



Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, July 11, 2024 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Karen Huber, Scott Olson, Karri Fisher, Chris Montross, David Thielen, Sarah Wagner, Dusti Winkie, John Schlarman, BJ Dvorak and V Fixmer-Oraiz

Also Present: Barb Werning, Jennifer Knudtson, Kellie Elliot-Kapparos, Harrison March and Jennifer Sloan

Mission Moment – Harrison March, Community Engagement Coordinator

Harrison March, Community Engagement Coordinator, reminded everyone about getting the Community Needs surveys completed and turned in through the end of July. Harrison also shared with the group some information gathered from the surveys received so far. There has been information gathered from 6 different counties and 35 different zip codes. Heritage has received about a dozen referrals because of the surveys. He shared about a referral of a caregiver whose husband had dementia and is now receiving services. Another referral just came in today for a 24/7 caregiver with a husband that has Parkinson's.

Approve or Amend Revised Agenda

Upon prior review and no other questions, Directors Huber and Olson moved and seconded to approve the agenda. Motion carried, 11-0.

Approval of Minutes of Board of Directors Meeting, Held June 13, 2024

Upon prior review and no other questions, Directors Olson and Wagner moved and seconded to approve Thursday, June 13, 2024 meeting minutes. Motion carried, 11-0.

REGULAR AGENDA

Finance Report

We have received all June Title III disbursements.

Transitioned from FY24 to FY25 smoothly. Employees enrolled into benefits and Heritage insurance renewals complete.

The AAAs had their monthly meeting with ADS yesterday. We reviewed action items from the QI Adventure that took place in early June. Will continue with monthly check-ins to monitor progress, discuss any barriers, establish timelines, etc. to make sure things are moving forward.

Quarterly MAC (Medicaid Administrative Claiming) report- Q4 submitted

Monthly Voc. Rehab report- June 2024 submitted

Quarterly VOCA report- due end of the month

ADS FY24 Closeout reporting- Q4 report due 7/22; final report due 8/15

Approval of the Finance Report

Directors Huber and Olson moved and seconded to approve the finance report. Motion carried, 11-0.

Fundraising Committee Report

Everything is running on track and is going smoothly. Almost all sponsors have paid and the expenses are covered. The money raised above the expenses will go back into supporting the caregiver program.

Operations/Executive Director Report

• Staffing

- With the Older Worker Employment Program ending September 30, 2024, Paul Swanson, Older Worker Specialist, has submitted his resignation effective August 2.
- Nutrition Coordinator position is now filled. Anna Slife will start a week from today. Anna has a BBA in Entrepreneurial Management from the University of Iowa.

• Mercy Hospital

We were just presented with check for a Health Equity grant from Mercy Hospital for \$19,500.

• Program Updates

- With the closure of the Iowa City Senior Center last year, Heritage implemented a voucher program similar to the one we have in Cedar Rapids. There were some implementation delays getting the program up and going; therefore, we requested and received a three-month extension from the Community Foundation of Johnson County grant. The program is consistently growing and we are now up to 30 diners.
- First Avenue Hy-Vee is officially closed and all previous consumers using the voucher program have been transitioned to the Oakland Road Hy-Vee. Hy-Vee is currently providing transportation to those consumers. We are working on a plan for the transportation barriers once Hy-Vee ends that service this fall.
- We are in the process of renewing our contract with Mercy Hospital for IRTC (Iowa Return to Community) services. We consistently have about 30 consumers in the program. This is a full caseload for Kimi our IRTC/OC Coordinator.
- Most of our programs tend to increase at a slow or steady increase. Case Management program is more of a straight up increase. At this time, we are applying for the Mid-American Energy grant to help cover the cost of our increasing client population.
- We have enrolled 1000+ people in our Senior Farmers Market Nutrition Program to date. This program provides \$50.00 in vouchers redeemable at participating farmer's market vendors. This program is very labor intensive. This is sometimes the first time that older adults encounter Heritage.

• Other Updates

The map designating the seven behavioral health districts is expected to be released by August 1. Several maps are being considered, including our current AAA map. It is also expected that the ADRC region map will align with the Behavioral Health map. I4a is closely monitoring these changes, and Heritage will not receive any additional funding from this process. The process will expand the network of service to people with disabilities.

Action Items and Assignments

- **Board Member Roster FY2025- Approval**

Upon prior review and no other questions, Directors Montross and Fisher moved and seconded to approve the Board Member Roster. Motion carried, 11-0.

- **Board Officers FY2025- Approval**

Upon prior review and no other questions, Directors Wagner and Montross moved and seconded to approve the Board Officers. Motion carried, 11-0.

- **Date for Strategic Planning- Approval**

Strategic Planning – September 12, 2024 Noon – 4PM

Directors Huber and Fisher moved and seconded to approve the date, time and location. Motion carried, 11-0.

Open Agenda

- No items brought forward at this time.

Public Comment

- No comments were brought to the Board's attention.

Motion to Adjourn

Directors Olson and Wagner moved and seconded a motion to adjourn. Motion carried, 11-0.

There being no further business coming before the Board, the meeting was adjourned at 2:42 p.m.

Respectfully submitted by:

Jennifer Sloan

Jennifer Sloan, Finance Coordinator

Approval by Board:

Keith Stamp

Keith Stamp, Chair



Heritage
Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, August 8, 2024 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Bruce Barnhart, BJ Dvorak, Karri Fisher, Karen Huber, Chris Montross, Sister Susan O'Connor, Scott Olson, John Schlarmann, David Thielen, Sarah Wagner, Dusti Winkie and Larry Kudej.

Also Present: Barb Werning, Jennifer Knudtson, Kellie Elliott-Kapparos, Jill Sindt and Denise Babcock-Assistant Secretary

Mission Moment – Kellie Elliott-Kapparos, Integrated Services Director

• **Person-Centered Practices – Two Stories Shared**

- Recently, HHS/APS staff referred two Consumers with very serious needs involving dementia and self-neglect to the Heritage Care Team. Through use of person-centered practices and care plans, Elder Rights Specialist, Drew Floyd, was able to successfully evaluate and address the needs, improving the lives of those individuals as well as guiding them to additional resources.

Approve or Amend Revised Agenda

With prior review and no questions, Directors O'Connor and Huber moved and seconded to approve today's agenda. Motion carried, 12-0.

Approval of Minutes of Board of Directors Meeting, Held July 11, 2024

Upon prior review and no questions, Directors Huber and Wagner moved and seconded to approve the Thursday, July 11, 2024 meeting minutes. Motion carried, 12-0.

REGULAR AGENDA

Finance Report

• **ADS NGA and Disbursement Updates**

- Received an NGA for SFY25 that includes the full year of State funds and Q1 of Federal funds.
- Received 1st SFY25 disbursement with ¼ of State funds and July Federal funds.
- Received 2nd SFY25 disbursement with August Federal funds.

• **Fiscal Year Reconciliation Meeting (Held August 1, 2024)**

- SFY2024 ADS sent AAA's \$357,890 more than what was awarded. Heritage's portion of this is \$81,729. ADS has agreed to absorb \$200,000 of the \$357,890 overall difference (\$50,410 – Heritage specific). Heritage will see a \$31,319 reduction in SFY25 disbursements and is working with ADS to space out the disbursement reduction.

- Overpayment is driven by ADS staff turnover/inexperience and late passing of federal budget. Heritage is still working to understand the underlying causes and develop a plan to address so it doesn't impact services.
- ADS outlined plan for getting timely NGA's and payments out to the AAA's.

- **SFY2024 End-Of-Year Report Out**

- Final report due to ADS next Thursday, August 15th.
- OWEPE (Voc Rehab) program ended 8/2/2024 with Paul's departure. Working on submitting final report.
- VOCA anticipated large budget cuts for FFY25 (40% or higher). Governor Reynolds passed \$5.5M in funding for victim services which includes VOCA and other programs. Heritage has been notified we will have flat funding for FFY25.
- Going into SFY25 Heritage is looking good with ARPA funds to use in Q1, Federal carryover, grant balances carried into SFY25 and we will continue to look for and apply for additional grant funding.
- Operational Funds: Includes checking account and money market account; Balance at end of Q4/fiscal year ~\$965K (\$707K checking & \$258K MM).
- ARPA Transition Account: End of Q4 ~\$115K; still awaiting final distribution from Disselhorst Trust.
- Encore Account: Donations from Encore Café sites; donations higher due to additional sites opening and increased participation; transfer all but \$1,000 to checking at end of each quarter (coincides w/ quarterly reports to HHS); goes directly to supporting Encore Café program; Q4 transferred ~\$12K (same as Q3).
- Endowment Funds: Disbursement of ~\$38K taken January 2024 to build up ARPA transition account; end of June balances not yet received.
- Sub-Provider Spenddown:
 - o Nutrition providers spent 93% of budgeted funds, Non-nutrition 97%.
 - o Monthly spend: Nutrition providers tend to spend more at beginning of year and then run out of funds at the end; Non-nutrition are the opposite and some services like chore are more heavy during the spring/fall timeframe.

Approval of the Finance Report

Upon review and no questions, Directors Olson and Huber moved and seconded to approve the finance report. Motion carried, 12-0.

Fundraising Committee Report

- **2024 Caregiver Wellness Day**

- Less than three months away (Monday, November 4, 2024), all event Sponsor/Vendor tables are full. The layout map is being updated and notification of table placements is in process.
- Consumer registration opens Tuesday, September 3. Day's agenda and speakers were reviewed with the Board. Members are encouraged to attend and an e-mail will be sent to them when registration starts.
- Media event promotions include KCRG ("Show You Care" program, the channel's morning show, "Everyday Iowa" and also "Morning Mugshot" segments) announcing the event along with other avenues: newspaper articles, event flyers, brochures, the Heritage Facebook page and website.
- A vaccination clinic, chair massages and respite care for Consumers along with silent auction items and donated Sponsor/Vendor door prizes will be a part of the event activities.

Operations/Executive Director Report

• Staffing

- In July, Anna Slife joined Heritage as the new Nutrition Services Coordinator and a member of our Encore Café Nutrition team. She will be present at the October Board meeting to introduce herself.
- Paul Swanson's last day with Heritage was Friday, August 2. Before he left, Staff were able to gather to celebrate him and his accomplishments as a valued member of Heritage AAA and Vocational Rehabilitation Workers Employment Program.
- Our annual Staff retreat takes place on Friday, September 20 at Lowe Park in Marion. ADS Director, Zach Rhein, and six of his staff will be attending, many of which will also be present for the food distribution activity at St. Paul's UMC on Thursday, September 19.

• Program Update

- In May, ADS Nutrition Monitoring was completed by our team and they received a draft memorandum regarding the results. Director Rhein discussed the memo and indicated the final memo will be issued in late August. There were potential contract language issues needing further investigation, with another already resolved.
- A portion of remaining ARPA funds will be used to update Heritage's HIPAA manual, an activity requiring an attorney. A small amount of office equipment will also be purchased.
- ADS staff, along with Iowa Department of Health and Human Services Adult Protective Services and Targeted Case Management staff met with the Heritage Care Team on July 17. A collaborative discussion, it included learning more about other departments within HHS and how to serve our consumers more effectively.
- Heritage's Kimi Hambright, Options Counseling Coordinator and IRTC Options Counselor, will serve on the Iowa County Department of Public Health's Suicide Prevention/Brain Health taskforce, currently being formed.
- Thursday, August 15, Heritage will host a free webinar via zoom entitled "Elder Abuse Law in Iowa." Laura Kriegermeier, Elder Rights Coordinator, will present information regarding how "recent changes to state law could affect older adults, their families and their caretakers." A flyer is included in the Board packet.
- Over 225 completed Community Needs Assessment surveys have been returned with several more still anticipated. These important surveys assist in building a framework for Heritage's four-year Area Plan (FY26-29), which is under development, and helps determine Consumer needs. If you know of someone who has not returned their survey yet, there is still time.
- On August 1, Iowa Health and Human Services released the map showing the reorganized seven behavioral health districts. In addition, an RFP was released for statewide ADRC Technical Assistance and Call Center Services. This will include the expansion of disability services. I4a subsidiary Life Long Links Iowa is considering a response to the RFP, and Barb sits on the Board. Discussion took place regarding what impact this reorganization could have on services Heritage currently provides; Barb stated that there is no indication Heritage's services will change.

• FY24 Service Dashboards

- Multiple charts reflecting FY19-FY24 data across six Heritage Consumer services were reviewed. Reasons for increases and decreases in volume were discussed.
- Our Congregate nutrition sites, which include Encore Cafes and Encore Express Dining Cards (vouchers) continues to do well.

- Looking at the future, Heritage will need to provide more services overall, especially with the anticipated “silver tsunami” demographic shift reflected by the increasing number of older adults in our society.
- In response to a Board Member question about a pending Dementia Specialist position: there is a one-year grant for a part-time Dementia Specialist to be located in Waterloo. Barb will be attending a meeting tomorrow regarding this position.

Strategic Planning

- **Planning Meeting - Thursday, September 12, 2024, 12:00 to 4:00 p.m., Prairiewoods, Hiawatha, IA**
 - Chair, Keith Stamp and Barb discussed the objective, focus and structure of the meeting as well as an agenda outlining activities, guided in part by an outside Consultant/Facilitator.
 - An updated draft of the Heritage Strategic Plan including associated metrics was also shared.
 - Board members were asked to RSVP to the e-mail invitation previously sent and include any food allergies since lunch will be provided.

Action Items and Assignments

- **Board Member Application Approval – Jessica Fairbanks**
 - Review and discussion regarding Ms. Fairbank’s application took place. Director Huber shared personal observations of Jessica’s passion to help older adults improve their quality of life, recommending her for placement on the Board.

Approval of Applicant for Board of Directors Membership

No further questions, Directors Olson and Barnhart moved and seconded to approve applicant Jessica Fairbanks, as a new Heritage Board member. Vote taken, no opposition, motion carried, 12-0.

Open Agenda

- Board member, Larry Kudej, shared that the annual OIL (Older Iowans Legislature) meeting will take place at the Iowa State Capitol, Room 103, in Des Moines on Monday, September 16, 2024, 8:30 a.m. to 2:00 p.m. Individuals can participate in-person or via zoom call.

Public Comment

- No comments were brought to the Board’s attention.

Motion to Adjourn

Directors Kudej and O’Conner moved and seconded a motion to adjourn. Motion carried, 12-0.

With no further business, the meeting was adjourned at 3:15 p.m.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Keith Stamp
 Keith Stamp, Chair



Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, October 10, 2024 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Bruce Barnhart, BJ Dvorak, Jessica Fairbanks, Karri Fisher, V Fixmer-Oraiz, Karen Huber, Chris Montross, Scott Olson, John Schlarmann, David Thielen, Sarah Wagner, Evans Waller and Dusti Winkie.

Also Present: Barb Werning, Jennifer Knudtson, Jill Sindt, Kimi Hambricht and Denise Babcock-Assistant Secretary.

Mission Moment – Kimi Hambricht, Iowa Return to Community (IRTC) and Options Counselor

- **Example of Collaborative Agency Partnerships Benefiting Older Adults with Complex Challenges**
 - Kimi, an Option Counselor with many years of service, stated her position now involves receiving referrals from Mercy Medical Center for patients ages 60 or older as they transition from the hospital to their home. (Individuals must meet certain eligibility requirements to participate in this program.) She shared about a consumer dealing with a terminal disease who was also a primary caregiver for a family member with dementia. She worked with the individuals, created a Care plan as well as coordinated care with three other agencies to provide complex services. Kimi stressed how important collaborative agency partnerships can be in successfully meeting diverse, critical consumer needs.

Approve or Amend Agenda

With prior review and no questions, Directors Olson and Fairbanks moved and seconded to approve today's agenda. Motion carried, 14-0.

Approval of Minutes of Board of Directors Meeting, Held August 8, 2024

Upon prior review and no questions, Directors Huber and Montross moved and seconded to approve the Thursday, August 8, 2024 meeting minutes. Motion carried, 14-0.

REGULAR AGENDA

Finance Report

- **Heritage FY2024 Audit – Mandi Holcomb, Denman & Company LLP**
 - The Finance Committee was provided an overview of audit scope and planned timing. The engagement letter has been signed.
 - Timeline shared for audit start around November 1 with portal opening for Heritage to upload documents and on-site Auditor visit 2nd week of November.
- **ARPA Funding**
 - ADS sent e-mail 9/27/2024 notifying AAA's ARPA funds available for another year (thru 9/30/2025).

- Prepared to spenddown ARPA funds by 9/30/2024, Heritage will now carry over some funds (mostly Caregiver) into FY25 Q2.
- Due to the ARPA extension, Heritage's ARPA Transition Account funds will not be used as soon as previously expected.
- **ADS Funding Disbursement**
 - Heritage is waiting for the following ADS funds disbursements:
 - o FY24 Q4 ARPA expenditures, \$225K.
 - o FY24 Q4 MIPPA expenditures, \$10K.
 - o Voc Rehab June – August 2024 to close out contract, \$24K.
 - o FY25 Q1 State and October Federal Title III funds, \$440K.
- **Grant Updates**
 - International Paper: grant awarded for \$3,000 for Hy-Vee Encore Express and Food Distribution at St. Paul's. International Paper continues to be great partners, volunteers and supporters of this program.
- **FY25 Q1 Reports**
 - Medicaid Administrative Claiming: saw increase in Medicaid related activities increasing reimbursement by \$5K making this the highest reimbursement quarter to date.
 - ADS IAFRS: report will include another \$140K to be reimbursed to Heritage for ARPA and MIPPA related work.
 - VOCA: closes out their fiscal year; new VOCA agreement has been signed with flat funding which is good news as significant cuts were expected.

Approval of the Finance Report

Upon discussion and no further questions, Directors Olson and Wagner moved and seconded to approve the finance report. Motion carried, 14-0.

Fundraising Committee Report

- **2024 Caregiver Wellness Day, Monday, November 4–8:00 a.m. to 3:00 p.m., The Hotel at Kirkwood**
 - With twenty-five days left before the event, 117 consumers have registered to attend, 15 individuals want respite care for their care partner and 11 will receive vaccinations.
 - Starting Monday, October 14, e-mails will be sent to vendors with CWD updates, including arrival/set-up times, table placements and hotel maps.
 - The Executive Deli buffet was chosen for lunch. Providing an assortment of meats, cheeses, breads and salads, even consumers with dietary restrictions will be accommodated with this menu choice.
 - Karen presented a question to the Board about having volunteer massage therapists for the event rather than paid individuals. Upon discussion, the Board of Directors recommended using volunteers.
 - CWD event flyers still available and social media pages reviewed for updates.

Operations/Executive Director Report

- **Staffing**
 - Our annual Staff retreat took place on Friday, September 20 at Lowe Park in Marion. Zach Rhein, ADS Director and 10 of his Staff, including several employees from the Adult Protection unit, were

able to participate. An update was given to our team on State HHS redesign with a question and answer session following.

- **Program Update**

- Barb attended the i4a Board retreat last month. Legislative priorities were discussed, including funding our core consumer services.
- Heritage's Management Team is currently working on the 4-year Area Plan due July 1, 2025, coinciding with the 4-year Request for Proposal (RFP). Due to significant changes to the Older American's Act and Iowa Code, as well as leadership changes for two major service providers, the contract renewal timeline is extended 1 year. This action will provide transparency and was approved by ADS and legal counsel.
- The ADVC Federal grant received by all the AAA's is being completed. Heritage and partners, Hy-Vee and Public Health, are sponsoring seven clinics during the month of October in Linn, Johnson, Cedar and Iowa counties. Some incentives are being offered for eligible consumers. Board Member, Karri Fisher and Heritage Community Advancement Director, Jill Sindt, are working on setting up a vaccination clinic at Washington, IA, Encore Cafe.
- A malnutrition grant, funded by Mercy Medical Center, uses a specific questionnaire to identify consumers with malnutrition. Jill Sindt and her team have 39 individuals in the queue for the services with the grant funding between \$300-\$400 per person to devise a person-centered plan of care.
- Barb and Harrison March recently met with Grant Luebe to discuss legacy planning and donor engagement. Grant, a Heritage Finance Committee member and Heartland Investment Associates financial advisor, suggested several strategies along with best practices to consider.
- All AAA's are working on a "Day on the Hill" at the Iowa State Capital in Des Moines to speak with Iowa legislators and promote advocacy. The event will take place in March in the early morning. Watch for the scheduling e-mail and plan to participate. Amy Campbell, our lobbyist who gave a presentation at the i4a Board retreat, will be speaking with the Heritage Board at our November 14 meeting.
- Barb and Tim Getty met with Iowa State Representative, Sammi Sheetz, last month. He is a member of the Appropriations Committee and was very interested in the increased needs for services to older adults.
- As part of the HHS "redesign," an RFP has been issued for ADRC Technical Assistance and Call Center Activities. LifeLong Links Iowa, formed through a partnership with i4a, submitted a response and bids are being considered. The winning bid will be announced in November. Also, a new Behavioral Health Services regional map has been released along with the ASO RFP for those services, due later this month. At this time, there are no changes to Aging Services.
- Troy McQuillen, Kirkwood VP of Facilities, continues to meet with Barb and tour the Heritage buildings. Kirkwood has committed to continually providing office space for Heritage.
- Heritage Board member, Jasmine Megowan, has resigned and is no longer employed by Access 2 Independence.

Action Items and Assignments

- **December 2024 Meeting Schedule - Approval**

- Board members were asked if there was any interest in having a December social gathering for everyone available to attend instead of a regular Board meeting (spouses and significant others would be welcomed, too). Location yet to be determined, but previously held at "The Class Act" restaurant. Further discussion took place.

Approval of December Board of Directors Meeting Change

Directors Fairbanks and Fisher moved and seconded to approve no formal Board meeting on Thursday, December 12, 2024 at 2:00 p.m. Instead, available members will meet socially at that date/time at a place to be determined. None opposed; motion carried, 14-0.

- **Board Retreat Summary and Challenge – Powerpoint**
 - Keith reviewed information and slides shared at the recent Board retreat, which focused on goals, mission, Board pillars, individual commitment and personal contributions. Those in attendance filled out personal action plans and agreements of execution. The remainder of Board members have been asked to also complete their individual Action Plan and submit it. Keith and Barb are available for any questions.
- **OIL (Older Iowans Legislature) Summary**
 - On behalf of Board Member, Larry Kudej, Keith and Barb provided an overview of the September 16, 2024, OIL annual meeting, held in Des Moines, IA. Zach Rhein, Iowa HHS Director of Aging and Disability Services, was the keynote speaker. A panel of individuals responded to questions and answers from attendees. Bob Welsh, community activist and prior Heritage Board member, was honored in memoriam at the event.
 - Eight priorities for the next legislative session included:
 1. Provide education to older adults to understand services.
 2. Increase support for Direct Care workers.
 3. Update the Iowa Miller Trust fund
 4. Tax credit for Iowa Caregivers.
 5. More training, education and funding to establish Dementia Services throughout Iowa.
 6. Specific funding for Return to Community programs.
 7. Property tax reform for older adults.
 8. How the State supports education for future Caregivers.

Open Agenda

- No open agenda items voiced at this time.

Public Comment

- No comments were brought to the Board's attention.

Motion to Adjourn

Directors Huber and Fairbanks moved and seconded a motion to adjourn. Motion carried, 14-0.

No further business, the meeting was adjourned at 3:00 p.m.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Keith Stamp

Keith Stamp, Chair



Heritage
Area Agency on Aging

Regular Meeting of the Heritage Board of Directors
Thursday, November 14, 2024 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Bruce Barnhart, Jessica Fairbanks, Karri Fisher, Larry Kudej, Karen Huber, Chris Montross, Sister Susan O'Connor, David Thielen, Sarah Wagner, Evans Waller and Dusti Winkie.

Also Present: Barb Werning, Jennifer Knudtson, Jill Sindt, Ann Neville and Denise Babcock-Assistant Secretary.

Guest: Amy Campbell, Partner-Advocacy Cooperative

Mission Moment – Ann Neville, Heritage Case Manager and Family Caregiver Case Manager

• **A Positive Case Management Consumer Outcome**

- Ann, who recently celebrated 18 years of service with Heritage AAA, shared a positive Consumer outcome involving a married couple dealing with dementia and minimal financial resources. The spouse experiencing dementia is also a veteran and his wife, a full-time caregiver, was undergoing a high volume of stress and a lot emotionally. Because Medicaid now requires a veteran to apply for benefits first through the Veterans Administration (since 2023), Ann worked with the couple on that application process as well as a care plan. While waiting for the VA's decision, she continued to help them with various needs. When the decision letter arrived, it stated he was eligible for not only a considerable monthly award but a back payment sum as well. This income will provide financial stability. Ann read a letter of appreciation sent by the wife, thanking her and Heritage for greatly impacting their lives for the better.

Approve or Amend Agenda

With prior review and no questions, Directors Waller and Huber moved and seconded to approve today's agenda. Motion carried, 11-0.

Approval of Minutes of Board of Directors Meeting, Held October 10, 2024

Upon prior review and no questions, Directors Fairbanks and O'Connor moved and seconded to approve the Thursday, October 10, 2024 meeting minutes. Motion carried, 11-0.

REGULAR AGENDA

Legislative Report

Chair, Keith Stamp and Executive Director, Barb Werning reminded Board members that advocacy, one of Heritage's "pillars" discussed at the recent Board Retreat/Strategic Planning event, is an ongoing commitment. Iowa lobbyist, Amy Campbell and Heritage Board Member, Larry Kudej were present to share information and challenges being faced in 2025 with changes in both houses of Iowa Legislature, legislation impacting older adults and budgets.

- **Amy Campbell, Partner-Advocacy Cooperative**

- Amy presented "2025 Iowa Legislative Session Preview," discussing number of Senate and House members, impact of new election results, legislative calendar/processes, 2025 top issues and items on the aging agenda so far. All are encouraged to attend, A Day on the Hill (i4A Capitol Day), scheduled for Thursday, March 27, 2025 from 7:00 to 9:00 a.m. at the State Capitol building in Des Moines.
- Budget challenges were reviewed and what would potentially influence decision makers on new bills submitted: 1.) innovative ideas to help save costs with projections; 2.) examples given, ie., caregivers taken out of the workforce to attend to family member's needs; and 3.) public/private partnerships to stretch dollars. Website links for Bill Tracker and Legislator contacts: www.ialobby.com/billtracker/i4A and www.ialobby.com/commons/popular-iowa-links.
- Suggestion made to send new Legislative members a letter of congratulations and share one sense of pride in Heritage AAA.

- **Larry Kudej, Older Iowans Legislature (OIL) Update**

- Board members received the September 16, 2024 Annual OIL meeting minutes last month for review.
- Discussed priorities/lead areas being pursued: 1.) supportive of Dementia Specialist for AAA's; 2.) funding for Return to Community (IRTC) programs; 3.) increase support/funding of Direct Care workers and 4.) improve information available for older adults to assist in the aging process.
- May coordinate Lobby Day with i4a Capitol Day visit this year along with setting a meeting with Governor Reynolds and staff who work on older Iowan's issues.

Finance Report

- **Heritage FY2024 Audit**

- All required documents submitted to Mandi Holcomb with Denman & Company LLP. She was onsite doing fieldwork on Wednesday, November 13.

- **ADS Funding Disbursement**

- Updated activity for the following ADS funds disbursements:
 - o FY24 Q4 expenditures of \$235K – received reimbursement mid-October 2024.
 - o Voc Rehab June – August 2024 to close out contract \$24K – received June reimbursement, waiting for July and August at \$14K.
 - o FY25 Q1 ARPA and MIPPA expenditures – submitted for \$143K; Expected by next week.

- **ADS/AAA Fiscal Meeting**

- o Some remaining ARPA distributed to ADS will be distributed to the AAA's; expect this will be <\$10K
- o MIPPA funds will again be available for FY25; awaiting NGA from ADS for specific amount
- o ADS is developing an in-kind and match training that will be provided to each AAA in Spring.
- o ADS has started the process to rewrite Iowa Administrative Code.

- **Grant Updates**

- An extension has been approved for an additional six-month spend down on the City of Cedar Rapids ARPA grant previously received for \$50K.

- **Fiscal Dashboard As of 09/30/24**

- Bank Balances – review of Operational Funds, ARPA Transition Account and Encore Account.
- Fund Balances – review of Endowment Funds by category.

- SubProvider Spenddown – both fiscal year-to-date and monthly expenses for nutrition and non-nutrition on track with funding.

Upon review of the SubProvider Spenddown report, interest was expressed to see a breakdown by each meal site of contributions received. This information will be presented at the January meeting.

Approval of the Finance Report

With no further questions, Directors Huber and Waller moved and seconded to approve the finance report. Motion carried, 11-0.

Fundraising Committee Report

- An overview was given regarding the Caregiver Wellness Day event that occurred on Monday, November 4
 - Attendees included 130 participants and 37 vendors.
 - Speakers and topics were well received along with the location and food. Kirkwood Hotel staff provided wonderful service again this year.
 - Attendees completed evaluations which are being compiled, and include “things liked best and least” along with individual ratings on the space, speakers, topics, vendors, pamper activity (massage), silent auction and other areas. Suggestions for next year’s topics along with comments will also be captured and reported out.
 - Many caregivers voiced gratitude for having the event again. They felt both cared for and supported.
 - Thanks to Heritage Staff and the Fundraising Committee for all their efforts toward making the day an enjoyable, rewarding experience for everyone.

Operations/Executive Director Report

• Staffing

- There have been no changes to the Heritage staff roster.

• Program Update

- Staff again participated in serving at the annual Marion HyVee Veteran’s Breakfast on Monday, November 11, 2024. Starting before 6:00 a.m. and ending at 10:00 a.m., over 900 veterans were able to be honored with this meal.
- New referrals to our IRTC program have been placed on pause as agreement with the Mercy Medical Center is renewed. The contract document is currently at their Legal department to be approved.
- A huge success, the 2024 Caregiver Wellness Day event was attended by 130 participants and 37 vendors. Planning for 2025 will start after the new year.
- Heritage’s new four-year Area Plan is well underway. To ensure uniformity, the state has created a template with drop down menu prompts for all AAA’s to use. More emphasis has been placed around data collection and analysis as well as identifying groups with greatest economic and social need. Since the new process may potentially take more time, an extension to late January has been given to all AAA’s to complete and submit their draft plan.

• Other Updates Including DHHS Integration

- Life Long Links Iowa is waiting for a decision on their RFP submittal for the ADRC Technical Assistance and Call Center project. Other service domains are also slowly releasing their RFP’s. Conflicting information regarding service maps recently released has come about with potential impact on Aging Services. Our partnerships with disability service providers will deepen and grow as well as

with the ADRC network in general. We expect to receive more information as RFPs are approved and lead entities chosen.

• **Reminder – December Meeting**

- As previously agreed upon, our December 12, 2024, 2:00 p.m. meeting will be a social gathering for all available members to attend. Location will be "The Class Act" restaurant located at The Hotel at Kirkwood. A "pay for your own, order from the menu" activity, Board members are welcome to bring spouses or significant others. Please respond to Barb by Monday, December 2, of your decision regarding attendance.

Action Items and Assignments

- Nothing additional at this time (other than stated above).

Open Agenda

- No open agenda items.

Public Comment

- No comments were brought to the Board's attention.

Motion to Adjourn

Directors Fairbanks and Huber moved and seconded a motion to adjourn. Motion carried, 11-0.

No further business, the meeting was adjourned at 3:27 p.m.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Keith Stamp
Keith Stamp, Chair



Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, January 9, 2025 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Bruce Barnhart, Karri Fisher, Larry Kudej, Chris Montross, Sister Susan O'Connor, Scott Olson, Mandi Remington, John Schlarmann, David Thielen, Sarah Wagner, Evans Waller and Dusti Winkie.

Also Present: Barb Werning, Jennifer Knudtson, Kellie Elliott-Kapparos and Denise Babcock-Assistant Secretary.

Mission Moment – Kellie Elliott-Kapparos, Integrated Services Director

• **Heritage Receives Consumer Survey Feedback from Residents at The Arbor**

- Kellie shared annual residential survey results provided by The Arbor-A Full Circle Community senior housing property. Comprised of seventy HUD-qualifying apartments, Heritage entered into a contract almost seven years ago with Full Circle to have staff on-site for 20 hours a week at The Arbor and provide older adults social services such as options counseling. Covering a wide scope, the activity could involve asking questions for information purposes, assist with finding transportation, filling out a Medicaid Elderly Waiver, identifying nutrition activities in the community, help connecting with other agencies, etc.

Thirty households responded to the survey regarding levels of service received from our two Heritage Care Team members (Miranda Kasemeier and Shannon Kiekhoefer), rating them "really helpful" (100%) and "[they] helped them access community services" (100%). When asked to identify services personally received, 90% of Consumers said "information and assistance," 91% stated "options counseling" and 83% said "health and wellness." These individuals were also asked in what areas they were currently experiencing hardship. Fourteen consumers had to cut back to pay housing; 47 said they were experiencing hardship with food; 13 were cutting back on healthcare and 40 stated cutting back on something else, i.e., prescriptions, social activities, cable/entertainment, etc.

Board members discussed services and results then presented Kellie with two questions: "What can be done for the 40% of The Arbor respondents cutting back," and "are there other facilities that need these services, range or capabilities of staff?" She stated that through partnerships with Tim Getty and the Heritage Nutrition Team, food distributions have been made to The Arbor residents, and have involved canned food, baked goods, and fresh fish. Many residents also qualify, based on income, for The Emergency Food Assistance Program (TEFAP) and can receive foods solely designated for that use. Person-Centered dollars have been spent to help with other needs-based supplies. Most senior buildings, typically tied to HUD housing, hire their own social services staff and Heritage routinely gets calls from them for individual consumer services. The relationship Heritage has with Full Circle Community and its residents is a unique one which will continue to be managed well.

Amended Agenda

- **Introduction of New Heritage AAA Board Member, Mandi Remington (Johnson County Board of Supervisors)**

- The Johnson County Board of Supervisors held their organizational meeting on Thursday, January 2, 2025 and Mandi Remington has now been assigned V Fixmer-Oraiz' previous position on the Heritage Board of Directors.

After being welcomed by Board members, Mandi introduced herself, giving an overview of her personal background and some platform issues she ran on as a Board of Supervisor candidate: access to basic needs, services and decision-making processes impacting food security, housing, and several other quality of life programs. She's looking forward to being on the Board and participating in Heritage's mission focused upon bettering life for Iowa's older adults.

Approval of Amended Agenda

No further questions, Directors Montross and O'Connor moved and seconded to approve today's amended agenda. Motion carried, 12-0.

Approval of Minutes of Board of Directors Meeting, Held November 14, 2024

Upon prior review and no questions, Directors Olson and Montross moved and seconded to approve the Thursday, November 14, 2024 meeting minutes. Motion carried, 12-0.

REGULAR AGENDA

Finance Report

• Heritage FY2024 Audit

- Denman to provide the draft Audit Financial Report this week. Heritage team will review and work with Denman on any needed revisions before the audit's presented to the Finance Committee and Board.

• ARPA Funds Received

- As mentioned at the November Board meeting, all AAA's will receive some additional ARPA funds. Heritage received an additional \$6,466.00 that will be used for employee salary and benefit expenses. Deadline for use was extended to 9/30/2025.

• Heritage Nutrition–Encore Cafés

- Upon Board member request, a report has been compiled of monthly and year-to-date Encore Café activity and was included in the Board packet for review. The document provides FY25 data on number of meals, contributions and average consumer donation by month for each of the four congregate dining sites. This information will be added to the quarterly fiscal dashboard review and shared at future Board meetings.

• Request for Proposal (RFP) Process

- Heritage's RFP update process has been started and involves the same sub-contractors currently under contract. In conjunction with that activity, budget work and the Area Plan will be incorporating the outcome of those recipient awards.

Approval of the Finance Report

Upon discussion and no further questions, Directors Montross and Waller moved and seconded to approve the finance report. Motion carried, 12-0.

Fundraising Committee Report

• Caregiver Wellness Day

- Barb provided an update on behalf of Committee Chair, Karen Huber. The popular Heritage AAA Caregiver Wellness Day (CWD) event will take place again in 2025. The planning phase starts with the Fundraising Committee's first meeting on Monday, February 17 at 2:00 p.m. More details are to come.

Operations/Executive Director Report

• Staffing

- There have been no changes to the Heritage staff roster.
- Heritage was honored to receive the first-place award in the medium size business category (21-100 employees) in the Corridor Business Journal "Coolest Places to Work." Barb and two staff attended the ceremony.

• Program Update

- Heritage has resumed all Iowa Return to Community (IRTC) services through Mercy Medical Center, now that a fully executed contract has been received.
- Our malnutrition project funded in part by Mercy Medical Center is going well, but slower than anticipated. We met with the Mercy Equity and Community Partnerships Director to explain our processes and timeline, and received an extension to complete the grant spending. Statistics have shown that 1 in 2 older adults are in risk of malnutrition and developing a care plan that will support lifestyle changes is a valued part of this process.
- Several nice community gifts were received during the Holidays, including funds from International Paper for protein for our food distributions and personal care items along with funds from True North and personal care items from Leadership for Five Seasons.
- Heritage's new Four-Year Area Plan continues, including a Request for Proposal (RFP) meeting with sub-contractors and two public hearings held in December 2024 and January 2025. A rough draft of the Plan will be provided to Aging and Disability Services on Monday, January 27 and the Board will review it in March.
- On Friday, April 4, 2025, Heritage will host a Prep-Wise Disaster Planning Workshop in conjunction with University of Iowa's College of Public Health.

• Other Updates Including DHHS Integration

- Life Long Links Iowa did not receive the bid for the ADRC Technical Assistance and Call Center RFP. The CDD (Center for Developmental Disabilities through the University of Iowa) was awarded the bid. With the CDD providing technical assistance and training for our ADRC (Aging and Disability Resource Center) services, this may change some of Heritage's processes. However, we do not expect it to change our service delivery or volume. I4a will participate in meetings with CDD and ADS at the end of January, with the anticipation AAAs will be a part of planning efforts. There has been no additional information on how the recently released service map will impact the Aging Network. We know our partnerships with disability service providers will deepen and grow, as will the ADRC network in general.
- Thank you to everyone who wrote letters to their Senators asking for no changes to be made to the Older Americans Act. The bi-partisan bill was not passed, but may re-appear.

Action Items and Assignments

• New Member Application – Peggy J. Doerge (Action Item)

- Board members received a copy of the application from Peggy J. Doerge, for review. Peggy comes highly recommended based on her background and experiences. With feedback and further discussion, Chair Keith Stamp asked for a motion, second and vote to be taken.

Approval of New Member Application

Directors Olson and Barnhart moved and seconded to approve Peggy J. Doerge as a new Heritage AAA Board member. Vote taken-all approved with no opposition. Motion carried, 12-0.

• **Strategic Pillars – Keith Stamp (Information and Discussion)**

- On Thursday, September 12, 2024, Heritage Board members met for a four-hour retreat/strategic planning session with several purposes in mind: 1.) bring Board members face-to-face; 2.) get to know each other and 3.) clarify how members, in their roles, can grow and become more engaged in supporting and promoting Heritage’s mission for bettering lives of Iowa’s older adults in the seven counties being served.

During the strategic planning session, three Heritage 2025 “pillars” were identified: 1.) Leadership; 2.) Financial Stability and 3.) Advocacy.

Each Board member has been asked to complete and sign an individual Action Plan using steps of:

- identifying a Deliverable associated with the mission (what),
- what Dependencies are involved with completing the Deliverable (how),
- the Deadline set to meet the Deliverable (when) and
- what Pillar is supported by the Deliverable.

The Action Plan also includes an Agreement of Execution statement for members to read, date, sign and return.

Keith, along with Board member Larry Kudej, gave examples of what practical steps would look like in building an Action Plan such as pillars involving Financial Stability and Advocacy. It is being requested that those Board members who attended the September 12 meeting, completed an Action Plan, now review them for action and those who were not able to attend, complete a Plan and begin to take action on it. He and Barb are available for any questions.

Open Agenda

- A specific date for the i4A Lobby Day at the Iowa State Capitol is still being determined, however, the fourth week of February is being considered. Barb will send out the date and time when the information becomes available.

Public Comment

- No comments were brought to the Board’s attention.

Motion to Adjourn

Directors Barnhart and O’Connor moved and seconded a motion to adjourn. Motion carried, 12-0.

No further business, the meeting was adjourned at 3:07 p.m.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Keith Stamp
Keith Stamp, Chair



Heritage
Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, February 13, 2025 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, BJ Dvorak, Karri Fisher, Larry Kudej, Chris Montross, Sister Susan O'Connor, Mandi Remington, John Schlarmann, David Thielen, Evans Waller and Dusti Winkie

John Zirkelbach – present to observe

Also Present: Barb Werning, Jennifer Knudtson, Jennifer Sloan and Kimi Hambright

Mission Moment – Barb Werning on behalf of Kellie Elliot-Kapparos

Heritage has served a consumer named Jeff for a number of years. Jeff suffers from a brain injury, anxiety, trust issues and was fearful to leave his home.

Jenn Walker stuck it out with Jeff over the years to gain his trust. She got him to agree to an Options Counseling visit with Shannon.

Shannon got Jeff connected with some services and also saw that the neighborhood he was living in was unsafe. Shannon transferred Jeff to the Case Management program where Ann took over.

Ann was able to help Jeff with more services and even help him find a new place to live.

Jeff is doing much better in his new apartment and has invited the three Heritage staff to see his new place.

Introduction of New Board Member Peggy Doerge

Peggy not able to attend

Approve or Amend Revised Agenda

Upon prior review and no other questions, Directors Montross and Dvorak moved and seconded to approve the agenda. Motion carried, 10-0.

Approval of Minutes of Board of Directors Meeting, Held January 9, 2025

Upon prior review and no other questions, Directors O'Connor and Fisher moved and seconded to approve Thursday, January 9, 2025 meeting minutes. Motion carried, 10-0.

REGULAR AGENDA

Change to Cedar County Task Force

Deb Helmold- resigned

Finance Report- Jenn Knudtson

FY24 Audit Update – Continuing to work with Mandi at Denman to finalize a couple of items. She attended the Finance Committee on Monday to present the draft indicating that Denman has issued an unmodified opinion and no findings were noted. Once the final draft is available it will be shared with the Board.

Federal Funding Update – Heritage continues to work with ADS and has a plan in place if the continuing resolution does not pass or receiving federal funds is delayed.

We did receive our February federal fund disbursement.

Barb noted that she had a meeting with Zach at ADS and they are also looking to see how long they are able to carry the AAAs if the continuing resolution does not pass in March.

Kirkwood Foundation HAA Older Iowans Endowment – Heritage continues to build our ARPA Transition account to ensure we can sustain the position funded by ARPA. Heritage and the Finance Committee propose taking the allowable interest disbursement of \$40,022 and add it to the Transition Account. Doing so requires Board approval.

Directors Montross and O'Connor moved and seconded to approve the transfer.

Director Waller asked if there were any stipulations regarding this withdrawal.

After discussion and finding that there are no stipulations or impacts to the withdrawal the motion carried, 10-0.

Fiscal Dashboard – Jenn shared the Fiscal Dashboard with the group.

Upcoming Deadlines –

FY25 budget update due to ADS 2-22-2025.

FY26 budget as part of the Area Plan will be presented to Board at March meeting.

Approval of the Finance Report

Directors Waller and Dvorak moved and seconded to approve the finance report. Motion carried, 10-0.

Fundraising Committee Report- Barb Werning

Nothing to report. Will start meeting again next week.

Operations/Executive Director Report- Barb Werning

IRTC – Kimi Hambright

We partner with Mercy Hospital. Clients are in the program for about 90 days. We had a pause due to waiting for the signing of the contract. We are exploring entering into Benton County due to the lack of services in that area.

Sister Susan asked the question "How many people are in the program?"

Kimi stated that was a hard question to answer because there are different stages a consumer goes through while in the program.

Potential Heritage site move

The two buildings that we are housed in were to be temporary buildings. Kirkwood has identified a couple of different potential options for us to move to. One of those being the old Ruffalo Cody building off C Street.

APS has expressed an interest in sharing a space with us. They would have a separate MOU with Kirkwood.

Someone asked about the cost of the new site vs. what Heritage currently pays. Barb stated that the cost per square foot would increase, but we would need less square footage. We would no longer need 2 copy rooms or 2 kitchens.

Heritage would look to choose the space that is most move in ready as not to have the added cost of reconfiguration of the space.

Barb also mentioned that the deferred maintenance on the two building is quite large. We also had a huge rodent problem this past fall so a move will be good for all.

Staffing

No changes in staffing.

We have been hit with illness. Comes and goes in waves.

Program Updates

Heritage submitted their 1st draft of the Area Plan. Now have to wait for comments from ADS.

Heritage received a copy of the Admin Rules. Barb and Kellie have gone over them and made notes. The AAA Directors meet the morning of February 28th to compare notes. They will then meet with ADS to go over their notes in the afternoon. Final comments are due to ADS on March 3rd.

ACL requires Websites be more accessible and user friendly for all. There are certain colors and fonts that are best to use. Heritage has hired TwoTone to redesign our Website to comply with the requirements.

RFPs have been received from our Sub Providers for FY2026 updates.

Barb went over the service Dashboards.

Other Updates

Action Items and Assignments

- None

Open Agenda

Larry asked about i4a Senate file 216 Dementia Friends. Barb is aware of it and feels it is unlikely to pass. There have been several efforts in the past to move similar bills.

Keith suggested Board Members should reach out to Senators about Heritage and the work they do and the needs of the consumers. Email, write a letter, Make a phone call

Barb let everyone know that March is going to be a marathon month with lots to go over and do. To plan on going until 3:30 p.m.

- Budget to go over and approve

- Area Plan to go over and approve

Public Comment

- No comments were brought to the Board's attention.

Motion to Adjourn

Directors Dvorak and Fisher moved and seconded a motion to adjourn. Motion carried, 10-0.

There being no further business coming before the Board, the meeting was adjourned at 2:58 p.m.

Respectfully submitted by:

Jennifer Sloan

Jennifer Sloan, Finance Coordinator

Approval by Board:

Keith Stamp

Keith Stamp, Chair



Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, March 13, 2025 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, BJ Dvorak, Bruce Barnhart, Dusti Winkie, Evans Waller, Jon Zirkelbach, Karen Huber, Karri Fisher, Larry Kudej, Mandi Remington, Peggy Doerge, Sarah Wagner, Scott Olson and Sister Susan O'Connor.

Also Present: Barb Werning, Jennifer Knudtson, Kellie Elliott-Kapparos, Jill Sindt, Heritage Intern Kelsey Kreuder and Denise Babcock-Assistant Secretary.

Mission Moment – Barb Werning, Executive Director

• **Personal Experience with Extended Family Receiving Services**

- Barb shared regarding an extended family member receiving Heritage services. At first, the individual was hesitant to accept help, but Barb encouraged them to use Heritage, speaking about our integrity and quality of care. Initial contact was made with Jennifer Walker, our Information, Referral and Assistance Specialist, who gathered specific details regarding the individual's needs. Madalyn Schiffer, an Options Counselor, then became involved, and now, the family member is working long-term with Case Manager, Ann Neville. The individual has become more confident making decisions, handling personal funds, using long-term health care policy, etc., to the point that other family members thanked Barb for guiding their loved one in the right direction and having an impact on all their lives for the better.

Amended Agenda

• **Introduction of Two New Board Members, Peggy Doerge (Member At-Large) and Jon Zirkelbach (Jones County Board of Supervisors)**

- Keith introduced two new Board members, Peggy Doerge and Jon Zirkelbach, asking each to provide a little of their personal background and why they've chosen to be a part of Heritage's mission. In turn, other Board members also introduced themselves to become better acquainted. Peggy currently sits on the Kirkwood Community College Board of Trustees (Johnson County-District 3) and Jon is a Jones County Board of Supervisor member (District 3). They were welcomed by all.

• **Rescheduling of Heritage AAA Area Plan and FY26 Budget for Review/Approval**

- Heritage's Area Plan and FY26 Budget was previously scheduled on today's Agenda to review and approve, however, ADS' feedback on the individual AAA's Area Plans was delayed, resulting in more actions needing to be taken before plans were re-submitted. The items will be rescheduled for April, so please plan accordingly as tends to be a lengthier meeting.

Approval of Amended Agenda

No further questions, Directors Huber and O'Connor moved and seconded to approve today's amended agenda. Motion carried, 13-0.

Approval of Minutes of Board of Directors Meeting, Held February 13, 2025

With prior review and no questions, Directors Huber and Wagner moved and seconded to approve the Thursday, February 13, 2025 meeting minutes. Motion carried, 13-0.

REGULAR AGENDA

Finance Report

- **Heritage FY2024 Audit**
 - In February, Mandi with Denman & Company LLP, presented a draft of the Audit Financial Report to the Finance Committee for review and feedback. The report shows an unmodified opinion and no findings were noted. Heritage fiscal has shared the updated draft with the Finance Committee for review and questions. The report will be posted to the Federal Clearinghouse, provided to our funders and posted on the Heritage website prior to the end of March.
- **Funding Disbursement**
 - There are many questions with Federal funding at this time, however, the following activities have taken place:
 - Heritage received March 2025 Federal disbursements.
 - Medicare Improvements for Patients and Providers Act (MIPPA): ADS has disbursed projected Q3 expenditures.
 - Medicare Administrative Contractor (MAC): Heritage awaiting the Q2 reimbursements.
 - A copy of the finance reports, as of March 10, 2024, were included in the Board members' packet.

Approval of the Finance Report

Upon further discussion and no other questions, Directors Olson and Zirkelbach moved and seconded to approve the Finance report. Motion carried, 13-0.

Fundraising Committee Report

- **2025 Caregiver Wellness Day (CWD)**
 - Karen gave an overview of Caregiver Wellness Day, since new Board Members were present, then provided an update to the Board. Well-attended by both caregivers and sponsoring vendors, CWD has been a free, in-person event held at the Kirkwood Hotel for the past two years. It provides support, speakers, education along with many opportunities to interact with vendors and others that offer a variety of services to older adults. Free respite care is an available option for family caregivers that attend, too.

On Monday, February 17, 2025 at 2:00 p.m., the first Fundraising Committee meeting took place. This year in order to lower overall costs, the Committee is considering moving to a two-day event with one being a full day and the other a half-day. Also, the event needs to be more accessible to outlying communities within our seven-county service area. Ideas for reasonably priced venues, locations and resources are being researched. Board suggestions are welcomed and can be sent to Karen or Barb.

Operations/Executive Director Report

- **Staffing**
 - There have been no changes to the Heritage staff roster.

- **Program Update**

- In support of Heritage's Area Plan and older Iowans, Barb and staff member, Harrison March, recently trained as Dementia Friends "Champions." This training will allow them to teach individuals and community groups how to become a Dementia Friend. Both Karen, on our Board, and Heritage staff member, Bryan Bruner, sit on the Dementia Friends' Board of Directors and are also certified to provide the training.
- Iowa Administrative Code is being changed by Governor Reynolds. Area Agencies on Aging (AAA) have reviewed the changes and provided feedback. Many of the proposed changes remove details that will be written into ADS procedure. The revised Code will go into effect, October 1, 2025.
- The "Day on the Hill," activity at the Iowa State Capitol in Des Moines will take place from 7:00-9:00 a.m., Thursday, March 27, 2025. Attending this event presents an opportunity to speak with Iowa legislators and promote advocacy regarding older Iowans' issues. Also included will be a "paper plate campaign" to help legislative members see how Federal nutrition programs impact elderly recipients. Barb, Larry, Keith and Harrison are scheduled to attend.

- **Other Updates Including DHHS Integration**

- Zach Rhein, Iowa HHS Aging and Disability Director, visited with Heritage staff on Thursday, February 20, and provided updates on both federal and state initiatives. A question and answer time followed and staff voiced their appreciation for his openness to address their concerns.
- Tomorrow, March 14, is the deadline for the 119th Congress to vote on a continuing resolution (CR) act that prevents a government shutdown. At present, the House of Representatives has passed the bill known as H.R. 1968 and has moved it to the Senate floor for a vote. State partners have been looking at how they can support us in the event of a shutdown (Plan A). In addition, Heritage has been looking at our own financial resources (Plan B), and, should the shutdown occur, Board members will be updated regarding a plan of action.
- Every fiscal year, Board members are required to complete 240 minutes (4 hours) of approved training which is then recorded and tracked for compliance purposes. FY25 will end on Monday, June 30, 2025, so Barb and Denise will be sending each member an e-mail with their current training hours balance, time that still needs completed, and suggestions on how to meet the 240-minute goal. Several members also asked about their term expiration dates and that information will be provided.

Action Items and Assignments

- Nothing to address at this time.

Open Agenda

- Nothing to address at this time.

Public Comment

- No comments were brought to the Board's attention.

Motion to Adjourn and Next Meeting

Directors Dvorak and O'Connor moved and seconded a motion to adjourn. Motion carried, 13-0.

Next meeting to take place on Thursday, April 10, 2025 at 2:00 p.m., either in-person at the Heritage AAA building, Kirkwood campus location-Cedar Rapids or via zoom call.

With no further business, the meeting adjourned at 2:55 p.m.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Sr. Susan O'Connor

Keith Stamp, Chair

Signature: *Sister Susan O'Connor*

Sister Susan O'Connor (Apr 15, 2025 16:34 CDT)

Email: soconnor@mercyare.org



Heritage
Area Agency on Aging

Regular Meeting of the Heritage Board of Directors
Thursday, April 10, 2025 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Bruce Barnhart, Peggy Doerge, BJ Dvorak, Karri Fisher, Karen Huber, Larry Kudej, Chris Montross, Sister Susan O'Connor, Scott Olson, David Thielen, Sarah Wagner, Evans Waller, Dusti Winkie and Jon Zirkelbach.

Also Present: Jennifer Knudtson, Kellie Elliott-Kapparos, Jill Sindt, Harrison March and Denise Babcock-Assistant Secretary.

Sister Susan O'Connor, Vice-Chair, Presided Over Today's Board of Directors Meeting on Behalf of Chair, Keith Stamp.

Approval of Agenda

With no further questions regarding the agenda previously e-mailed to members for review, Directors Olson and Montross moved and seconded to approve it. Motion carried, 13-0.

Approval of Minutes of Board of Directors Meeting, Held March 13, 2025

Upon prior review and no questions, Directors Huber and Waller moved and seconded to approve the Thursday, March 13, 2025 meeting minutes. Motion carried, 13-0.

REGULAR AGENDA

Finance Report

• **Funding Update**

- Continuing Resolution (CR) passed at the federal level for funding through September 30, 2025, the remainder of the federal fiscal year.
- ADS has not yet issued a Notice of Grant Award (NGA) based on the CR, so we are still uncertain about funding levels for the current federal fiscal year.
- ADS has received \$460K for April federal disbursements and Q4 state disbursements for the current federal fiscal year.

• **Heritage FY2024 Audit**

- Denman has completed the audit and all that is needed now is the filing of the Form 990.

Approval of the Finance Report

Upon discussion and no further questions, Directors Olson and Montross moved and seconded to approve the finance report. Motion carried, 13-0.

Fundraising Committee Report

• 2025 Caregiver Wellness Day

The Committee would like to lower event costs, reach more consumers in outlying counties served by Heritage and continue to deliver an exceptional caregiver experience. The following are being considered:

1. Changing the venue to a more affordable location
 2. Changing the event to a ½ day vs. a full day
 3. Holding two ½ day events vs. one full day
 4. Changing location/venue to allow for more rural caregivers to attend, thus reducing transportation barriers
- Sponsor/Vendor Feedback Survey: Kellie emailed a survey to previous CWD sponsor/vendors asking for their feedback on a possible change in format. Sponsors seemed to be willing to support a 2-day event concept, but the location of the 2nd day may be an issue as most want the 2nd county to be in their service area. Another concern expressed was if there would be one fee for the two events or their attendance at each one would require a separate fee.
 - Potential Locations/Venues for Full Day/Half Day Event: The Committee is reviewing potential locations and event spaces across the seven-county area. Two options that seemed the best fit may be the National Czech and Slovak Museum & Library and the Coralville Library. Karen is waiting for a response from Antioch Church in Marion to see if they have availability, too. Churches and libraries tend to be less expensive and the possibility of bringing food in to reduce catering costs can be an option.
 - The next Fundraising Committee meeting will take place on Monday, April 21, 2025 at 2:00 p.m. with a focus of continuing to move toward decision-making regarding two venue locations and event dates.

Board Members offered suggestions for catering and had questions about the event's program format that Karen responded to. She will bring those items back to the Committee.

Operations/Executive Director Report – Jennifer Knudtson, Fiscal Director on Behalf of Barb Werning, Executive Director

• Staffing

- There have been no changes to the Heritage staff roster.

• Program Update

- Kaylie Springer, our Americorp member and other University of Iowa students held a Prewise Planning Clinic Friday, April 4th, in the East Heritage conference room. The Clinic supported older adults to design a plan for disasters and emergencies using the Prewise curriculum. Kaylie will be presenting to the Board at our May meeting.
- Heritage staff (Kellie Elliott-Kapparos and a few other care team staff) met with the new ADRC Call Center and Technical Assistance provider (University of Iowa Centers for Disability and Development/Iowa Compass) last month. The objective of the meetings was to share Heritage's experiences as they work toward developing a state-wide system and how they train staff to perform I&A and Options Counseling services.
- Barb will be presenting the Area Plan to HHS Director Kelly Garcia on May 5th in Des Moines.
- Kirkwood has shared tentative specific plans regarding Heritage's move to another location.

- The i4a Day on the Hill on March 27th was successful. Heritage staff and Board members Keith Stamp and Larry Kudej visited with 8 of our 20 Representatives and Senators. Most were eager to hear about our nutrition program, need for funding, and testimonials from consumers written on paper plates and displayed at our table.

- **Other Updates Including DHS Integration and Federal Changes**

- Barb and the management team met with Director Zach Rhein on March 28th. The federal changes to the HHS structure were discussed, though little was known at that time. Updates are occurring almost daily and the Board will be kept informed.

Action Items and Assignments

- **Policy & Procedures Reviews – Kellie Elliott-Kapparos, Integrated Services Director**

- **1.) Response to Emergency or Disaster Plan Policy.**

The title of the policy changed to "Response to Emergency Plan" along with the following language:

"Heritage Area Agency on Aging will prepare, assess, respond and recover as quickly as possible to emergency situations that impact older adults, adults with disabilities and family caregivers in Benton, Cedar, Iowa, Johnson, Jones, Linn and Washington counties as required in §1321.97 (3) of Federal Register/Vol. 89, No. 31 Rules and Regulations of the Older Americans Act. Such situations can be, but not limited to: severe weather, winter storms, tornados, power outages, floods, terrorist attacks and/or pandemics.

Heritage Area Agency on Aging will quickly assess and respond to emergency or disaster situations that impact older adults in Benton, Cedar, Iowa, Johnson, Jones, Linn and Washington counties as required in [17]6.9(231) and 6.10(8)."

- **2.) Non-Discrimination Policy.**

Language of the policy changed to be stated as follows:

"The Heritage Area Agency on Aging does not discriminate based on age, color, creed, familial status, marital status, mental disability, national origin, physical disability, race, religion, sex, sexual orientation, or political affiliation in its employment practices or the provision of services except where it is a requirement of law."

Approval of Two Heritage AAA Policy & Procedures

Upon review, discussion and no further questions, Directors Barnhart and Montross moved and seconded to approve the presented changes to the "Response to Emergency Plan" policy. Motion carried, 13-0.

Upon review, discussion and no further questions, Directors Huber and Waller moved and seconded to approve the presented changes to the "Non-Discrimination Policy." Motion carried, 13-0.

- **FY26-29 Area Plan Review – Jill Sindt, Community Advancement Director**

- Heritage has compiled its FY26-29 Area Plan and is asking for Board review and approval before submitting it to the Iowa Department of Health and Human Services. This Plan is required to be in compliance with the Older Americans Act and Iowa Code. All AAA's must submit their plans to the State for approval. These are then combined into the State plan, which is given to the appropriate federal entities.

A detailed overview of the plan was presented which included the following topics: FY24 Area Plan process and timeline, community needs assessment, background and takeaways along with programs offered (information and assistance services, nutrition and health promotion services, services to promote independence and goals, objectives and strategies). Jill, Kellie and Jennifer also answered member's questions.

Approval of the FY26-29 Area Plan

Upon further discussion, Directors Olson and Huber moved and seconded to approve the Heritage AAA FY26-29 Area Plan as presented. Motion carried, 13-0.

• FY26 Budget Review – Jennifer Knudtson, Fiscal Director

- The FY26 (July 1, 2025-June 30, 2026) budget is included with the Area Plan being submitted to Iowa Department of HHS in April 2025. The budget presented, which has been reviewed with the Finance Committee, is subject to change due to potential funding and expense changes throughout the year. It is anticipated that minor programmatic changes will take place during the upcoming fiscal year, along with the possibility of instituting a wait list for some services.
- Ongoing changes at the federal level have brought uncertainty. Planning and projecting FY26 income and expenditures was completed using current knowledge and information from ADS along with other vendors.
- If contracts/grants awarded do not meet or exceed the need, the plan will be to utilize money market funds.
- Revenues, Expenditures and Operational Reserve amounts were then reviewed, along with FY25 and FY26 Budget comparisons.

Approval of the FY26 Budget

Upon discussion and no further questions, Directors Olson and Zirkelbach moved and seconded to approve the FY26 Budget. Motion carried, 13-0.

Open Agenda

- No open agenda items were brought to the Board’s attention.

Public Comment

- No public comments were brought to the Board’s attention.

Motion to Adjourn & Next Meeting

Directors Montross and Huber moved and seconded a motion to adjourn. Motion carried, 13-0. No further business, the meeting adjourned at 3:15 p.m.

Thursday, May 8, 2025, at 2:00 p.m. is the date and time of the next Heritage Board of Directors’ meeting.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Sister Susan O'Connor

Sister Susan O'Connor (May 13, 2025 12:05 CDT)

Sister Susan O'Connor, Vice-Chair for
Keith Stamp, Chair



Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, May 8, 2025 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Bruce Barnhart, Peggy Doerge, Dusti Winkie, Evans Waller, Karri Fisher, Chris Montross, Mandi Remington, David Thielen, Scott Olson, Sister Susan O'Connor and Jon Zirkelbach.

Also Present: Jennifer Knudtson, Kellie Elliott-Kapparos, Jill Sindt, Intern Kaylie Springer (AmeriCorps Member and University of Iowa Intern-Disaster Prepwise Program) and Denise Babcock-Assistant Secretary.

Mission Moment – Kellie Elliott-Kapparos – Integrated Services Director

- **Consumer's "Thank You" Note For Improved Family Communication**

- Kellie shared a consumer's note for Heritage services received. She called about her dad having an increasingly challenging time communicating over the phone, especially with family members, due to his hearing problems. Jennifer Walker, Information Assistance and Referral Specialist, provided the consumer feedback and options, then the family was able to purchase their father a specialized phone for Christmas. Since then, his ability to communicate has greatly improved, including being able to recognize scam callers. The consumer stated, "the improved connection is incredibly precious to us; Heritage's dedication is truly remarkable and appreciated."

Amended Agenda

- **Mission Moment Added** (See Above).

Approval of Amended Agenda

No further questions, Directors Doerge and Zirkelbach moved and seconded to approve today's amended agenda. Motion carried, 12-0.

Approval of Minutes of Board of Directors Meeting Held April 10, 2025

With prior review and no questions, Directors Barnhart and Olson moved and seconded to approve the Thursday, April 10, 2025 meeting minutes. Motion carried, 12-0.

REGULAR AGENDA

Finance Report

- **FY26 Heritage Employee Benefit Plan & Open Enrollment**

- Heritage is working with Maria Drees from Gallagher Benefit Service (acquired Acumen) regarding the FY26 Employee Benefit plan. Increases are 8% for Medical, 2% for Dental/Vision and 4% for Long-Term Disability. The plan will be presented at the monthly staff meeting on Wednesday, May 28. The

open enrollment period starts that same day and will continue through Friday, June 6, 2025. Maria will be present to answer any staff questions.

- **Form 990 Being Prepared for Distribution & Board Review**
 - Nonprofit organizations are required to file IRS Form 990 on an annual basis. Denman is preparing the document, based on our audit financial statements. After an internal Heritage review of the draft is complete, Board members will receive a copy to examine via e-mail. Board approval is not required, but any questions should be directed to Jennifer Knudtson before the filing deadline of Thursday, May 15.
- **Funding Update & Review of FY25 3rd Quarter Fiscal Dashboard**
 - A final Notice of Award Grant (NGA) has not been issued by the Federal department yet. When this transpires, ADS will receive notification of the funds first, then they will allocate funds to the AAA's.
 - Account balances, endowment balances, sub-provider spenddown and Heritage Encore Café site numbers were reviewed for the 3rd Quarter. A full copy of the Finance report, as of May 5, 2025, was included in the Board members' packet for review.

Approval of the Finance Report

Upon further discussion and no other questions, Directors Olson and Waller moved and seconded to approve the Finance report. Motion carried, 12-0.

Fundraising Committee Report – Kellie Elliott-Kapparos on Behalf of Chair, Karen Huber

- **2025 Caregiver Wellness Day (CWD)**
 - In an effort to reduce costs and reach more participants, the Fundraising Committee decided to hold a smaller CWD event in November 2025 and a half-day event in another county (rural), Spring 2026. Locations and venues are in the process of being finalized. Sponsor's feedback received regarding this adjusted format has been positive.
 - The Committee's next meeting will take place on Monday, May 19, 2025 at 2:00 p.m.

Disaster PrepWise Presentation – Kaylie Springer, Intern and AmeriCorps Volunteer

- **Iowa Adult Disaster Preparedness Program**
 - An "all hazards approach" to disaster preparedness has been developed by the University of Iowa, College of Public Health. A theory-based program, it is funded through grants and volunteerism with partners that include local non-profits and government agencies. Being prepared helps Iowan older adults, especially those most at risk, during times of disaster reduce 'negative health impacts, improve confidence in taking action, decrease emotional stress and trauma, stay independent and healthy along with collecting essential supplies."
 - A five-step process assists individuals with gathering critical information and supplies. The program takes one and one-half hours to complete, is done on a one-on-one basis with Consumers (from any location) and they receive a print-out and digital copy of actionable items. (Especially helpful if the Consumer has to relocate to a shelter during a disaster; they then have a digital copy which includes current medications which pharmacists can temporarily refill or help emergency personnel in the event medical attention is needed.)
 - While with Heritage, Kaylie has been able to hold PrepWise walk-in clinics, give presentations to Encore Café Consumers at different sites as well as be involved with in-home Care Team visits to discuss plans with those Consumers.

Operations/Executive Director Report – Jill Sindt On Behalf of Barb Werning

• **Staffing**

- There have been no changes to the Heritage staff roster.

• **Program Update**

- Iowa HHS Director, Kelly Garcia and ADS Division Director, Zach Rhein are currently undertaking a high-level overview of all Area Agencies on Aging 2026-2029 Area Plans for State approval. When completed, all Plans will be compiled into the ADS State Plan to submit to the Feds.

Action Items and Assignments

- Nothing to address at this time.

Open Agenda

- Nothing to address at this time.

Public Comment

- No comments were brought to the Board's attention.

Motion to Adjourn and Next Meeting

Directors Montross and Doerge moved and seconded a motion to adjourn. Motion carried, 12-0.

The next meeting will take place on Thursday, June 12, 2025 at 2:00 p.m., either in-person at the Heritage AAA building, Kirkwood campus location-Cedar Rapids or via zoom call.

With no further business, the meeting adjourned at 2:50 p.m.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Keith Stamp

Keith Stamp, Chair



Area Agency on Aging

Regular Meeting of the Heritage Board of Directors

Thursday, June 12, 2025 – 2:00 p.m.

Via Conference Call and Heritage Area Agency on Aging Location

MINUTES

Call to Order

Present: Keith Stamp, Bruce Barnhart, Peggy Doerge, Karri Fisher, Karen Huber, Sister Susan O'Connor, Mandi Remington, David Thielen, Sarah Wagner, Evans Waller, Dusti Winkie, Jon Zirkelbach and Larry Kudej (non-voting).

Also Present: Barb Werning, Jennifer Knudtson, Kellie Elliott-Kapparos, Jill Sindt and Denise Babcock-Assistant Secretary.

Mission Moment – Kellie Elliott-Kapparos, Integrated Services Director

- **Heritage Case Manager's Appreciation for Funding Needed Consumer Services**

Kellie read a thank you email from Elder Rights Specialist/Case Manager, Mandy Leemhuis. Mandy wanted to express her gratitude for Person Centered Funding Dollars and the impact they have on her clients' lives. She provided a specific example of how the Homemaking service (4 hours a month) will have on one individual's ability to remain in their home.

Approve or Amend Agenda

With prior review and no questions, Directors Barnhart and Huber moved and seconded to approve today's agenda. Motion carried, 12-0.

Approval of Minutes of Board of Directors Meeting Held Thursday, May 8, 2025

Upon prior review and with no questions, Directors Doerge and Wagner moved and seconded to approve the Thursday, May 8, 2025, meeting minutes. Motion carried, 12-0.

REGULAR AGENDA

Finance Report

Funding Update

- AAA's received Notice of Grant Award (NGA) from Aging and Disability Services (ADS) that reflects the Continuing Resolution (CR) passed at the federal level for funding through the remainder of the federal fiscal year – September 30, 2025.
- Per an e-mail from Zach Rhein (ADS Division Director), LifeLong Links (LLL) funding will increase by ~\$9,700 in SFY26 for each AAA.
- An increase of \$14,000 in MIPPA funding was received by all AAA's. A plan will be developed internally to spend as much of the funding as possible, keeping the funding guidelines in mind, prior to the August 31 cut-off.
- Overall the SFY25 NGA for Heritage was \$16,000 less than the SFY25 estimated funding provided in January 2025 for revised SFY25 budgets.

Subcontractor Funding Update

- Southeast Linn Community Center terminated their SFY25 contract with Heritage, effective May 15, 2025, and has elected not to enter into an agreement for SFY26.
- As the fiscal year closes, Heritage has received some requests from subcontractors for additional funding. Heritage evaluates additional funding requests as received.

Grant Update

- Grants received:
 - MOWA Share the Love grant of \$2,981.63
 - Greater Cedar Rapids Community Foundation (GCRCF) organization support grant of \$25,000.
 - United Fire Group (UFG) Foundation grant of \$5,000; supports Case Management.

Benefit Open Enrollment

- Benefit Open Enrollment process kicked off at the May 28 staff meeting and ended Friday, June 6, 2025, with all employees completing enrollment.

ADS/AAA Fiscal Meeting

- Monthly ADS/AAA fiscal meetings continue. ADS will be conducting fiscal monitoring for all AAA's. Heritage's on-site monitoring is scheduled for the last week of August. ADS will send an email on Monday outlining what will be required for the monitoring.

Approval of the Finance Report

Upon further discussion of reports and information presented along with no other questions, Directors Huber and O'Connor moved and seconded to approve the finance report. Motion carried, 12-0.

Fundraising Committee Report

- Caregivers Wellness Day (CWD) for 2025 will be held Thursday, November 6, 8:00 a.m. to 2:00 p.m., at the St. Andrews Presbyterian Church in Iowa City (Johnson County). Director Huber gave an overview of the event with activities focused upon celebrating and providing information and education to those who care for older adults in Heritage's seven-county area.
- "Save the Date" postcards along with Sponsor/Vendor letters are currently being prepared to distribute for this ½ day event.
- The Committee meets Monday, June 16 to finalize details related to the agenda and speakers.
- In Spring 2026, another CWD event is being planned which will be held in a different county and provide similar event offerings.

Operations/Executive Director Report

- **Staffing**
 - There have been no changes to the staff roster.
 - The Heritage office will be closed on Thursday, June 19 (Juneteenth) and Friday, July 4, 2025 (Independence Day), both federally recognized holidays.
- **Program Update**
 - Heritage has had a significant number of building issues and Kirkwood is examining deferred maintenance costs. A change to our relocation timeline is possible.
 - State-wide nutrition directors, including Tim Getty, are working to develop a standardized prioritization tool that all AAA's will use. This will enable services to individuals with the most adverse

circumstances to be prioritized. Some AAA's have wait lists for nutrition services and others, like Heritage, may soon need to start one.

- Attached for the Board's review is a copy of the 3A1 report, showing SFY2025 Projected, Actual and Percent Completed service deliveries. Note that Heritage has achieved nearly all service projections.

- **Other Updates Including DHHS Integration and Federal Changes**

- A map displaying the seven recently formed Iowa HHS Disability Access Points (DAP) locations taking effect July 1, has been included with the Board of Directors meeting packet for review. Barb has met with CEOs of both DAPs covering portions of Heritage's service area (District 6 and 7) to plan collaborative outreach efforts for the coming year, as well as discuss possible co-location.
- Currently, significant changes are not expected to Heritage's service delivery due to the Iowa service redesign. Changes to the way calls for Information and Assistance are received may take place but Heritage will continue to provide the same services to the aging community. A significant amount of planning for July 1 implementation of aging-adjacent services (ADRC-Aging and Disability Resources Center) is still in development. The Medicaid redesign has been paused for at least another year.
- The full status/content of the federal FY26 budget is still unknown. However, there is a possibility that OAA services will remain intact and move, as a whole, to the newly formed Administration for Children, Families and Communities. Some of Heritage's funding (including Health Promotion) may remain at the previous level.

Action Items and Assignments

- Several Board Member's terms will expire in August. Sister Susan O'Connor has stated that she would like to be reappointed, however, BJ Dvorak has decided to end his Board participation. There are also two Member-At-Large openings available. If you know of potential candidates, please inform Barb.

Open Agenda

- Larry Kudej mentioned AARP would like to be a participating Sponsor/Vendor during the upcoming 2025 Caregiver Wellness Day event. He will forward the Director's contact information to Barb and Karen.

Public Comment

- No comments were brought to the Board's attention.

Next Meeting

The Heritage Board of Directors' next meeting is scheduled for Thursday, July 10, 2025, from 2:00-3:30 p.m. to take place via zoom conference call or on-site at the Heritage AAA East Building Conference room, 6301 Kirkwood Blvd. SW, Cedar Rapids, IA.

Motion to Adjourn

Directors Huber and Doerge moved and seconded a motion to adjourn. Motion carried, 12-0.

No further business, the meeting was adjourned at 2:55 p.m.

Respectfully submitted by:

Denise Babcock

Denise Babcock, Assistant Secretary

Approval by Board:

Keith Stamp
Keith Stamp, Chair