

# ENCORE CAFÉ

## October 2025

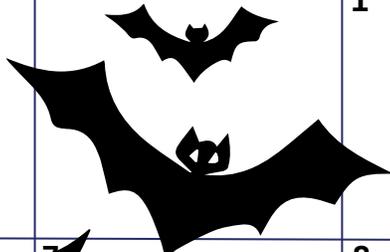
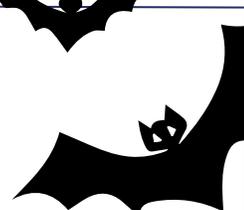


Monday	Tuesday	Wednesday	Thursday	Friday
	St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	Low Park 4500 N 10th St Marion	Low Park 4500 N 10th St Marion	Marion Library 1101 6th Ave Marion
All meals include milk, OJ, iced tea, coffee, and salad bar.		<b>1</b> Egg/Saus/Cheese Casserole Biscuits & Gravy Fresh Cut Fruit Cinnamon Roll	<b>2</b> Br'ded Tenderloin Mush/Swiss Burger Tater Tots Rotini Salad	<b>3</b> Baked Fish Roast Turkey Baked Sweet Pot. Steamed Peas Butter
<b>6</b>	<b>7</b> Beef Burrito Spanish Rice Toppings Fajita Vegetables	<b>8</b> Baked Ham Roast Turkey Party Potatoes Pears	<b>9</b> Lasagna Chx. Alfredo Calif. Blend Veg. Salad of the Day Garlic Bread	<b>10</b> Shepherd's Pie Tuna Noodle Cass. Candied Carrots Broccoli Salad
<b>13</b>	<b>14</b> Lemon Pep Chx Roast Beef/Gravy Roasted Red Pot Green Beans B-Day Cookie Cake	<b>15</b> Crmy Chx & Biscuit Beef & Noodles Fresh Cut Fruit Roasted Veggies	<b>16</b> Fried Fish Baked Chicken Macaroni & Cheese Cauliflower B-Day Cookie Cake	<b>17</b> Goulash Lemon Pepper Broccoli Baked Apples
<b>20</b>	<b>21</b> Chicken Parmesan Calif. Blend Veg. Ambrosia Salad Breadstick	<b>22</b> Ham & Cheese or Chicken Salad on Croissant Fresh Cut Fruit Brownie w/ Nuts	<b>23</b> Hot Beef Sandwich Mashed Potatoes Gravy Green Beans	<b>24</b> <b>NO ENCORE</b>  HERITAGE STAFF TRAINING
<b>27</b> 	<b>28</b> Swedish Meatballs & Noodles Meatloaf Beet Salad Green Beans Pumpkin Bars	<b>29</b> Grilled Cheese Grilled Ham & Chz Tomato Soup Fresh Cut Fruit Monster Cookies	<b>30</b> Swedish Meatballs & Noodles Meatloaf Beet Salad Green Beans Pumpkin Bars	<b>31</b> Swedish Meatballs & Noodles Meatloaf Beet Salad Green Beans B-Day Cupcake

Please make reservations by 1:00 pm the day before dining by calling **319-398-2585**.  
Meals served 11:30 am – 12:30 pm. Menu subject to change. See back side for events!



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Monday	Tuesday St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	Wednesday Lowe Park 4500 N 10th St Marion	Thursday Lowe Park 4500 N 10th St Marion	Friday Marion Library 1101 6th Ave Marion
		1	2	3
6 	7 	8	9	10
13	14 Birthday celebration 	15	16 Birthday celebration 	17 Care Patrol of Iowa's corridor
20	21 Pet Food distribution 	22 Pet Food distribution  <i>National Nut Day</i>	23	24 <b>NO ENCORE</b>  HERITAGE STAFF TRAINING
27	28 Halloween celebration	29 <i>National Oatmeal Day</i>	30 Halloween celebration <i>National Candy Corn Day</i>	31 Halloween/ Birthday celebration 

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