

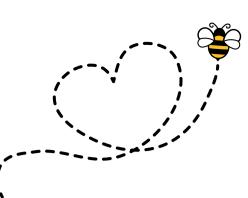


Monday	Tuesday St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	<b>Wednesday</b> Lowe Park 4500 N 10th St Marion	Thursday Lowe Park 4500 N 10th St Marion	Friday Marion Library 1101 6th Ave Marion
All meals include milk, OJ, iced tea, coffee, and salad bar.				Creamy Chicken & Biscuit Beef & Noodles Fresh Cut Fruit Marin. Tomato Salad
4	5 Hot Beef Sandwich Hot Turkey Sandwich Mashed Pot./Gravy Green Beans	6 Sloppy Joe Pulled Chx Sandwich Party Potatoes Mand. Oranges Root Beer Floats	<b>7</b> Beef Burrito Soft Chx Taco Spanish Rice Toppings Fajita Vegetables	8 Baked Ham Salisbury Steak Augratin Potatoes Roasted Zucchini
11	12 Fried Fish Meatloaf Mac. & Cheese Pea Salad B-Day Brownie	Baked Fish Swiss Steak Baked Potato Cole Slaw B-Day Brownie	Baked Chicken Beef Brisket Mashed Pot/Gravy Cole Slaw Creamsicle Bar	Roast Pork Loin & Gravy Baked Fish Wild Rice Candied Carrots
18	19 Baked Potato Bar Chili/Diced Ham Cheese Sauce Steamed Broccoli Butter/Sour Cream	20 Chx. Caesar Wrap Ham & Chz. Cross. Fresh Cut Fruit Macaroni Salad	21 Lemon Pepper Fish Creamy Chx Breast Wild Rice Beet Salad	<b>22</b> Lemon Pepper
25	<b>26</b> Beef & Noodles Turkey Tetrazzini Three Bean Salad Ambrosia Salad	27 Br'ded Tenderloin Salisbury Steak Mac. & Cheese Grilled Veggies	28 Orange Chicken Asian Beef White Rice Stir-Fry Veggies Spring Roll	29 Chx. Parmesan Fett. Alfredo Caulif w/ Cheese Breadstick B-Day Brownie

Please make reservations by 1:00 pm the day before dining by calling **319-398-2585**. Meals served 11:30 am – 12:30 pm. Menu subject to change. See back side for events!







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4	5	National Root Beer	7	8
11	12 Birthday Celebration	13 Birthday Celebration	<b>14</b> National  Creamsicle Day	15 Facts & Fiction: Reverse Mortgages
18	Facts & Fiction: Reverse Mortgages Pet Food Distribution National Potato Day	<b>20</b> National  Lemonade Day	21 Facts & Fiction: Reverse Mortgages Pet Food Distribution	Music by Mira Gibbons
25	26	27	28	29 Birthday Celebration

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