliott-Kapparos, Madalyn Klobassa & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:04 p.m. and roll call was taken.

Acceptance of Agenda: The agenda was approved as presented

Consideration of minutes of January 27, 2022- Kay Fisk motioned to approve the minutes and Dora Lorenc seconded the motion. The minutes were approved unanimously.

Family Caregiver Overview- Madalyn Klobassa provided an update on Heritage's Family Caregiver Program.

- The following services are a part of the Caregiver program: Caregiver Information and Assistance, Caregiver Options Counseling, Caregiver Counseling, Caregiver Case Management and Powerful Tools for Caregivers.
- Madalyn is a Caregiving Information and Assistance Specialist and an Options Counselor.
- When a person calls Heritage to speak with an Information and Assistance Specialist they will be asked if they are calling for themselves or for someone they are caregiving for. During this call, Madalyn will gather details on the caregiver's needs, share information and resources with the caller and if they need further information or want a face-to-face meeting, a referral will be made to the Options Counseling program.
- Once a referral is made to Family Caregiving Options Counseling, the counselor makes the initial call within 2 business days to confirm they have the correct information and gathers addition information as needed. As a part of this call the counselor will set up a face-to-face meeting either at the individuals' home or a public place of their choosing.
- During the face-to-face meetings the counselor will assist in fill out applications that may need filling out such as: food assistance, Medicaid form, rental assistance and etc. The counselor helps problem solve issues the individual is having, develops a care plan and then will follow-up with them as needed. This program is a short term program and can last up to 90 days. If more assistance is needed they will refer it onto Caregiving Case Management.
- Caregiver Counseling is an emotional support program. Heritage staff are not certified counselors but they can provide emotional support to the caregiver and gives the caregiver a sounding board for issues they may have when it comes to caregiving for their loved one.
- Family Caregiver Case Management is provided to the caregiver if the Options Counselor and Caregiver feel that the topics discussed in the meeting cannot be resolved in the 90-day timeframe. Caregiver Case Management is a long-term service and requires more face-to-face meetings and frequent follow-ups.
- Powerful Tools for Caregivers is a 6 week course held once a week for 90 minutes. The program is designed to help caregivers take better care of themselves while taking care of a friend or relative. Some of the topics covered are self-care, communication techniques, stress relief, setting goals, and making action plans. The class is offered 4

time per year. Next class starts April 19, 2022 and is held every Tuesday from 11:30-1:00, for 6 weeks.

- The Advisory Council suggested posting something in the news in regards to the Caregiver program. Harrison will look at a way to get the information out and Kellie suggested in using the in person County Caregiver sessions as a way to get the word out about the program as well as the sessions.
- Don Kline suggested getting a one-page flier to the Advisory Council that lists facts about the program. The Advisory Council can use this flier to post around their community. Harrison will work on this flier and get it out to the Advisory Council members.

Area Plan

- Kellie review the Area Plan FY23 update presentation to the Advisory Council. This is an opportunity for the Advisory Council to review the Area Plan update and offer their thoughts and suggestions. As a part of the review Kellie shared the process for updating the Area Plan, the progress to date on the strategies, the proposed FY2023 strategies and the performance measure outcomes.

Staff Report

- Heritage continues to work on the Area Plan and partnering agencies are starting the RFP (request for proposal) renewal process.
- Heritage has identified the program assistant person that will start in March.
- Heritage is working to assist the Geneva Tower residents that were displaced due to the fire in the building early Sunday morning.
- Encore Café in Lowe Park opened up on a limited basis.

County Task Force Update:

- **Linn County**- Continue to look for ways to increase their membership and do outreach work.
- **Jones County**-The committee is working with the ministerial association to engage the communities of faith. They are doing media outreach in regards to the Monticello dining site as they are needing a Director to get the dining site up and going.
- **Johnson County**-The committee is working to advocate on a state bill in the House Senate File 522. This bill refers to Elder abuse legislation in Iowa. This bill if passed will strengthen the resources law enforcement would have to go after those committing the crime as well as the penalties people would face if convicted.
- **Benton County**-No meeting due to schedule conflicts. Will meet in March in Vinton.
- **Washington County**-Continues to look for ways to grow their committee.
- **Cedar County** The committee has created a small community phone tree to keep older adults in the loop about what is going on in the community and to checking with one another and get referrals to people that may need assistance.

Next Meeting March 24, 2022

Meeting was adjourned at 2:18 p.m.

**Advisory Council
Heritage Area Agency on Aging
March 24, 2022
Held Via Zoom Conference Call**

Present: Shirley Gadelmann, Don Kline, Shari Slaton, Nancy Good, Lindsay Glynn, Dora Lorenc, Jill Sindt, Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:06 p.m. and roll call was taken.

Acceptance of Agenda: Lindsay Glynn motioned to approve the minutes and Shari Slaton seconded the motion. The minutes were approved unanimously.

Consideration of minutes of February 24, 2022- Lindsay Glynn motioned to approve the minutes and Don Kline seconded the motion. The minutes were approved unanimously.

FY23 Area Plan Update- Jill reviewed the final information of the FY23 Area Plan Update with the Advisory Council. Lindsay Glynn motioned to approve the FY23 Area Plan Update and Don Kline seconded the motion. The FY23 Area Plan Update was approved unanimously.

Staff Report

- Harrison March and his wife welcomed a baby girl this week.
- Laura Kriegermeier will be returning from maternity leave on April 4th.
- Denise Babcock, Program Assistant joined Heritage on March 21st. Denise will be spending her time split between Nutrition and Wellness and the Care team.
- Heritage is working on finalizing the in person Caregiver seminars being held in June.
- The Heritage Board approved the Area Plan.
- Heritage is planning to reopen the office by appointment only starting April 4th.
- St Marks Encore is opening the week of March 28th.

County Task Force Update:

- **Linn County**- no update
- **Jones County**-no update
- **Johnson County**-no update
- **Benton County**-no update
- **Washington County**-no update
- **Cedar County** –no update

Next Meeting April 28, 2022

Meeting was adjourned at 2:30 p.m.

**Advisory Council
Heritage Area Agency on Aging
April 28, 2022
Held Via Zoom Conference Call**

Present: Shari Slaton, Shirley Gadelmann, Lindsay Glynn, Lisa Tallman, Dora Lorenc, Kay Fisk, Lynne Cannon, Harrison March, Jill Sindt, Bryan Bruner & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: Don Kline motioned to approve the agenda and Lindsay Glynn seconded the motion. The minutes were approved unanimously.

Consideration of minutes of March 24, 2022- Kay Fisk motioned to approve the minutes and Don Kline seconded the motion. The minutes were approved unanimously.

Wellness Program-Bryan Bruner- Bryan presented to the Advisory Council details on his position and some of the programs that he works with; Tai Chi, Walk with Ease, Powerful Tools for Caregivers and Falls. Bryan has the following classes scheduled: Every Monday @ 9:30 am Tai Chi at Lowe Park (ends May 16th), every Tuesday @ 11:30-1:00 Powerful Tools for Caregivers (Virtual ends May 24th) and every Thursday at 10:00 am Tai Chi at the Vinton Public Library (ended April 28th). Future events include: Every Monday @ 9:30 am at Lowe Park starting September 13-Tai Chi, Tai Chi two classes at Keystone (Cedar Rapids), Powerful Tools for Caregivers-Virtual starting July 19th. Tentatively planned is Tai Chi at 5 Season and Hilltop.

Staff Report

- During the April Board meeting, Denman presented the Financial Audit. There were no issues to report and the board approved the financial audit.
- Melissa Wahl, Horizons Tim Getty and Jill met in regards to Horizons opening to the public for congregate meals. The Brownstone is opening on May 4th and the Iowa City Elderberry Café is opening after July 1st. Horizons has plans to open up another location. Details will be released at a later date.
- St Marks Encore Café is open to the public and continues to serve on average 20 people.
- Lowe Park Encore Café is open to the public and continues to serve on average 40-60 people.
- The Encore position is still open. There was a need to pull the original post in order to revise the position requirements. Heritage will be reposting the position soon.
- The Area Plan was submitted to IDA and Heritage is awaiting information from IDA.
- The Caregiver Seminar locations, dates and times were finalized and the invitations are being developed and will be sent out soon.

County Task Force Update:

- **Linn County-** Linn County met and talked about ways they can grow their membership. Additionally, the task force is looking to reestablish the committee doing an event for Older Americans month in FY23. They are also looking at ways to get out into the community and visiting various different nursing and senior homes. Finally, the committee is considering being a part of the Noelridge Park Farmers Market and doing outreach.

- **Jones County**-Harrison provided Lisa Tallman names of potential contacts to reach out to in order to grow the Jones County Task Force. Lisa is looking for ways to add programming option at the Senior Center such as a speaker on Long Term Care Options, Information on Power of Attorney's and etc.
- **Johnson County**-Johnson County is looking at how to grow their membership in FY23. They are working on a strategic plan that involved reviewing other groups that meet in regards to older adults and how the task force can combine forces.
- **Benton County**-Benton County is in the process of scheduling summer outreach events. These events will serve to help get the word out to the community about Heritage.
- **Washington County**-Washington County is aware that Heritage is planning on opening the Washington County Encore Café. Once the site has been cleared by the health inspector then Heritage will be able to open it to the public.
- **Cedar County** –Cedar County talked about outreach events in their community and possible locations to promote volunteering opportunities.
- **Iowa County**-While Heritage does not have an active Iowa County task force, Harrison has made connections with various different volunteer groups in Iowa County. These groups are serving as resource groups. Heritage and HACAP is working on providing a mobile food pantry in Iowa County.

Open Agenda: Congratulations to Shirley Gadelmann on receiving the Clarence Main Street Leadership award.

Next Meeting May 26, 2022

Meeting was adjourned at 2:00 p.m.

**Advisory Council
Heritage Area Agency on Aging
May 26, 2022
Held Via Zoom Conference Call**

Present: Shari Slaton, Shirley Gadelmann, Lindsay Glynn, Art Staed, Kay Fisk, Lynne Cannon, Don Kline, Harrison March, Jill Sindt, Ann Neville & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: Lynne Cannon motioned to approve the agenda and Art Staed seconded the motion. The minutes were approved unanimously.

Consideration of minutes of April 28, 2022- Lindsay Glynn motioned to approve the minutes and Don Kline seconded the motion. The minutes were approved unanimously.

Case Management-Ann Neville- Ann spoke to the Advisory Council about the Case Management program. Ann has 35 consumers in Case Management and 5 consumers in Caregiver Case Management. Mandy Leemhuis is the other Case Manager. In order for a person to be admitted to the Case Management program they must first speak with our I & A team. From there the I & A team will assign the consumer to an Options Counselor or a Family Caregiver Options Counselor. The OC and FCOC are short term programs (90 days or less). If further assistance is needed for the consumer, they are then admitted to the Caregiver or regular Case Management. Ann works with the consumer to find their social history and does an assessment to find the needs that they may have and how she can assist them with their needs. Ann will reach out to the individuals on a monthly basis however, IDA only requires a touch base every 3 months. Case Management consumers must be 65 and on the Elderly Waiver. Currently there is a big needs gap for people between the age of 60-65. Person Centered funding is a big piece of Heritage's Case Management program. Examples of person centered funding some consumers receive are: supplying Lifeline services, homemaker services, lift chairs, beds, food and basic supplies. One of the trends Ann has encountered is hoarding. Mental health issues have increased over the years. There does not seem to be enough services to help with the mental health issues. There seems to be more chronic health issues with individuals that are between 60-65 years of age.

Staff Report

- IRTC (Iowa Return to Community program) starts on July 1st. The Medicaid diversion program that works with people that are recently released from the hospital for 90 days. Position is posted for this and it is preferred that the candidate is an RN.
- All congregate sites have officially reopened.
- Elder Justice Grant - Pilot project with DHS in all but Cedar County will be working to create a family team decision making model. This is a tool/strategy for older adults that are transitioning off DHS Elder Abuse Care. Heritage will be hiring someone for this position. Heritage is hoping to have a better relationship between AAA's and DHS. The first in-person meeting with IDA is tomorrow to work on manuals and etc.

County Task Force Update:

- **Linn County-** The group is talking about outreach efforts for this summer. They are looking at getting information in the Life Enrichment Center. The intent is to distribute information to older adults. Kay Fisk is the Chair of the Life Enrichment Center. The Life Enrichment Center received some ARPA funds to help pay for

the space in the mall but they will need to look for other grants to fund the center. They will need to hire someone part-time to help with the administrative piece of the Life Enrichment Center.

- **Jones County**- The group is putting together a resource sheet in regards to long term care payment options and the basic information on it. They plan to share it in the community as appropriate.
- **Johnson County**-The group has been working to merge with other programs that have the same agenda of supporting the older adults. Looking at what the two groups can accomplish as one group so they can put some action plans together.
- **Benton County**-The group is connecting with rural access hubs and learning more about resources available for mental health issues. They plan on applying this to the outreach events that they are doing this summer.
- **Washington County**-The congregate meal site opens up on June 9th. Harrison will be going to the Farmers Market in Washington a few times as well as Ridiculous Days. Harrison did an interview on the radio about Heritage services in Washington County.
- **Cedar County** –The group is busy promoting the Caregiver seminar.
- **Iowa County**-No Active Task Force

Open Agenda: Brownstone has opened up and has more people attending every day. The lunchbox fundraiser is returning to Horizons. There is another fundraiser that Horizons is planning called Heels for Meals. Details yet to come.

Next Meeting June 23, 2022

Meeting was adjourned at 2:00 p.m.

Advisory Council
Heritage Area Agency on Aging
June 23, 2022
Held Via Zoom Conference Call

Present: Lynne Cannon, Don Kline, Shirley Gadelmann, Shari Slaton, Kay Fisk, Art Staed, Judi Hertle, Lindsay Glynn, Nancy Good, Kellie Elliott-Kapparos, Paul Swanson, Harrison March & Sjonna Brunt

Welcome and Introductions: Shirley Gadelmann called the meeting to order at 1:07 p.m. and roll call was taken.

Acceptance of Agenda: Judi Hertle motioned to approve the agenda and Lynne Cannon seconded the motion. The minutes were approved unanimously.

Consideration of minutes of May 26, 2022- Don Kline motioned to approve the minutes and Lynne Cannon seconded the motion. The minutes were approved unanimously.

Older Workers Program-Paul Swanson- Paul spoke to the Advisory Council about the Older Workers program. This program is funded by Vocational Rehabilitation and is renewed until 2025. All referrals must apply for service through Voc. Rehab and be 55+ years of age prior to being eligible for the Older Workers program. The purpose of this program is to help individuals over 55 years of age find employment. Once they have been approved, Paul works with the individual to accomplish the goals set by Voc. Rehab and the consumer. When the consumer has established employment for over 90 days they are considered as stabilized in their employment. There are some individuals Paul has worked with for over the 90-day employment stabilization period in order to help make them successful in their employment. Some consumers have various barriers from mental to physical to emotional barriers. Paul did face some barriers during COVID when it came to helping people obtain employment. While Voc. Rehab is responsible for marketing the program, Paul is responsible for establishing relationships with businesses.

Staff Report

- Governor Reynolds signed the Elder Abuse Law recently. The Law goes into effect July 1st. The law means that individuals can be charged and arrested for elder abuse. Please check out the Iowa AARP website <https://states.aarp.org/iowa/new-elder-abuse-law-in-iowa> to review details on the law. Heritage and other Area Agencies on Aging will work with law enforcement and other organization on educating them on the Elder Abuse law.
- Washington county's congregate meal site is open. Most recently they served 26 people.
- The Washington County Caregiver seminar was yesterday, Johnson County Caregiver seminar is June 24th and Iowa County is June 29th.
- The Iowa Return to Community position is open and is in the process of hiring a nurse.. A candidate has been identified and we hope to make an announcement next month.
- The Elder Justice grant position has been posted and is open.
- Julie Roman joined Heritage recently as the Encore Coordinator.
- Heritage Fiscal Year Ends on June 30th for the Advisory Council. Art Staed has agreed to stay on the Advisory Council as the Elected Official. All are invited to the July meeting as well as the incoming fiscal year members and the nomination will come from the floor for the officer positions.
- Heritage had some funding for IDA for some last minute advertising dollars. Please look on the lookout for a commercial on KCRG.

County Task Force Update:

- **Linn County**- The task force will be at the Noelridge Farmers Market to promote Heritage.
- **Jones County**- The task force is busy with outreach for caregiver support classes and local support groups.
- **Johnson County**-The task force spent the last meeting identifying key things they would like to accomplish as a group. They have a list of priorities and are in the process of narrowing them down.
- **Benton County**-HACAP is serving in person meals again in Benton County. The task force has been busy promoting Heritage Services at the Benton County Fair.
- **Washington County**-Washington County Encore is open and is serving meals in person. They continue to spread the word through the local radio station. Don let Harrison know about Washington Live which is a Facebook group.
- **Cedar County**-Shirley will be spending the week at the county fair to promote Heritage.
- **Iowa County**-No Active Task Force

Open Agenda:

- Aging Service is once again involved in the online Give65 program. This is a program of Home Instead Charities devoted to helping nonprofits raise money online for programs and services that are helping aging adults live with independence and dignity. For details and to donate to Aging Services please visit <https://www.give65.org/abbehealth>.
- Representative Staed thanked everyone for the work they do for Older Adults.
- Question was asked on what Heritage does to assist elderly people from foreign countries. Heritage is working to improve the outreach in this area by being on various different committees that work with the immigrant population.

Next Meeting July 28, 2022

Meeting was adjourned at 2:01 p.m.

**Advisory Council
Heritage Area Agency on Aging
July 23, 2020
Held Via Zoom Conference Call**

Present: Marcia Taylor, Joyce Brunssen, Shirley Gadelmann, Shari Slaton, Lindsay Glynn, Angela Roemerman, Tamra Albright-Johnson, Barb Young & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, Barb Werning, Brad Franzwa & Sjonna Brunt

Welcome and Introductions: Kellie Elliott-Kapparos called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: no quorum at that time

Consideration of minutes of May 28, 2020- Art motioned to approve the minutes and Marcia seconded the motion. The minutes were approved unanimously.

Consideration of minutes of June 25, 2020- Art motioned to approve the minutes and Shirley seconded the motion. The minutes were approved unanimously.

Election of Fiscal Year 2021 Officers

- Tabled until August

Staff Report

- Barb Werning, Heritage Executive Director introduced herself to the Advisory Council.
- August 3rd is the targeted date for Heritage to return back to the office. This will be a slow process. Heritage Offices will not be open to the public.
- Heritage has a new website. Thanks to Harrison March who built the website from the ground up. The website is set up so that online donations can be accepted.
- Heritage has a new brochure. The brochure is a common brochure that has incorporated all of the services into one location instead of multiple brochures.
- Heritage and the I & A staff has done a great job managing the call volume while working from home.
- Heritage is still doing a great job doing outreach. Outreach is being accomplished through e-blasts to individuals 60+ in need. Information shared with the was information on Heritage services and COVID-19. Other was outreach was accomplished were through virtual programming such as Tai Chi, and Caregiver Educational webinars.

- Participation with Task Forces meetings has increased even though they are being done virtually.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- Meeting July 16th
- **Caregiver**- Next meeting August TBD
- **Nutrition**- Next meeting TBD
- **Elder Rights**- Met on June 18th and focused on what Heritage is doing to reach out to individuals in need.
- **HCBS**- Next meeting July TBD

Committee Reports:

Advocacy/Government Liaison:

- No Report

County Task Force Update:

- **Jones County**: No meeting in July. Meals on Wheels delivering food to people in need.
- **Cedar County**: Cedar County dining is doing well. New people are being served. Transportation is gradually increasing.
- Farmers Market vouchers are being handed out.
- **Benton County**: - No July meeting. Harrison provided the task force with information on how seniors can vote.
- **Linn County**: No meeting in July.
- **Johnson County**: No report.
- **Washington County**: - No report

Next Meeting August 27, 2020

Meeting was adjourned at 3:30 pm

**Advisory Council
Heritage Area Agency on Aging
August 27, 2020
Held Via Zoom Conference Call**

Present: Marcia Taylor, Shari Slaton, Eve Casserly, Lindsay Glynn, Angela Roemerman, Tamra Albright-Johnson, Barb Young, Sofia Mehaffey, Stephanie Humphries, Elizabeth Koehn & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, Barb Werning, Brad Franzwa & Sjonna Brunt

Welcome and Introductions: Kellie Elliott-Kapparos called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: Elizabeth motioned to approve the agenda and Barb Young seconded the motion. The minutes were approved unanimously.

Consideration of minutes of July 23, 2020- Eve motioned to approve the minutes and Lindsay seconded the motion. The minutes were approved unanimously.

Election of Fiscal Year 2021 Officers

- Motion from the floor to nominate Stephanie Humphries as Chair for FY21 Advisory Council. Barb Young called for a vote and Marcia seconded. Stephanie was unanimously elected as FY21 Advisory Council Chair.
- Motion from the floor to nominate Lindsay Glynn as Vice Chair for FY21 Advisory Council. Barb Young called for a vote and Tamra seconded. Lindsay was unanimously elected as FY21 Advisory Council Vice Chair.

Staff Report

- The last Heritage staff member received power on August 24th as a result of the Derecho storm. Some staff are still operating without internet and are resorting to using their cell phones as hotspots. All staff are safe.
- After the Derecho that hit Cedar Rapids and surrounding areas, the Heritage Care Team has contact all Heritage clients and wellness check-ins were performed via the phone.
- Heritage has been working with LAPAID, partnering agencies, Benton County Long Term Recovery group and Johnson County COAD on recovery efforts and resources for the community.
- Our needs are now transitioning from response to recovery. Recovery will be a long transition as we work with community members that have expressed food insecurity and other assistance as a result from the damage of the Derecho.

- Heritage was able to secure 10,000 shelf stable meals and has partnered with HACAP to distribute this throughout Heritage's service area in need as a result of the storm.
- Encore is down to 2 facilities due to storm damage at the Marion Library.
- As a result in increasing numbers in COVID, Governor Reynolds established a Health proclamation mandating that all bars to close and restaurants to close at 10:00 pm.

Open Agenda

- Sofia expressed concerns on how big of an issue food insecurity was going to be not only due to COVID but also as a result of the Derecho. She has found that most people wanted to only receive help on a temporary basis. During the response efforts of the Derecho, Horizons served hot meals since individuals were unable to warm up food without power. Horizons has now reverted back to frozen meals for most people. There are a few people without power that are still receiving hot meals.
- Lindsay Glynn expressed thanks to Heritage and Horizons. Heritage and Horizons gave the partnering agencies an opportunity to get help to people that may not have needed help prior to the storm or that may not have expressed the need for help prior to the storm. There is still a need for volunteers the push for volunteer help is dwindling even though the need is still there.
- The committee expressed a need to have conversations on senior housing facilities. As a result of the storm it was discovered some areas that are needing to be looked at such as lighting in the stairwell during a storm outage, preparing seniors in unassisted housing for emergencies, the need for generators and much more.

Next Meeting September 24, 2020

Meeting was adjourned at 3:30 pm

**Advisory Council
Heritage Area Agency on Aging
September 24, 2020
Held Via Zoom Conference Call**

Present: Marcia Taylor, Shirley Gadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Nancylee Siebenmann, Tamra Albright-Johnson, Barb Young, Dora Lorenc, Stephanie Humphries, & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, & Sjonna Brunt

Welcome and Introductions: Stephanie Humphries called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: Lindsay motioned to approve the agenda and Barb Young seconded the motion. The minutes were approved unanimously.

Consideration of minutes of August 27, 2020- Barb motioned to approve the minutes and Lindsay seconded the motion. The minutes were approved unanimously.

FY21 Advisory Council meeting calendar

- Kellie presented the FY21 Advisory Council meeting calendar. Each meeting will have a topic for discussion such as various focus groups, the Area Plan and Heritage Programs.

Staff Report

- All area agencies in Iowa are closed to the public due to COVID. Barb Werning is working with Iowa Department on Aging as well as the other AAA's to determine when it may be safe to reopen.
- Barb Werning is reaching out to each member of the Heritage Board and Executive Directors of each of our funded programs. Barb will eventually be reaching out to each member of the Advisory Council as well.
- There is a concern in regards to seniors and adults with disabilities living at home and social isolation. This is being discussed among area agencies on aging nationwide. At this time there is not a lot of information on it. Kellie will send articles to the Advisory Council so we can discuss it in October.
- Eugenia presented the highlights on Heritage's storm recovery efforts.
- Lindsay thanked Eugenia for all of her work and what she has done during COVID and the storm recovery.

Chair Report

- Barb Werning has started to share to the board feel good/mission moments from consumers.

- The board reviewed and approved the financial reports as presented by Steve Ovel. Heritage is doing well financially.
- Amanda Seilers was approved as a voting member of the Benton County Task Force.
- The Board meeting dates are the 2nd Tuesday of every month at 2:00. At this time, they are all done by Zoom. Once they are able to meet in person they would like to hold at least one meeting in all seven (7) Counties that Heritage serves.
- It was requested by the Advisory Council to have Harrison March remind the County Task Force members that the Board meetings are open to the public. The agendas are posted on Heritage's website 1 week prior to the meeting with details on how to participate.

Next Meeting October 22, 2020

Meeting was adjourned at 3:15 pm

**Advisory Council
Heritage Area Agency on Aging
October 22, 2020
Held Via Zoom Conference Call**

Present: Marcia Taylor, Shirley Gadelmann, Ed Dunbar, Lynne Cannon, Lindsay Glynn, Angela Roemerman, Barb Young, Sofia Mehaffey, Dora Lorenc, Stephanie Humphries, & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, & Sjonna Brunt

Welcome and Introductions: Stephanie Humphries called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: Lynne Cannon motioned to approve the agenda and Marcia Taylor seconded the motion. The minutes were approved unanimously.

Consideration of minutes of September 24, 2020- Ed Dunbar motioned to approve the minutes and Barb Young seconded the motion. The minutes were approved unanimously.

Program Data & Impact Report Orientation

- Eugenia reviewed the PowerPoint presentation on year end program outcome data and the impact and results.

Area Plan Focus Groups:

- Eugenia provided an overview of the Area Plan Focus Groups and identified the purpose and goals of the each of the five groups (ADRC/LifeLong Links, Caregiver, Elder Rights, HCBS/Transportation, & Nutrition). Each Advisory Council member is invited to join any of the focus groups.
- Eugenia reminded each Advisory Council member to return the Service Needs Survey that was sent out to them. This provides Heritage a view of what the perceived service needs are by each county. Heritage will be holding virtual meetings with each county task force, key constituents & Heritage staff to discuss the results. Once Heritage has met with each county they will take the information back to the focus groups to discuss.
- Area Plan Focus group future meeting dates are: ADRC/LifeLong Links-October 29, 1-2:00 pm, Caregiver-December TBD, Elder Rights-November 5, 1-2:00, HCBS-December TBD, and Nutrition-December TBD.

Staff Report

- The Heritage Fiscal team is working on Q1 reports (July-September).
- Maria Donohoe will be returning from maternity leave November 2.
- The Iowa Association of Area Agencies on Aging (i4a) received a donation of over \$10,000 from our national association (n4a) for Derecho relief. The i4a board voted that the funds should be directed to the Heritage region due to the need. Heritage is using some of the money to purchase consumers gift cards at a grocery store of their choice to replace food that was lost and not covered by insurance.
- The request for Home Delivered meals is increasing. Cedar County served and additional 2,000 meals from last year to this year.
- Encore Café will soon be making an announcement that they will be changing over to a voucher system during the winter months. There will be a monthly supplemental food distribution during this time.

Chair Report

- Laura Kriegermeier presented information to the board about the Elder Abuse program and the process on how the staff handles elder abuse cases. Laura also shared cases to the board.
- Heritage remains fiscally sound.

Next Meeting December 17, 2020

Meeting was adjourned at 3:15 pm

**Advisory Council
Heritage Area Agency on Aging
December 17, 2020
Held Via Zoom Conference Call**

Present: Marcia Taylor, Shirley Gadelmann, Shari Slaton, Lynne Cannon, Lindsay Glynn, Angela Roemerman, Barb Young, Ed Dunbar, Sofia Mehaffey & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, & Sjonna Brunt

Welcome and Introductions: Lindsay Glynn called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: Lynne Cannon motioned to approve the agenda and Art Staed seconded the motion. The minutes were approved unanimously.

Consideration of minutes of October 22, 2020- Ed Dunbar motioned to approve the minutes and Art Staed seconded the motion. The minutes were approved unanimously.

FY2021 1st Quarter Program Outcome Data & Impact Results Elder Rights Focus Groups Goals and Strategies

- Eugenia reviewed the PowerPoint presentation on the results on the Outcome Data and Impact survey as well as the Elder Rights Focus Group Goals and Strategies. 92 responses were received from the impact survey and the results for Rural and Urban ranked the following services in the top: Home Delivered Meals, Case Management and Information & Assistance.
- Most of Heritage services are exceeding or meeting Q1 goals according the expectations and targets set by Iowa Department on Aging(IDA). Congregate goals are N/A due to COVID.
- The Advisory Council wanted to know if Heritage is able to compare their data with the other area agencies on aging. At the time Heritage released their data to the Advisory Council the other area agencies had not released them to IDA therefore they are unable to compare them. Once it is released it is possible to compare to the other area agencies.

FY22-25 Area Plan Status Update:

- Regional conversations were held with all of the county task forces and other individuals within the counties. Some of the concerns the areas of concern were expressed: Home Delivered Meals & Congregate dining, availability of volunteers, social isolation, and emotional support of caregivers.
- Focus group conversations were wrapping up. The 4-year plan will reflect the gaps and strategies of Heritage's services.

Staff Report

- Heritage has sent an email to all members of the task force, Advisory Council, Board of Directors and all of the subcontractors letting them know that Heritage will be working modified hours from December 24-January 4.
- Mike Chapman has announced his retirement starting July 1, 2021.

Chair Report

- The Heritage Board developed the following committees: Finance, Executive, Development, Communication/Community Engagement, Fund/Fund Development & HR/Personnel.
- Heritage remains fiscally sound.

Next Meeting January 28, 2021

Meeting was adjourned at 1:56 pm

**Advisory Council
Heritage Area Agency on Aging
January 28, 2021
Held Via Zoom Conference Call**

Present: Marcia Taylor, Shirley Gadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Angela Roemerman, Barb Young, Dora Lorenc, Elizabeth Koehn & Stephanie Humphries.

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, Barbara Werning & Sjonna Brunt

Welcome and Introductions: Stephanie Humphries called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: Barb Young motioned to approve the agenda and Shirley Gadelmann seconded the motion. The minutes were approved unanimously.

Consideration of minutes of December 17, 2020- Shirley motioned to approve the minutes and Barb Young seconded the minutes based on the amendment in the approval section of the minutes being changed from Art Taylor to Art Staed. The minutes were approved unanimously.

ADRC/Lifelong Links Focus Group Goals and Strategies

- Eugenia reviewed the PowerPoint presentation on the ADRC/Lifelong Links Focus Groups Goals and Strategies.
 - Area Plan Goals, Gaps and Strategies Goal 1 is Iowa Aging Network will work with older Iowans, Iowans with disabilities, and caregivers as they fully engage and participate in their communities, make informed decisions, and exercise self-determination and control about their independence, well-being, and health.
 - Service Gap: Rural residents in the Heritage service area face additional barriers to accessing needed services.
 - Heritage accomplished creating a user friendly website, streamlines a common brochure in 2 languages (English & Spanish), developed an online Caregiver Wellness Series, developed online Tai Chi classes, developed tools to capture consumer intake information online, created an annual report, and created a marketing & communication plan.
 - Goal 2: Iowa Aging Network will enable Older Iowans to remain in their own residence and community of choice.
 - Service Gap: The Heritage Agency needs to increase access to information, Education and Advocacy efforts within the service area.
 - 98.2% of consumers indicated they received the information/referrals needed to make an informed choice regarding goals service needed. Target is 95% or greater.
 - 98.2% of consumers indicated they worked with staff to develop a plan for what to do next.
 - Service Usage & Consumers service-Total without aggregate FY19 5,287 FY20 Actual 5,421 Total Aggregate (includes Training & Education, Outreach, 211, Legal Assistance) FY19 8,230 FY20 16,733.

FY22-25 Area Plan Timeline:

- By Mid-February Heritage will submit a rough draft of the Area Plan to IDA for feedback

- March the Advisory Council will review and provide feedback of the Area Plan
- April the Area Plan will be submitted to the Board for approval.

Staff Report

- Staff is working on the FY22-Fy25 Area Plan.
- Heritage has released the application for RFP's (Request for Proposals). This would be effective starting July 1, 2021. This is a competitive bid process and state guidelines must be followed. All questions asked about the bid process are posted to Heritage's website.
- COVID 19 vaccines are being distributed differently in every county. The I4a (Iowa Area Agency on Aging Association) sent a letter on behalf of all the Area Agencies on Aging to the State of Iowa Public Health Department. The letter offered support to communicate to Iowans about the vaccine. Additional letters went out to local Public Health Departments to offer support.
- For updates on the COVID 19 vaccine please continue to check Heritage Area Agency's website and your local county Public Health Department.
- Staff continues to work remotely as well as from the office.
- Heritage continues to provide a monthly food distribution during the Encore voucher distribution.

Chair Report

- Tim Getty provided an update on Encore Café. Heritage is working in Washington County to get a similar program established. Tim also provided an overview of regional nutrition programs and how they are running their programs during the pandemic.
- PPE's (Personal Protective Equipment) continues to be distributed to all seven (7) counties.
- Toni Claussen resigned from the Heritage Board and Barb Werning is working to find a replacement for her position.

Area Plan Focus groups:

- Nutrition, Caregiver, and HCBS (Transportation) meetings have not been scheduled.
- Elder Rights meeting is January 29, 2021 3:00-4:00
- ADRC/LifeLong Links meeting was January 21, 2021 1:00-2:00

Committee Reports:

- No report from Linn or Jones County
- Washington County reported that Kirsten Onaga spoke at their meeting in regards to transitioning from extended care to assisted or independent living. The task force members also worked on a welcome packet for new task force members. The packets can be revised for each county task force. Please see Harrison March for details.
- Cedar County and Benton County Task Forces do not meet until February.
- Johnson County has a presentation on the Better Business Bureau (presenter Bob Hansen) on March 8, 2021 at 2:00 pm.

Next Meeting February 25, 2021

Meeting was adjourned at 2:30 pm

**Advisory Council
Heritage Area Agency on Aging
February 25, 2021
Held Via Zoom Conference Call**

Present: Marcia Taylor, Shirley Gadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Angela Roemeran, Barb Young, Dora Lorenc, Elizabeth Koehn, Nancylee Siebenmann & Stephanie Humphries.

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, Barbara Werning & Sjonna Brunt

Welcome and Introductions: Stephanie Humphries called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: Barb Young motioned to approve the agenda and Lindsay Glynn seconded the motion. The minutes were approved unanimously.

Consideration of minutes of January 28, 2020- Ed Dunbar motioned to approve the minutes and Barb Young seconded the motion. The minutes were approved unanimously.

FY2021 2nd Quarter Outcome Data & Impact Results

- Eugenia reviewed the FY2021 Performance Measures for 2nd Quarter.
 - HAAA OAA and Subcontractor OAA FY21 2nd quarter services goals presented (attachment).
 - Elder Abuse Prevention and Awareness are close to achieving their goal for FY21.
 - LifeLong Links has exceeded the FY2021 goals.
 - Nutrition and Education and Nutrition Counseling is on hold due to COVID and not being able to capture units.
 - Case Management is meeting or exceeding all of FY2021 goals.
 - Congregate Meal and Home Delivered Meals-Congregate is n/a due to COVID and sites being closed. Home Delivered Meals is exceeding their goal.
 - Caregiver Counseling and Caregiver Respite Care is exceeding their FY2021 goal.

Caregiver Focus Group Goals and Strategies

- Eugenia presented what the Caregiver group has been working on and their goals and strategies. (attachment)
 - Gap 1 Caregivers are often so consumed with the caregiver responsibilities that they do not have time to research and connect with support services
 - Gap 2 Caregivers within the Heritage services area lack caregiver training opportunities and resources.
 - Gap 3 Working caregivers within the Heritage service area lack knowledge on how to access available resources to assist with caregiving.
 - Gap 3 Caregivers who care for adult children with disabilities within the Heritage services area lack knowledge on how to access available resources.
 - 93% of caregiver consumers indicated caregiver counseling and /or respite care service allowed them to maintain their caregiver role. Target is 90% or greater.

Staff Report

- Heritage has received an alarming number of COVID calls.
- Starting March 8 people 65+ can call 211 and 211 will work to schedule them for their vaccine through Hy-Vee. There are some counties that do not have Hy-Vee's and there will still be need to work with local county public health.
- Some consumers have expressed issues getting the vaccine and with their permission Heritage has flagged with names and sent them to the Governor's office. These people will start receiving the people on the list where there is a Hy-Vee in their area to help them get the COVID shot scheduled.
- The Governor's office is planning on asking Hy-Vee to do mobile clinics in the rural clients.
- Heritage is hiring a Data Project Specialist. This position is posted on Kirkwood's website.

Chair Report

- Bryan Bruner, Health and Wellness Coordinator spoke with the board about the virtual programs he has been teaching.
- Mike Chapman is retiring.
- Heritage closed to the public as all AAA are.
- Funding for VOCA is likely to be cut come September and Heritage is looking for options to support this program.
- Heritage remains to be in strong financial standings.
- Kellie and Barb met with Kathy Good at the Family Caregivers Center at Mercy Hospital to discuss the Heritage's Dementia Friends initiative through i4a. The hospital will break ground soon for the new Chris and Suzy DeWolf Family Innovation Center for Aging and Dementia. We are exploring ways we can partner together to support and enhance services at the center.
- A rough draft of the Service Area Plan will be sent to IDA in mid-February (actual due date March 1). After comments are received from IDA and final revisions made, the Plan will go to the Advisory Council for recommendation in March and to the Full Board for approval in April.
- The Encore Café voucher program continues to perform well. In January, 1,546 vouchers were redeemed by 196 participants.
- The nutrition program received an unexpected pet assistance grant last month. These funds will be used to provide monthly assistance to Arbor residents as well as other individuals over 65 in the community.
- Steve Ovel is resigning as a Heritage Board member due to health issues. Kirkwood Board of Trustees will be providing a replacement member.
- John Schlarmann will be replacing Ned Rohwedder as a representative of the Jones County Board of Supervisors.
- The Board approved 10 Grandpads for consumers 65+

Area Plan Focus groups:

- Nutrition-TBD
- Elder Rights meeting is March 18 @ 10:00 am
- Caregiver-TBD
- Transportation-TBD
- ADRC/LifeLong Links meeting April 15th @ 1:00 pm

Committee Reports:

- Barb (Linn County) updated the Advisory Council on the presentation they received from Access to Independence.

- Marcia (Benton County) Kiersten Onaga with Access to Independence also spoke at their meeting.
- Shari (Cedar County) Access to Independence spoke to the task force.
- Angela (Johnson County)-presentation will be to the public on Senior Fraud March 8th at 2:00.

Next Meeting March 25, 2021

Meeting was adjourned at 2:00 pm

**Advisory Council
Heritage Area Agency on Aging
March 25, 2021
Held Via Zoom Conference Call**

Present: Marcia Taylor, Shirley Gadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Barb Young, Elizabeth Koehn, Lynne Cannon & Stephanie Humphries.

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos & Barbara Werning

Welcome and Introductions: Stephanie Humphries called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: Shirley Gadelmann motioned to approve the agenda and Lynne Cannon seconded the motion. The minutes were approved unanimously.

Consideration of minutes of February 25, 2020- Barb Young motioned to approve the minutes and Lynne Cannon seconded the motion. The minutes were approved unanimously.

FY2021 Area Plan Update Submission review for FY2022-2025 (see attachment)

- Eugenia reviewed the Area Plan Power Presentation as submitted to the committee. 3 Goals reviewed
 - Goal 1 & Service Alignment-(Goal 1) Iowa Aging Network will work with older Iowans, Iowans with disabilities, and caregivers as they fully engage and participate in their communities, make informed decisions, and exercise self-determination and control about their independence, well-being and health. (Service Alignment) Info & Assistance, Options Counseling, Caregiver Info & Assistance, Caregiver Options Counseling, Nutrition Education, Nutrition Counseling, Training & Education, Outreach.
 - Goal 2 & Service Alignment-(Goal 2) Iowa Aging Network will enable Older Iowans to remain in their own residence and community of choice. (Service Alignment) Case Management, Adult Day Care, Assisted Transportation, Chore Services, Congregate Meals, Emergency Response Systems, Home Delivered Meals, Material Aid, Transportation, Caregiver Case Management, Caregiver Counseling, Caregiver Respite, Caregiver Supplemental Services.
 - Goal 3 & Service Alignment-(Goal 3) Iowa Aging Network will protect and enhance the rights; and prevent the abuse, neglect, and exploitation of older Iowans. (Service Alignment) EAPA Consultation, EAPA Assessment & Intervention, EAPA Training & Education.

HCBS Focus Group Goals and Strategies (see attachment)

- Eugenia presented what the HCBS group has been working on and their goals and strategies. (attachment)
 - (Goal) Iowa Aging Network will enable Older Iowans to remain in their own residence and community of choice.
 - Strategies-(1) Strengthen partnerships within each community to increase volunteerism that helps meet the transportation needs of older persons for non-medical supports and services. (2) Hold transportation specific trainings with Task Forces on Aging in each county to increase knowledge on how to use existing modes of transportation as well as recruit additional volunteers. (3) Work with local mobility managers and other partners

on the HCBS Focus Group to ensure the regional transportation brochure also includes volunteer transportation options.

Staff Report

- The number of COVID vaccine calls have slowed down.
- Referring individuals to call 211 for details on the vaccine seems to be working well.
- Staff have found locations to get their vaccine.
- Thanks to all that worked on the Area Plan especially to Eugenia who work hard to put it all together.
- Heritage has received 2 resignations-Brad Franzwa and Ashley Turner
- Heritage is on track to a full transition as employees of a 501c3 on July 1.
- All providers submitted their RFP's.

Chair Report

- The Board members discussed the rules of open meeting criteria and how you go into closed and come back into open sessions.
- Finances are stable. IDA has allocated \$14m on extra funding.
- Due to Encore Cafes success extra funding has been given to Heritage.
- There is a donate now button on Heritage's website. It was discussed how to reflect how donations help support Heritage's services such as x dollars provide x number of meals and etc.
- There is a potential for the VOCA grant to receive financial cuts.
- Heritage has decided to put the purchase of grandpads on pause due to hidden fees driving up the cost.
- Powerful Tools for Caregivers is getting a great response.

Area Plan Focus groups: Working to schedule April meetings not updates at this time.

- Nutrition-TBD
- Elder Rights-TBD
- Caregiver-TBD
- Transportation-TBD
- ADRC/LifeLong Links-TBD

Committee Reports:

- Cedar County will be at the Cedar County Fair and will be looking for help from Heritage on items she can hand out.
- Linn County discussed the vaccine, asked for a speaker from the Older Iowans Legislature at their next meeting to provide an update, Encore voucher program, people who are still needing help with damage they received from the Derecho, and also what the status of the Senior Center.
- Washington County had Tim Getty speak to them about the Encore Express. It is getting ready to be rolled out to the community soon.

Next Meeting June 24, 2021

Meeting was adjourned at 2:00 pm

**Advisory Council
The Heritage Area Agency on Aging
July 25, 2019**

Present: Evans Waller, Barb Young, Sandy Bell, Shirley Gadelmann, Larry Kudej, John North, Bob Welsh, Ed Dunbar, Leah Donald, & Marcia Taylor

Excused: Elizabeth Koehn, Nancylee Siebenmann, Art Staed & Lisa Tallman

Not Present: Jake Hughes and Sofia Mehaffey

Staff Present: Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: Evans motioned to approve the agenda and Sandy seconded the motion. The minutes were approved unanimously.

Consideration of minutes of June 27, 2019: Sandy motioned to approve the minutes and Ed seconded the motion. The minutes were approved unanimously.

Orientation and Training

- Kellie presented the orientation to the Advisory Council
 - Kellie asked the Advisory Council to offer suggestions to the slides that staff is presenting to the Task Forces.
 - **Suggested updates: Spell out acronyms for the first time**
 - **Slide 7--reflect consecutive not concurrent**
 - **Slide 8--spell out acronyms that have not already been spelled out.**
 - **Slide 8 4th secondary bullet add such as doctors, nurses & etc.**
 - **Noted that in some of the slides on Advisory Council that they Review and advise to the BOD**
 - **Noted to be clear of the task force role**
 - Sjonna will mail out the Volunteer agreement forms, and conflict of interest forms to all individuals that did not attend the meeting in person as well as the the FY20 Calendar

Election of Fiscal Year 2020 Officers

- Motion from the floor to nominate Larry Kudej as Chair for FY20 Advisory Council. Bob Welsh called for a vote and Ed Dunbar seconded. Larry was unanimously elected as FY20 Advisory Council Chair.
- Motion from the floor to nominate John North as Vice Chair for FY20 Advisory Council. John withdrew his nomination.
- Motion from the floor to nominate Sandy Bell for FY20 Advisory Council. Evans Waller called for a vote and John North seconded. Sandy was unanimously elected as FY20 Advisory Council Vice Chair.
- Motion from the floor to nominate Evans Waller to represent the Advisory Council on the FY20 Heritage Area Agency on Aging Executive Advisory Council. Shirley Gadelmann called for a

vote and Sandy Bell seconded. Evans was unanimously elected as FY20 Advisory Council representative to the Board of Directors.

- Larry will assume the Board of Directors position

Announcement of the Chair

- Board of Directors recommendations from Task Force Membership
 - Resignations to the Task Force: Janice Fry-Johnson County Task Force and Renee Riffey-Linn County
 - New Task Force Members: Pat Heiden-Johnson County Task Force
 - Task Force Bylaws updates as recommended by the Board of Directors was reviewed.
- Board adjustments for Advisory Council and Task Force bylaws
 - Advisory Council Resignations-Renee Riffey-Linn County
 - Advisory Council Bylaw updates as recommended by the Board of Directors was reviewed.
- other

Staff Report

- Paula Lange, Fiscal Director resigned effective August 2nd. Position is posted.
- Kellie and Becky Briggs will be attending the n4a Conference and will receive an award for Encore Café/Innovation
- Harrison March-New Outreach Coordinator starts next week. Worked with the Marion Chamber of commerce and development group.
- All existing grants were carried over to the new entity.

Committee Reports:

Interim Board Update:

Executive Committee: no meeting.

Advocacy/Government Liaison:

- Next meeting October 24th following Advisory Council
- Sept 24th is the Older Iowans Legislature for 1 day. Bob will be sending a follow up email on details of the meeting as well as membership opportunities.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- No Update
- **Nutrition**- No Update
- **Elder Rights**- No Update
- **HCBS**- No Update
- **Caregiver**- No Update

County Task Force Update:

- **Jones County**:- no report
- **Cedar County**:- Cedar County Fair was well attended and Heritage had a booth there. Clarence event was well attended.
- **Benton County**:- No report

- **Linn County:** -No report
- **Johnson County:-**
 - Johnson County is Celebrating the Care Act 12:30 Coralville Library on July 29th. This is with Johnson County Liveable Community, AARP and Johnson County Task Force. Sign up with AARP.
 - August 12th is the Heritage Meeting
- **Washington County:** - Heritage had a booth at the Washington County Fair

Open Agenda

Meeting was adjourned at 2:25 pm

**Advisory Council
The Heritage Area Agency on Aging
August 22, 2019**

Present: Evans Waller, Barb Young, Sandy Bell, Shirley Gadelmann, Larry Kudej, John North, Bob Welsh (Phone), Ed Dunbar, Leah Donald (Phone), Sofia Mehaffey, Elizabeth Koehn (Phone)
Representative Art Staed & Nancylee Siebenmann (Phone)

Excused: Marcia Taylor & Lisa Tallman

Not Present: Jake Hughes

Staff Present: Jill Sindt, Eugenia Kendall & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: Shirley motioned to approve the agenda and Ed seconded the motion. The minutes were approved unanimously.

Consideration of minutes of July 25, 2019: Sandy motioned to approve the minutes and Ed seconded the motion. The minutes were approved unanimously.

Consideration of By-Laws

- Advisory Council By-Laws-Ed motioned to approve the Advisory Council By-Laws and Representative Staed seconded the motion. The Advisory Council By-Laws were approved unanimously.
- Task Force By-Laws-Sandy motioned to approve the Task Force By-Laws and Ed seconded the motion. The Task Force By-Laws were approved unanimously

Area Plan Focus

- Eugenia reviewed the purpose and history of the focus groups. Power Point Presentation was distributed and presented to the Advisory Council
- Clarification and questions were presented about LifeLong Links. The phones are generally answered by a live instead of an automated system. The LifeLong Links website has been shut down and the AAA's and IDA are working on a solution in a meeting at the end of September.
- There is a gap on the Caregiver Focus Group, Sandy Bell, Shirley Gadelmann, Nancylee Siebenmann are interested in being a part of the Focus Group. Sofia suggested asking Maureen from Horizons.
- Sandy Bell is interested in being a part of the Nutrition Focus Group
- Eugenia reviewed the data that comes from IDA in their reporting system of Tableau. The data reflects Total Consumers Served, Service Details on individual services and Data Quality that reflects the agency's performance measures.

Announcement of the Chair

- The open house event has been moved from September 25th to October 23rd
- Chair Kudej is encouraging individuals to join OIL to attend the event on September 24th. There are 3 vans that are driving to Des Moines.

- September 3rd is the Nominating Committee to fill the 10 spots for the Heritage Board of Directors.
- The Board is working toward getting individuals from each of the counties and this is in the works.
- The next Board of Directors meeting is September 12.

Staff Report

- Harrison is developing an email newsletter of Heritage announcements. A sign-up sheet was passed around to the Committee if they would like to sign up for the email.
- City of Marion is in the running for an award.
- Paula Lange resigned and is still contracting to assist with Fiscal related tasks. Posting is still at on Kirkwood's Website
- Kelly Murphy, VOC Rehab Employment Specialist resigned effective September 5.
- Sheila Stepanek, Elder Rights Specialist leased employee through Aging Services and is retiring October 11.
- Zoom meetings will be a technique for future meetings for those that cannot attend.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- No Update
- **Nutrition**- No Update
- **Elder Rights**- No Update
- **HCBS**- No Update
- **Caregiver**- No Update

Committee Reports:

Advocacy/Government Liaison:

- Next meeting October 24th following Advisory Council
- Sept 24th is the Older Iowans Legislature for 1 day.

County Task Force Update:

- **Jones County**:- no report
- **Cedar County**:- no report
- **Benton County**:- no report
- **Linn County**:- Talked about the good job Horizons is doing as well as the Senior Center Development. Sandy was able to visit the Senior Center in Davenport and reported that the building was amazing
- **Johnson County**:-

 - Next Task Force meeting is September 9th at the Johnson County Health and Services Building

- **Washington County**:- No Report

Public Comment:

- Barb Young talked about events in Arizona that are sponsored by Humana and how it would be nice to have an option like that here.

Next Meeting September 25

Meeting was adjourned at 2:31 pm

**Advisory Council
The Heritage Area Agency on Aging
September 26, 2019**

Present: John North, Larry Kudej, Marcia Taylor, Ed Dunbar, Shirley Gadelmann, Sandy Bell, Barb Young, Bob Welsh, Art Staed, Evans Waller (1:20 pm), Nancylee Siebenmann (via conference call 2:00 pm) & Elizabeth Koehn (via conference call)

Excused: Lisa Tallman, Sofia Mehaffey, & Leah Donald

Not Present: Jake Hughes

Staff Present: Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: Ed motioned to approve the agenda and Shirley seconded the motion. The minutes were approved 10-0

Consideration of minutes of August 22, 2019: Ed motioned to approve the minutes and Sandy seconded the motion. The minutes were approved 10-0.

FY2019 Year End Program Outcome Data

- Kellie Elliott-Kapparos presented the FY2019 Year End Program Outcome Data
- Questions below were requested follow-up feedback on.
 - What number consumers served are duplicate vs. unduplicated?

Announcement of the Chair

- Next Heritage Board is Oct 10 1-2:30 The Hotel Kirkwood Room 166.
- 10 At-Large Members and 5 of the 7 County Representatives have been identified.
- Larry Kudej was elected as Board Chair and Steve Ovel was elected as Vice-Chair.
- Heritage celebration is October 23rd 4-6:00 in the Hotel Kirkwood Atrium.
- Caregiver Wellness Day is November 4th 8:30-3:30.

Staff Report

- Laura Kriegermeier will be returning from maternity leave September 30
- IDA will be doing a compliance visit on _____
- IDA did a quarterly conversation on September 16th. Conversation was focused on Nutrition.
- Jill and Kellie were in Des Moines meeting with the Department on Aging, Iowa Total Care, Amerigroup and Sellers Dorsey.
- New financial software is going well. Basics of the software have been learned. Once new Fiscal Director is hired Heritage hopes to have full implementation.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links-** No Update
- **Nutrition-** No Update
- **Elder Rights-** No Update

- **HCBS**- No Update
- **Caregiver**- No Update

Committee Reports:

Advocacy/Government Liaison:

- Next meeting October 24th following Advisory Council
- One day session of Older Iowan Legislature was held September 24th. 23 people were in attendance. The issues that came up with were: Elder Abuse Protection, Health Care Workforce, Accessibility Code for New Housing, &Dining Site Innovation

County Task Force Update:

- **Jones County**:- no report
- **Cedar County**:-
 - Working on November Food Drive. The Car Dealer in Tipton is donating money to the Tipton dining site for each person that tests drive a car on a selected day.
 - Evans received an certificate from the Legislature for turning 80.
- **Benton County**:- new member joined the Task Force Amanda Sellers
- **Linn County**:-no report
- **Johnson County**:-
 - Bob and Eunice Welsh were recognized by the Johnson County Board of Supervisors for their volunteer efforts throughout the years.
 - Ed received a certificate from the Legislature for turning 80.
- **Washington County**:- no report

Public Comment:

Next Meeting October 24, 2019

Meeting was adjourned at 2:26 pm

**Advisory Council
The Heritage Area Agency on Aging
October 24, 2019**

Present: Ed Dunbar(phone), Leah Donald (Phone), Lisa Tallman(phone), Marcia Taylor, Larry Kudej, Shirley Gadelmann, Bob Welsh, Sandy Bell, Barb Young, John North, Sofia Mehaffey, & Evans Waller (1:42 p.m.)

Excused: Elizabeth Koehn & Art Staed

Not Present: Jake Hughes & Nancylee Siebenmann

Staff Present: Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: motioned to approve the agenda by Sandy and Marcia seconded the motion. The minutes were approved 11-0

Consideration of minutes of September 26, 2019: Sandy motioned to approve the minutes and Bob seconded the motion. The minutes were approved 11-0.

Elder Rights Focus Group Goals and Strategies

- Eugenia presented the Elder Rights Focus Group Goals and Strategies
- This group currently meets month but the requirement to meet is weekly.
- Members of the Elder Rights Focus Group are Bob Welsh, Larry Kudej, Ruth Cox, John North & Heritage Staff

Announcement of the Chair

- Heritage met October 10th. It is a 19 member Board that is represented by all 7 counties.
- Executive Committee of the Heritage Board is Larry Kudej-Chair, Sister O'Connor-Vice Chair, Steve Ovel-Treasurer, & Scott Olson-Secretary.
- Strategic Planning Event is scheduled for January 14th 1-5
- The Board plans on reviewing the Executive Director position after the Strategic Planning Event in January.
- October 23rd the Heritage 501c3 went well and was well attended by new board member, legislative representatives, sub-contractors and other community members.
- Heritage Board is looking at establishing a finance committee that will be represented by the Board members

Staff Report

- Welcome & Introduction to Brad Franzwa-Heritage Fiscal Director
- October 7 & October 8 Heritage Semi-Annual Monitoring visit from IDA and it went well. It is expected that Heritage will have suggestions and recommendations on policies and procedures since Heritage has moved to their 501c3. Other AAA's are wanting to help Heritage with marketing and fund raising efforts

- Sheila Stepanek-Leased employee from ASI retired October 5th. Heritage is looking to hire a part-time employee once the VOCA Budget is reviewed with Brad. All but 2 cases were transferred to Case Management. The other 2 were transferred to Drew and Angie.
- Iowa Commission on aging is hold December meeting at Heritage so the Commission will eat at Encore Café.
- Employment specialist position has started interviewing this week
- November 4th is Caregiver Wellness Day. Please see Sjonna to register
- Kellie will be in Des Moines November 8th to review Admin Rules for Direct Service. This is the first time the AAA's have been asked to help with this.
- Jill and Kellie will be presenting November 12th to the Washington County Board of Supervisors
- Office Closed Wednesday November 15th for Staff Training
- Martha Quint is being recognized as a Life Long Learner with Wallace Winkie Life Long Learning Hall of Fame. The event is November 7th at the Czech Museum.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- Met Oct 17th. Their current focus is giving feedback on the Heritage Website development. Next Meeting is January 16th.
- **Caregiver**- Met September 5th. The next meeting date has not been identified yet but it will be after the beginning of the year. This is focusing on Caregiver partnerships.
- **Nutrition**- Exploring with Tim the replication of Encore and if it is replicable in their area.
- **Elder Rights**- No Update Next Meeting is November 8th
- **HCBS**- Came out with their strategy to have specific transportation conversations in each county. These conversations will be had during the task force meetings at each county. Eugenia is inviting multiple transportation providers in the particular counties in regards to the conversations. Washington County has held their meeting this week.

Committee Reports:

Advocacy/Government Liaison:
Meeting October 24th at 2:45

County Task Force Update:

- **Jones County**:- Jones County is having a breakfast bingo October 25 and is working with Pinicon Place
- **Cedar County**:- Ice Cream Social was last month and served 137 people attended.
 - The Food Drive is being held November. Date is TBD.
 - Volunteer Services of Cedar County is celebrating 30 years of providing service. The Celebration is November 2nd at 2:00 at the nursing home in Clarence.
- **Benton County**:- Eugenia will come to Benton County in November at the dining site
- **Linn County**:- no Quorum and is having an issue with a long term meeting location.
- **Johnson County**:- Will not be meeting in November and will be meeting in December and is working on a forum with local legislatures
- **Washington County**:- Transportation meeting was held yesterday

Open Agenda:

- Bob suggested for the task forces share with other task forces on different events they have held and been successful with.

- Evans commended Larry on his speech at the 501c3 event and suggested there be a recognition and bio on each board member and include their pictures. This information can be released to various newspapers.
- Concern was voiced with the status of Heritage's website. Harrison is working to move the website to a new platform.
- Good-Luck to Sofia Mehaffey on her up and coming election.
- The Brownstone will be receiving their new smoothie machine.

Public Comment:

Next Meeting November 21, 2019

Meeting was adjourned at 2:26 pm

**Advisory Council
The Heritage Area Agency on Aging
December 19, 2019**

Present: Marcia Taylor(phone), Shirley Gadelmann, Ed Dunbar, Larry Kudej, Bob Welsh, Sandy Bell, Jake Hughe, John North, Sofia Mehaffey (2:46) & Barb Young (phone)

Excused: Evans Waller, Leah Donald, Lisa Tallman, Art Staed, & Elizabeth Koehn

Not Present: Nancyee Siebenmann

Staff Present: Eugenia Kendall & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 2:30 p.m. and roll call was taken.

Acceptance of Agenda: motioned to approve the agenda by Ed and Sandy seconded the motion. The minutes were approved 9-0

Consideration of minutes of October 24, 2019: Shirley motioned to approve the minutes and Ed seconded the motion. The minutes were approved 9-0.

FY2020 1st Quarter Program Outcome Data & Impact/Results

- Eugenia presented the FY2020 1st Quarter Program Outcome Data & Impact/Results
- Various areas were reviewed by the Council such as Congregate Meals, Home Delivered Meals, & Options Counseling.
- The data is able to be broke down by age, age, racial status, gender, rural vs urban, poverty & etc.
- The data help Heritage know what county they will need to do their outreach. In particular Benton, Iowa & Washington County.
- Eugenia shared the Data Outcome numbers that IDA measures Heritage on the Area Plan.

Announcement of the Chair

- Heritage Board met 2 weeks ago and bob Welsh was elected as a Board Advisor.
- Sarah Martinez was recently elected to the Board
- Dave Theilen with Linn County Board of Supervisor is resigning
- The Board will be meeting January 14th for a strategic planning session to review what they will need for an Executive Director.
- Next Heritage Board Meeting is January 9th @ 2:00 p.m.

Staff Report

- Caregiver Wellness Day was a huge hit and had the largest attendance to date. Thank you to those that came and a BIG thank you to Maria, Sjonna and the Planning Committee. It was a great event.
- A number of training sessions were held for Board Members. A thank you to this group for helping with some of the materials.

- There were 2 work session at IDA with Admin Rules Workgroup to review and propose program rule changes. Updates are greatly needed. This is a long term project that Kellie is a part of. It is great that IDA has asked the AAA's to do these work sessions as rules previously have been done in a silo. This is a great step in collaboration between the AAA's and IDA.
- On 12/5, The Iowa Commission on Aging held its meeting at Heritage and then a number stayed on and had lunch at Encore. We are happy that 5 Board members attended as well. It was an opportunity for the commission to see the great work at Encore and to meet Board members. Afterwards, IDA held its quarterly conversation with Jill and Kellie. The focus was on EAPA. IDA is very happy with our data completion and performance results at this point in time.
- Brad Franzwa, Fiscal Director, has returned from software training.
- Paul Swanson began beginning of the month as Older Worker Employment Coord. replacing Kelly Murphy. Paul has great experience and has hit the ground running with a caseload of 80 people.
- Ashley Maiers, FC Options Counselor, has resigned. Ashley's last day is January 3rd. Ashley is getting into real estate. Her position will be replaced. Kellie will work on this right after returning from break.
- We will have modified hours during the college break just as we have had in the past. We are not fully closed. Office will be staffed a few hours each day and staff will check messages at least once per day and return urgent matters with the exception of December 24, December 25th and January 1st .

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- Next meeting January 16 2-4:00
 - Will be previewing new Heritage Website at next meeting. The Advisory Council was okay with their name being on the website.
 - LifeLong Links database will be resurrect and each AAA's will be involved in updating it.
- **Caregiver**- Next Meeting January 24th 1-2:00
 - Working on a common brochure that put all of Heritage's services into one.
- **Nutrition**- Next meeting January 6th 1-2:00 pm
- **Elder Rights**- Next Meeting January 17th 3-4:30
 - Last meeting they were able to dive deep into the data and how to present it to Legislatures.
- **HCBS**- Next meeting January 24t 10-11:30
 - Heritage has met with 5 of the 7 counties on the Transportation needs in each county.

Committee Reports:

Advocacy/Government Liaison:

- Next Meeting January 23, 2019
- Steve Ovel has been advising OIL on their bills they are trying to get passed through.

County Task Force Update:

- **Jones County**:- No report
- **Cedar County**:- Speakers with Iowa State Outreach and Eugenia with Heritage came to talk about Transportation.
- Harrison will be going to speak with Lending Hands about Heritage's services.
- Fill the cart food drive raised \$1600
- Shirley has written her senators and has heard back from them in regards to certain topic such a Social Security and Health Care

- **Benton County:** - Eugenia came and did a presentation at the Senior Dining Site on Transportation and it was well received.
- **Linn County:** - No Meeting in November
- **Johnson County:** - Met with Legislatures and talked about OIL issues
- **Washington County:** - No Report

Open Agenda:

Public Comment:

Next Meeting January 23, 2020

Meeting was adjourned at 3:51 pm

**Advisory Council
The Heritage Area Agency on Aging
January 23, 2019**

Present: Ed Dunbar (phone), Shirley Gadelmann (phone), Elizabeth Koehn(phone), Evans Waller (phone), Marcia Taylor (phone), Leah Donald (phone), Nancylee Siebenmann (phone), Barb Young (phone), Sofia Mehaffey, Larry Kudej, Bob Welsh, Sandy Bell, & John North

Excused: Lisa Tallman, & Art Staed,

Not Present: Jake Hughes

Staff Present: Eugenia Kendall, Kellie Elliott-Kappros & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: motioned to approve the agenda by Sandy and Sofia seconded the motion. The minutes were approved 13-0

Consideration of minutes of December 19, 2019: Sofia motioned to approve the minutes and Sandy seconded the motion. The minutes were approved 13-0.

ADRC/Lifelong Links Focus Group Goals and Strategies

- Eugenia presented the ADRC/Lifelong Links Focus Group Goals and Strategies. (presentation provided)

Announcement of the Chair

- The Board of Directors had a Strategic Planning Session on Tuesday January 14th led by Joe Sample. The Board is in the process of developing a new Vision and Mission Statement.
- The Board developed two new committees: Finance Committee and Advocacy Committee. The Boards Advocacy Meeting will meet on February 3rd.
- Bev Winkie a Board; member passed away January 16th. The At-Large position she held is open and the Board intends to fill it with someone from Benton County.
- Stacey Walker is filling the Linn County Board of Supervisors position.
- Next month's meeting is being held in Johnson County and will be held in other counties represented by the Board.
- Top priority of the Board is to hire an Executive Director.

Staff Report

- The Holiday meal at Encore was successful over 150 people were served.
- The position to backfill Ashley Maiers' position is posted on Kirkwood's website. The position will involve Caregiver Information and Assistance along with Options Counseling.
- Due to the change in legal status Heritage is only doing an update to the Area Plan. Next year Heritage will be doing a 4-year Area Plan.
- Subcontractors will be doing an RFP update this year. Next year will be a full RFP for the Subcontractors. Due February 7th with the exception of Legal Services where there is a new to do a full RFP since Martha Quint is retiring effective June 30, 2020.

- Heritage will be holding a Retirement party for Martha on May 28th after the Advisory Counsel.
- IDA has announced their key initiatives. (handout provided)
- I4a has released a rough draft (handout provided and is not for public) for their 2020 Policy agenda.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- Next meeting April 16 2-3:30
 -
- **Caregiver**- Next Meeting January 24th 1-2:00 and is focused on assessing data on Grandparents who are caring for older children.
- **Nutrition**- Next meeting April 13th 12:30-1:30
 - IDA is planning on coming to provide national data and the group is taking a look at the Encore data.
- **Elder Rights**- Next Meeting January 24th 2-3:30.
 - Finishing up a data tool and talking about targeted outreach for this Spring.
- **HCBS**- Next meeting January 24th 11-12:30 This group has completed 6 of the conversations connected with Task Forces and meal sites. Iowa County is scheduled for March.

Committee Reports:

Advocacy/Government Liaison:

- Meets today

County Task Force Update:

- **Jones County**:- No report
- **Cedar County**:- Theisens in Cedar County gave \$1000.00 to the Food Bank in Cedar County.
- **Benton County**:- No report next meeting in February
- **Linn County**:- Ashley Turner with Heritage talked to the group about Caregiving. The Senior Center was discussed with potentials to partner with Horizons.
- **Johnson County**:-Forum on Transportation was held last week with 5 providers and about 20 participants.
- **Washington County**:- No Report next meeting in February

Open Agenda:

Public Comment:

Next Meeting February 27, 2020

Meeting was adjourned at 2:20 pm

Advisory Council
The Heritage Area Agency on Aging
February 27, 2019

Present: Marcia Taylor (phone), Barb Young (phone), Evans Waller (phone), Leah Donald (phone) Shirley Gadelmann (phone), Nancylee Siebenmann(phone), Ed Dunbar, sandy Bell, Larry Kudej, Bob Welsh, & John North

Excused: Lisa Tallman, Sofia Mehaffey, Elizabeth Koehn, Jake Hughes & Art Staed

Not Present:

Staff Present: Eugenia Kendall, Jill Sindt, Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: motioned to approve the agenda by Ed and Sandy seconded the motion. The minutes were approved 11-0

Consideration of minutes of January 23, 2020- Sandy motioned to approve the minutes and Ed seconded the motion. The minutes were approved 11-0.

FY21 Area Plan Update

- Kellie presented to the Advisory Council what their role is in approving the recommended narrative of the Area Plan update and the Heritage Board will approve the budget piece of the Area Plan Update.
- Eugenia reviewed with the Advisory Council the Area Plan narrative Service Goals and Accomplishments
 - Suggestions for Goal 1 Accomplishments it may be wise to list the number of multi-disciplinary team meetings.
 - Suggestion for Goal 1 FY2021 Strategies-list a strategy of replacing the Elder Abuse legal representative since Martha will be retiring.
 - Suggestion for Goal 1 bullet 1 in order to reach other individuals is to put brochures or posters in rest stops.
- The Legal Services request from Iowa Legal Aid is a very tentative and dollars are a holder only at this time as the RFP was just received. A full RFP release vs. an update was required due to the upcoming retirement of Martha Quint.
- United Way 211 has changed their service delivery and no longer provides Information and Assistance from a local office it is a centralized center. Due to these changes, our agencies agreed that the contract would end at the end of this fiscal year. No update was submitted.
- All Information and Assistance will be provided directly by Heritage staff. This is the preference of Iowa Department on Aging and was strongly encouraged.
- Area Plan Budget Statements Older Americans Act and Elderly Services Funding for FY21 Allocation to HAAA is \$2,844,043.
- Tentative FY21 Subcontractor Awards is \$1,526,522. Recommendation to subcontractors is flat funding.

- Bob motioned to approve the FY21 Area Plan Update as amended and Ed seconded the motion. The minutes were approved 11-0.

Ending Terms and planning for FY21 Membership

- The Advisory Council discussed the individuals whose term will be ending at the end of this fiscal year. They recognize the importance of having the Task Force Members recruit new members for the Advisory Council and that there may be a need to stagger the terms based on the number of individuals that would be elected for the upcoming fiscal year(s).

Announcement of the Chair

- Executive Director for Heritage is now posted and is being advertised. This role was determined to be a Kirkwood employee due to the simplicity of benefits.
- Review team for the Executive Director will be the Board's Executive Committee
- Dusti Winkie is the filing the empty seat for her mom Bev Winkie

Staff Report

- Brad and Jen Sloan will be going to Des Moines for more training with IDA.
- Care Team staff is adjusting duties due to Ashley Turner being on medical leave. Sheila Stepanek has stepped in to help on a temporary basis for 2 days a week.
- Kellie is prepared to make an offer for the Information Specialist/Options Counseling.
- Quarterly conversation with IDA went well.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- Next meeting April 16 2-3:30
 -
- **Caregiver**- Met February 21st
- **Nutrition**- Next meeting April 13th 12:30-1:30
 - IDA is planning on coming to provide national data and the group is taking a look at the Encore data.
- **Elder Rights**- Met February 20th next date TBD
- **HCBS**- next meeting date February 28th

Committee Reports:

Advocacy/Government Liaison:

- The general assembly session is scheduled to end April 21st.
- Many of the bills presented have been altered. There are 2 bills related to Elder Abuse that were submitted.
- The workforce issue is in House File 2017 and is still up in the error on its status.
- The housing issue was unable to gather interest in new home construction but there were a number of people that were interested in home modification such as one bill that would apply up to \$5,000 for approved applicants. Status unknown.
- The nutrition Senate File 2099 to provide \$180,000 to IDA to be divided among the AAA for innovation work on congregate dining sites is still being looked at. Shannon Lundgrin is in support of a voucher program is one way that is being heavily looked at. Status unknown.

County Task Force Update:

- **Jones County**:- no report

- **Cedar County:** - Maria came and talked to a church group on Caregiving and the services that may be available to them.
- **Benton County:** - Will be participating in a health fair in April. Looking for a site to have the Caregiver Education meetings
- **Linn County:** -Bryan Bruner presented on exercises to the task force.
- **Johnson County:**- Met Feb 10th at the Coralville Library. Program from the Visiting Nurses Association. Talked about recruitment for the Advisory Council.
- **Washington County:** - no report

Open Agenda:

Public Comment:

Next Meeting March 26, 2020

Meeting was adjourned at 2:45 pm

**Advisory Council
Heritage Area Agency on Aging
May 28, 2020
Held Via Zoom Conference Call**

Present: Marcia Taylor, Barb Young, Evans Waller, Nancylee Siebenmann, Ed Dunbar, Larry Kudej, Bob Welsh, Representative Art Staed & John North

Excused: Lisa Tallman and Elizabeth Koehn

Not Present: Shirley Gadelmann, Sandy Bell, Jake Hughes, & Sofia Mehaffey

Guest: Shari Slaton

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: motioned to approve the agenda by Evans and Ed seconded the motion. The minutes were approved 9-0

Consideration of minutes of February 27, 2020- Bob motioned to approve the minutes as amended and Art seconded the motion. The minutes were approved 9-0.

FY21 Advisory Council Membership

- New people for Advisory Council are still being finalized. The new members will be submitted to the Board for approval. If approved, terms start July 1st. A full list of the new members will be provided to the Advisory Council at the June meeting.
- Representative Art Staed has agreed to continue on the Advisory Council as the Elected Official.

Announcement of the Chair

- An offer has been extended to an individual for the Executive Director position. The new person is planning on starting July 1st.
- The Annual Board meeting is scheduled for June 11th. This meeting will consider new board members. All of the Board Members that terms are ending, have expressed an interest in renewing. If the Board approves these members, they would be elected for another three years.

Staff Report

- Staff continues to work primarily from home. There are a few exceptions where staff need to come into the office to help with food boxes and other client needs that cannot be filled from their home.
- Working from home is going well. All programs are operational with the only changes being how home visits are being conducted over the phone.
- Heritage is working with the other AAA's and IDA to develop minimum standards for reopening. Some areas of focus are client visits and congregate meals.
- Encore congregate saw 300 new people since switching to frozen meals due to COVID.
- Heritage has provided some consumers with thermometers. This has helped some consumers with high anxiety as it relates to COVID to check their temperature and assess their health.
- Heritage received \$25,000 from the Families First Response Act and an additional amount from the Cares Act. All Families First dollars are being prioritized for nutrition and will be spent by June 30th.
- Kirkwood is starting phase 1 of opening up the campus. They are starting off with the book store, facilities, and the President's Office. Heritage is expected to be in phase 3.
- Prior to COVID, Heritage was working with the Hy-Vee in Washington, Iowa on a voucher program. This program would be a grab and go situation and would be called Encore Express. This is currently on hold for the time being.
- Farmers Market vouchers are available for distribution starting June 1. Heritage will be handing them out at sites and due to COVID it has been approved to mail them. Stay tuned for distribution sites.
- Reminder to send cards to Heritage for Martha Quint's retirement.
- Legal Aid is the new subcontractor for legal services as of July 1st.
- Caregiver Wellness day for FY20 has been cancelled due to COVID concerns. Other options are being planned, such as online classes.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- Meeting July 16th
- **Caregiver**- Next meeting August TBD
- **Nutrition**- Next meeting TBD
- **Elder Rights**- Next meeting mid to late June TBD
- **HCBS**- Next meeting July TBD

Committee Reports:

Advocacy/Government Liaison:

- OIL met via Zoom and included Linda Miller. They are working on 3 different advocacy pieces:

- Senate File 2341 passed the senate but did not get out of House Judiciary committee.
- I4a is working to oppose legislation SF2486 against mail-in voting. This would negatively impact older adults and adults with disabilities ability to vote.
- A workforce development database for direct care workers is being reviewed.
- Livable home program-Health * Human Services Committee funds to be used for matching grants.

County Task Force Update:

- **Jones County**:- no report
- **Cedar County**: - Next meeting they will be reviewing who they would like to represent Cedar County on the Advisory Council.
- **Benton County**: - Joyce Bruscheen was nominated to represent Benton County on the Advisory Council.
- **Linn County**: They will be nominating 2 new Advisory Council members. There are 3 vacant seats.
- **Johnson County**:-. They nominated 3 new members to the Advisory Council to represent Johnson County; Eve Casserly, Angela Roemerman and Lindsay Glynn
- **Washington County**: - no report

Open Agenda: Evans Waller thanked Heritage for their great work on keeping the food supply to people who were in need.

Next Meeting June 25, 2020

Meeting was adjourned at 3:15 pm

**Advisory Council
Heritage Area Agency on Aging
June 25, 2020
Held Via Zoom Conference Call**

Present: Marcia Taylor, Barb Young, Larry Kudej, Bob Welsh, Lisa Tallman, Sofia Mehaffey & John North

Excused: Art Staed

Not Present: Shirley Gadelmann, Sandy Bell, Jake Hughes, Evans Waller, Ed Dunbar, Nancylee Siebenmann, & Elizabeth Koehn

Guest: Joyce Brunssen

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Larry Kudej called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: no quorum

Consideration of minutes of May 28, 2020- no quorum

FY21 Advisory Council Membership

- New people for Advisory Council have been finalized and approved by the Heritage Board. New Members Term is July 1, 2020-June 30, 2021. A full list of the new members was sent to the Advisory Council prior to this meeting.
- Representative Art Staed has agreed to continue on the Advisory Council as the Elected Official.
- Thank you Larry Kudej for serving as the Advisory Council Chair.

Announcement of the Chair

- Board elected Sister Susan O'Connor as the FY21 Board Chair and Ro Foege as the FY21 Board Vice Chair. Steve Ovel resumes as Board Treasurer and Scott Olson as Board Secretary.
- New Director, Barb Werning starts July 1.

Staff Report

- Barb Werning was listed in the Corridor Career Business section for her new role as Executive Director with Heritage Area Agency on Aging.
- Kirkwood started a return to campus plan Phase 2 in early July with the opening of the Bookstore. At this time Heritage is in phase 3 for returning to work. Tentative return is August 3.

- I4a is working with all of the area agencies on aging to create best practices for all programs health and safety. The minimum standards for congregate meal sites and home visits are being developed.
- All congregate meals sites in Heritages region have decided to remain closed at this time.
- Milestones Marion, Milestones Cedar Rapids, and Pathways have decided to do open their adult day centers. This is a slow process and only those with highest needs will attending to begin with.
- Fiscal is busy with year-end reporting and audits.

Area Plan Focus Group Updates

- **ADRC/LifeLong Links**- Meeting July 16th
- **Caregiver**- Next meeting August TBD
- **Nutrition**- Next meeting TBD
- **Elder Rights**- Met on June 18th and focused on what Heritage is doing to reach out to individuals in need.
- **HCBS**- Next meeting July TBD

Committee Reports:

Advocacy/Government Liaison:

- OIL has no formal meeting scheduled at this time. They are working on a meeting in the House of Chambers with a virtual event.
 - Senate File 2341 passed the senate but did not get out of House Judiciary committee.

County Task Force Update:

- **Jones County**:- Task Force talked about Farmer Market voucher distribution.
- **Cedar County**: - No report
- **Benton County**: - No quorum. Talked about Farmers Market voucher distribution..
- **Linn County**: No quorum. Talked about Farmers Market vouchers distribution
- **Johnson County**:- Officers
- **Washington County**: - no report

Open Agenda: Heritage will be meeting August 13 with IDA to discuss the upcoming Area Plan

Next Meeting July 23, 2020

Meeting was adjourned at 3:15 pm