

Advisory Council
Heritage Area Agency on Aging
July 22, 2021
Held Via Zoom Conference Call

Present: Ed Dunbar, Shari Slaton, Kay Fisk, Art Staed, Don Kline, Lisa Tallman, Chris Shimon, Dora Lorenc, & Lindsay Glynn

Staff Present: Eugenia Kendall & Sjonna Brunt

Welcome and Introductions: Eugenia Kendall called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: The agenda was unanimously approved as presented.

Consideration of minutes of March 25, 2021- The minutes were approved unanimously as submitted.

Orientation & Training

- Eugenia reviewed the annual training PowerPoint presentation with the Advisory Council.
 - The Conflict of Interest date in which the conflict of interest policy date of corporation is April 12, 2018.

Follow-up

- Each Advisory Council member will return the following documents to Heritage either via email or regular mail: Conflict of Interest and Self-Declaration

County Task Force Update:

- **Johnson County:** Aging Services is accredited by the Commission on Accreditation of Rehabilitation Facilities, which promotes advancing services. Through this process, it can be recommended that Aging Services be non-accredited, receive a 1-year accreditation or a 3-year accreditation. The results of the survey will go back to the accrediting body and will be shared with us in a few weeks.
Thanks to Eugenia for all of the hard work that she has done for the community and Heritage.
- **Washington County:** - Don Kline shared that the Encore Café has started in Washington County. At this time, it is a voucher program at Hy-Vee.

Next Meeting August 26, 2021

Meeting was adjourned at 3:30 pm

Advisory Council
Heritage Area Agency on Aging
August 26, 2021
Held Via Zoom Conference Call

Present: Lindsay Glynn, Shari Slaton, Nancy Good, Don Kline, Art Staed, Kay Fisk
(1:30)

Staff Present: Kellie Elliott-Kapparos, Harrison March & Sjonna Brunt

Welcome and Introductions: Kellie Elliott-Kapparos called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: No Quorum

Consideration of minutes of July 22, 2021- No Quorum

Task Force and Advisory Council Timelines

- This is an annual appointment is for July 1-June 30th. Only one seat is appointed and that is the Elected Official. Art Staed has agreed to stay on as the elected official for FY22.

Chair and Vice Chair Duties

- The Chair and Vice Chair will need to be elected next year. The Chair will also be a board member representing the Advisory Council.
- Board meetings are 100% virtual for the time being. In the future when the Board does meet in person it is the plan to have an option to attend virtually.
- Board meets once a month the 2nd Tuesday of the month from 2-3:30.
- Board of Directors has to approve every Task Force and Advisory Council members. This list of names will need to be submitted by May next year.

Meeting Frequency-Tabled due to lack of quorum

County Task Force Update:

- **Linn County-**New member recruitment was discussed. They talked about establishing a Senior Center group. The group also talked about how to promote transportation for seniors and adults with disabilities that are home bound.
- **Jones County-**is a small group that are wanting to expand their membership as they only have 2 members. They continue to talk about growing their group.
- **Johnson County-**Elections were done and recruitment was discussed. The group discussed the OIL (Older Iowans Legislature) Legislative priorities. OIL is a “friend” to Heritage. Heritage can advocate for OIL but they cannot lobby for this.
- **Benton County-**The group met in person on August 18th (5 members). They were provided pamphlets to pass around to various different places.
- **Washington County-**Don Kline and Harrison met in person with 2 other people who met via zoom. The group is working on the promotion of the Encore Café Express. They handed out about 50 Encore food certificates

in July. The group is working on getting the word out about Heritage and their services to various different churches and other organizations.

Open Agenda

Lindsay reported on Aging Services Adult Day which is stable at this time. Aging Services is in the process of applying for a grant that will work on obstacles' s in transportation in Johnson County.

Shari Slaton mentioned that there is a fundraiser tonight sponsored by Prairie Hills for Alzheimer's

Next Meeting September 23, 2021

Meeting was adjourned at 3:16 pm

Advisory Council
Heritage Area Agency on Aging
September 29, 2021
Held Via Zoom Conference Call

Present: Judi Hertle, Shirley Geadelmann, Shari Slaton, Dora Lorenc, Chris Shimon, Art Staed, Jill Sindt , Harrison March & Sjonna Brunt

Welcome and Introductions: Jill Sindt called the meeting to order at 9:38 a.m. and roll call was taken.

Acceptance of Agenda: Shirley motioned to approve the agenda and Chris seconded the motion. The minutes were approved unanimously.

Consideration of minutes of July 22, 2021- Don Kline motioned to approve the minutes and Shari seconded the motion. The minutes were approved unanimously.

Consideration of minutes of August 26, 2021- Dora motioned to approve the minutes and Art seconded the motion. The minutes were approved unanimously.

Election of Fiscal Year 2022 Officers

- Motion from the floor to nominate Shirley Geadelmann as Chair for FY22 Advisory Council. Judi called for a vote and Art seconded. Shirley was unanimously elected as FY22 Advisory Council Chair.
- Motion from the floor to nominate Chris Shimon as Vice Chair for FY22 Advisory Council. Dora called for a vote and Art seconded. Chris was unanimously elected as FY22 Advisory Council Vice Chair.

Frequency Meeting

- The Advisory Council talked about options on how often to hold the meetings. It was finally decided on meeting monthly for the time being and will look at the needs to meet as the year goes on.
- Heritage will get a copy of the upcoming dates for the group to meet in person.

FY21 Year-end Data highlights-Tabled

County Task Force Update:

- **Linn County-** The committee continued to talk about the importance of a senior center in Cedar Rapids.
- **Jones County-**No Report
- **Johnson County-**No Report
- **Benton County-**No Report
- **Washington County-**Don Kline mentioned that the Encore Express continues to do well. Heritage is holding a Power of Attorney seminar for 20 people in Washington County. You must sign up in order to attend.
- **Cedar County** The group met and talked about their fill their plate fundraiser that will be held in November. Details are still being developed.

Next Meeting October 28, 2021

Meeting was adjourned at 10:02 am

Advisory Council
Heritage Area Agency on Aging
October 28, 2021
Held Via Zoom Conference Call

Present: Shirley Geadelmann, Shari Slaton, Chris Shimon, Kay Fisk, Art Staed, Don Kline, Jill Sindt, Harrison March, Jenn Knudtson & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: Agenda amended to include Linn County under the County Task Force updates.

Consideration of minutes of September 29, 2021- No quorum.

FY21 Year-end data highlights

- Kellie reviewed the year end data (attachment included). Heritage Advisory Council will look at this quarterly and will compare our actual numbers to our projected numbers.

Frequency Meeting

- The Advisory Council talked about options on how often to hold the meetings. It was finally decided on meeting monthly for the time being and will look at the needs to meet as the year goes on.
- Heritage will get a copy of the upcoming dates for the group to meet in person.

County Task Force Update:

- **Linn County-** The task force wanted to remind everyone that there is a senior center meeting prior to the task force meeting.
- **Jones County-**The task force is still working to recruit more members for the task force. This continues to be a challenge.
- **Johnson County-**The task force is planning the annual legislature forum where they invite legislature members of Johnson County to discuss Older Iowans Legislature agenda. The event is being held virtually on December 13th and will be moderated by Larry Kudej.
- **Benton County-**The task force was busy over the summer and fall attending outreach and resource events in the community. They will be wrapping this up in the upcoming months.
- **Washington County-**The task force is looking at ways to grow the group.
- **Cedar County** The task force is working on a food drive on November 20th at the Tipton Family Foods. This is their annual Fill The Plate Campaign.

Next Meeting December 2, 2021

Meeting was adjourned at 2:00 p.m.

Advisory Council
Heritage Area Agency on Aging
December 2, 2021
Held Via Zoom Conference Call

Present: Shirley Geadelmann, Don Kline, Art Staed, Kay Fisk, Shari Slaton, Ed Dunbar, Nancy Good, Judi Hertle, Harrison March, Laura Kriegermeier, Kellie Elliott-Kapparos, & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:00 p.m. and roll call was taken.

Acceptance of Agenda: Kay motioned to approve the agenda and Ed seconded the motion. The agenda was approved unanimously.

Consideration of minutes of September 29, 2021- Ed motioned to approve the minutes and Art seconded the motion. The minutes was approved unanimously.

Consideration of minutes of October 28, 2021- Ed motioned to approve the minutes and Shari seconded the motion. The minutes was approved unanimously.

Elder Rights Program with Laura Kreigermeier- Laura shared details on her roll within Heritage as an Elder Rights Coordinator. All elder abuse referrals go through her for her to assess and refer to an Elder Rights Specialist. One qualification for an elder abuse referral is the individual must be at least 60 years of age. Heritage has 3 different funding streams, Older Americans Act, VOCA grant (Victims of Crime Act) and Greater of Cedar Rapids Foundation Healthy Homes grant to support safe living free pests in particular bed bugs and roaches. Recently, Laura has seen an increase on hoarding referrals. Laura will receive the referral and then do a consultation over the phone which determines how to proceed from there. Depending on the circumstances Laura will refer it to either Drew or Angie. Many times the specialists look for ways to get their foot into the door prior to showing up.

Success story: Heritage served a consumer in Benton County whose son was living with her and was abusive. Once the referral was received services were set up for the consumer and the son was removed. The consumer is now doing great.

Another success story was a situation where an individual found themselves in a domestic violence situation. Our Elder Rights Specialist was able to work with a Domestic Violence agency to get the person out of the situation and moved to another state and close to family.

Some consumers decline our services as they are voluntary services. It important that we make sure that the individual(s) we talk to are aware that Heritage staff are mandatory reporters and that we may have to make a report circumstances to DHS. When talking to a consumer, Laura will ask safety questions such as pets, people living there, weapons and etc. In some situations, Heritage will have law enforcement and a domestic violence liaison come with the care team member come with them. If at any time if the care team member is uncomfortable they are encouraged to leave.

What is the cooperation from law enforcement? In Heritage's opinion there are not enough referrals by law enforcement. The District Attorneys do not make any referrals. Most of the items that come through Heritage are unfounded by DHS and even fewer make it to a prosecuting situation.

MDT(Multiple Disciplinary Team) Meetings-2 in Linn and Johnson County with DHS, Elder Rights team, Legal Aid, Assistant account attorney, nurses, social workers, police, fire department, and etc. attend this meetings. During these meetings brainstorming is done on cases and in some cases help has been provided in addition to feedback. There was one in the rural county however due to lack of participation they ended. Shirley talked about helping Heritage getting the rural one going again.

County Task Force Update:

- **Linn County-** The task force continues with member recruitment.
- **Jones County-**Harrison reported that Lisa Tallman is busy helping open a dining location in Monticello.
- **Johnson County-**The task force is planning the annual legislature forum where they invite legislature members of Johnson County to discuss Older Iowans Legislature agenda.
- **Benton County-**The task force attended the Veterans Stand down event and handed out fliers and information in regards to Heritage.
- **Washington County-**The task force is looking at ways to grow the group. Encore in Washington County continues to thrive. As of date they have served 39 unique people.
- **Cedar County** The task force is work on a food derive on November 20th at the Tipton Family Foods. This was another successful event. A total amount raised will be presented at the January meeting.

Open Agenda:

Harrison will be distributing to all of the task forces fliers for county Caregiving events. Heritage will be having a county specific zoom caregiving event. The second session will be in person in the spring. The hope is to raise the awareness of caregiving in each of the seven counties. If the task forces would help pass them out.

Next Meeting January 27, 2022

Meeting was adjourned at 2:00 p.m.

Advisory Council
Heritage Area Agency on Aging
January 27, 2022
Held Via Zoom Conference Call

Present: Shirley Geadelmann, Don Kline, Nancy Good, Shari Slaton, Lindsay Glynn, Lynne Cannon, Judi Hertle, Dora Lorenc, Harrison March, Kellie Elliott-Kapparos, & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: Don Kline motioned to approve the agenda and Lindsay Glynn seconded the motion. The agenda was approved unanimously.

Consideration of minutes of December 2, 2021- Don motioned to approve the minutes and Dora Lorenc seconded the motion. The minutes were approved unanimously.

Nutrition Overview- Kellie provided an update on Heritage's Nutrition Program.

- Almost all rural nutrition providers are open to offer congregate and home delivered meals. The Monticello reopening has been delayed due to site and staffing issues. Cedar Rapids and Iowa City sites have not reopened at this time for congregate due to COVID numbers.
- Encore Café-Lowe Park is set to open on February 16th and St Marks is set to open in March of 2022. Marion Library is hoping to open up in the Spring of 2022. The time frame of this open is dependent on the construction of the new library that was destroyed in the Derecho on December 2020. While the congregate sites have been closed Heritage has worked with Hy-Vee to offer meal vouchers and supplemental food distributions. Heritage plans to enhance the nutrition education and menu options as the sites reopen.
- Encore Express which developed from Encore Café and is offered through the Washington, Iowa Hy-Vee and 1st Avenue (Cedar Rapids) Hy-Vee. The program offers 12 Hy-Vee meal vouchers a month that are good for hot or meal time meals. The areas that Heritage is targeting are the following areas in Cedar Rapids: Wellington Heights, Moundview, Oakhill Jackson as well as Washington, Iowa. Nutrition Education is being offered during this distribution.
- Heritage is working to open a congregate meal site in Washington, Iowa at the Immanuel Lutheran Church.
- Heritage has hired a new staff member that is a part of the Nutrition team: Lauren Geistkemper
- Encore Essentials is planning to launch in Spring/Summer of 2022. This program focuses on collaboration with HACAP. The HACAP mobile food pantry "truck" goes to many rural communities to provide supplemental food for those in need. Heritage will partner by offering a dietician to be on the "truck" to answer questions and assist people in making healthy choices that work within their limited food resources. Additionally, the truck will have meals that older adults can picnic together and enjoy some fellowship.
- All providers are having issues with supply chain availability and cost of supplies.
- Nutrition Counseling has served over 25 units Year to date in FY22.
- The Encore program was named as one of five most innovative programs in the Nation by the ACL (Administration for Community Living).
- Tails is a pet program that provides pet food and vet assistance to at-risk older adults. Year to date Heritage been able to serve 75 consumers and over 125 pets.

- Heritage is planning to debut a Nutrition Education newsletter this month(January).

Staff Report

- Heritage is working on the Area Plan and partnering agencies are starting the RFP (request for proposal) renewal process. These are program proposal updates that are due by noon of February 7th.
- On February 24th Jill will present to the Advisory Council the status of the Area Plan update.
- Heritage hired Mandy Leehmius as an Elder Rights/Case Manager and Shannon Youmans as an Options Counselor.
- 2 Heritage open positions: Program Assistant and Encore Coordinator
- Becky Briggs, Encore Coordinator resigned effective February 4th.
- Laura Kriegermeier, Elder Rights Coordinator had her baby girl on Saturday.

County Task Force Update:

- **Linn County-** Committee talked about Encore Express and where to promote the program. Conversation continues about how to recruit new members.
- **Jones County-**The committee continues to work with Keith Stamp, Heritage Board Treasurer, to grow their membership and contacting their local ministerial groups.
- **Johnson County-**December 14th the task force held their annual legislative forum. They invite legislative members from Johnson County to discuss Older Iowans Legislature agenda. They focused on the legislative priorities and how to advocate for older adults.
- **Benton County-**No meeting
- **Washington County-**The task force talked about Encore in Washington County where they have served 39 unique people. While the COVID numbers are still high the committee is still looking for ways to keep the aging community active.
- **Cedar County** Shirley Geadelmann posted a letter to the editor in the Cedar County paper in regards to the Caregiver Webinars. Task force did not meet.

Open Agenda:

The Advisory Council discussed what topic they would like to hear about next month and decided that caregiving would be a good topic.

Next Meeting February 24, 2022

Meeting was adjourned at 2:00 p.m.

Advisory Council
Heritage Area Agency on Aging
February 24, 2022
Held Via Zoom Conference Call

Present: Shirley Geadelmann, Don Kline, Kay Fisk, Shari Slaton, Lynne Cannon, Judi Hertle, Dora Lorenc, Harrison March, Kellie Elliott-Kapparos, Madalyn Klobassa & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:04 p.m. and roll call was taken.

Acceptance of Agenda: The agenda was approved as presented

Consideration of minutes of January 27, 2022- Kay Fisk motioned to approve the minutes and Dora Lorenc seconded the motion. The minutes were approved unanimously.

Family Caregiver Overview- Madalyn Klobassa provided an update on Heritage's Family Caregiver Program.

- The following services are a part of the Caregiver program: Caregiver Information and Assistance, Caregiver Options Counseling, Caregiver Counseling, Caregiver Case Management and Powerful Tools for Caregivers.
- Madalyn is a Caregiving Information and Assistance Specialist and an Options Counselor.
- When a person calls Heritage to speak with an Information and Assistance Specialist they will be asked if they are calling for themselves or for someone they are caregiving for. During this call, Madalyn will gather details on the caregiver's needs, share information and resources with the caller and if they need further information or want a face-to face meeting, a referral will be made to the Options Counseling program.
- Once a referral is made to Family Caregiving Options Counseling, the counselor makes the initial call within 2 business days to confirm they have the correct information and gathers addition information as needed. As a part of this call the counselor will set up a face-to-face meeting either at the individuals' home or a public place of their choosing.
- During the face-to-face meetings the counselor will assist in fill out applications that may need filling out such as: food assistance, Medicaid form, rental assistance and etc. The counselor helps problem solve issues the individual is having, develops a care plan and then will follow-up with them as needed. This program is a short term program and can last up to 90 days. If more assistance is needed they will refer it onto Caregiving Case Management.
- Caregiver Counseling is an emotional support program. Heritage staff are not certified counselors but they can provide emotional support to the caregiver and gives the caregiver a sounding board for issues they may have when it comes to caregiving for their loved one.
- Family Caregiver Case Management is provided to the caregiver if the Options Counselor and Caregiver feel that the topics discussed in the meeting cannot be resolved in the 90-day timeframe. Caregiver Case Management is a long-term service and requires more face-to-face meetings and frequent follow-ups.
- Powerful Tools for Caregivers is a 6 week course held once a week for 90 minutes. The program is designed to help caregivers take better care of themselves while taking care of a friend or relative. Some of the topics covered are self-care, communication techniques, stress relief, setting goals, and making action plans. The class is offered 4

time per year. Next class starts April 19, 2022 and is held every Tuesday from 11:30-1:00, for 6 weeks.

- The Advisory Council suggested posting something in the news in regards to the Caregiver program. Harrison will look at a way to get the information out and Kellie suggested in using the in person County Caregiver sessions as a way to get the word out about the program as well as the sessions.
- Don Kline suggested getting a one-page flier to the Advisory Council that lists facts about the program. The Advisory Council can use this flier to post around their community. Harrison will work on this flier and get it out to the Advisory Council members.

Area Plan

- Kellie review the Area Plan FY23 update presentation to the Advisory Council. This is an opportunity for the Advisory Council to review the Area Plan update and offer their thoughts and suggestions. As a part of the review Kellie shared the process for updating the Area Plan, the progress to date on the strategies, the proposed FY2023 strategies and the performance measure outcomes.

Staff Report

- Heritage continues to work on the Area Plan and partnering agencies are starting the RFP (request for proposal) renewal process.
- Heritage has identified the program assistant person that will start in March.
- Heritage is working to assist the Geneva Tower residents that were displaced due to the fire in the building early Sunday morning.
- Encore Café in Lowe Park opened up on a limited basis.

County Task Force Update:

- **Linn County-** Continue to look for ways to increase their membership and do outreach work.
- **Jones County-**The committee is working with the ministerial association to engage the communities of faith. They are doing media outreach in regards to the Monticello dining site as they are needing a Director to get the dining site up and going.
- **Johnson County-**The committee is working to advocate on a state bill in the House Senate File 522. This bill refers to Elder abuse legislation in Iowa. This bill if passed will strengthen the resources law enforcement would have to go after those committing the crime as well as the penalties people would face if convicted.
- **Benton County-**No meeting due to schedule conflicts. Will meet in March in Vinton.
- **Washington County-**Continues to look for ways to grow their committee.
- **Cedar County** The committee has created a small community phone tree to keep older adults in the loop about what is going on in the community and to checking with one another and get referrals to people that may need assistance.

Next Meeting March 24, 2022

Meeting was adjourned at 2:18 p.m.

Advisory Council
Heritage Area Agency on Aging
March 24, 2022
Held Via Zoom Conference Call

Present: Shirley Geadelmann, Don Kline, Shari Slaton, Nancy Good, Lindsay Glynn, Dora Lorenc, Jill Sindt, Kellie Elliott-Kapparos & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:06 p.m. and roll call was taken.

Acceptance of Agenda: Lindsay Glynn motioned to approve the minutes and Shari Slaton seconded the motion. The minutes were approved unanimously.

Consideration of minutes of February 24, 2022- Lindsay Glynn motioned to approve the minutes and Don Kline seconded the motion. The minutes were approved unanimously.

FY23 Area Plan Update- Jill reviewed the final information of the FY23 Area Plan Update with the Advisory Council. Lindsay Glynn motioned to approve the FY23 Area Plan Update and Don Kline seconded the motion. The FY23 Area Plan Update was approved unanimously.

Staff Report

- Harrison March and his wife welcomed a baby girl this week.
- Laura Kriegermeier will be returning from maternity leave on April 4th.
- Denise Babcock, Program Assistant joined Heritage on March 21st. Denise will be spending her time split between Nutrition and Wellness and the Care team.
- Heritage is working on finalizing the in person Caregiver seminars being held in June.
- The Heritage Board approved the Area Plan.
- Heritage is planning it reopen the office by appointment only starting April 4th.
- St Marks Encore is opening the week of March 28th.

County Task Force Update:

- **Linn County-** no update
- **Jones County-**no update
- **Johnson County-**no update
- **Benton County-**no update
- **Washington County-**no update
- **Cedar County** –no update

Next Meeting April 28, 2022

Meeting was adjourned at 2:30 p.m.

Advisory Council
Heritage Area Agency on Aging
April 28, 2022
Held Via Zoom Conference Call

Present: Shari Slaton, Shirley Geadelmann, Lindsay Glynn, Lisa Tallman, Dora Lorenc, Kay Fisk, Lynne Cannon, Harrison March, Jill Sindt, Bryan Bruner & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: Don Kline motioned to approve the agenda and Lindsay Glynn seconded the motion. The minutes were approved unanimously.

Consideration of minutes of March 24, 2022- Kay Fisk motioned to approve the minutes and Don Kline seconded the motion. The minutes were approved unanimously.

Wellness Program-Bryan Bruner- Bryan presented to the Advisory Council details on his position and some of the programs that he works with; Tai Chi, Walk with Ease, Powerful Tools for Caregivers and Falls. Bryan has the following classes scheduled: Every Monday @ 9:30 am Tai Chi at Lowe Park (ends May 16th), every Tuesday @ 11:30-1:00 Powerful Tools for Caregivers (Virtual ends May 24th) and every Thursday at 10:00 am Tai Chi at the Vinton Public Library (ended April 28th). Future events include: Every Monday @ 9:30 am at Lowe Park starting September 13-Tai Chi, Tai Chi two classes at Keystone (Cedar Rapids), Powerful Tools for Caregivers-Virtual starting July 19th. Tentatively planned is Tai Chi at 5 Season and Hilltop.

Staff Report

- During the April Board meeting, Denman presented the Financial Audit. There were no issues to report and the board approved the financial audit.
- Melissa Wahl, Horizons Tim Getty and Jill met in regards to Horizons opening to the public for congregate meals. The Brownstone is opening on May 4th and the Iowa City Elderberry Café is opening after July 1st. Horizons has plans to open up another location. Details will be released at a later date.
- St Marks Encore Café is open to the public and continues to serve on average 20 people.
- Lowe Park Encore Café is open to the public and continues to serve on average 40-60 people.
- The Encore position is still open. There was a need to pull the original post in order to revise the position requirements. Heritage will be reposting the position soon.
- The Area Plan was submitted to IDA and Heritage is awaiting information from IDA.
- The Caregiver Seminar locations, dates and times were finalized and the invitations are being developed and will be sent out soon.

County Task Force Update:

- **Linn County-** Linn County met and talked about ways they can grow their membership. Additionally, the task force is looking to reestablish the committee doing an event for Older Americans month in FY23. They are also looking at ways to get out into the community and visiting various different nursing and senior homes. Finally, the committee is considering being a part of the Noelridge Park Farmers Market and doing outreach.

- **Jones County**-Harrison provided Lisa Tallman names of potential contacts to reach out to in order to grow the Jones County Task Force. Lisa is looking for ways to add programming option at the Senior Center such as a speaker on Long Term Care Options, Information on Power of Attorney's and etc.
- **Johnson County**-Johnson County is looking at how to grow their membership in FY23. They are working on a strategic plan that involved reviewing other groups that meet in regards to older adults and how the task force can combine forces.
- **Benton County**-Benton County is in the process of scheduling summer outreach events. These events will serve to help get the word out to the community about Heritage.
- **Washington County**-Washington County is aware that Heritage is planning on opening the Washington County Encore Café. Once the site has been cleared by the health inspector then Heritage will be able to open it to the public.
- **Cedar County** –Cedar County talked about outreach events in their community and possible locations to promote volunteering opportunities.
- **Iowa County**-While Heritage does not have an active Iowa County task force, Harrison has made connections with various different volunteer groups in Iowa County. These groups are serving as resource groups. Heritage and HACAP is working on providing a mobile food pantry in Iowa County.

Open Agenda: Congratulations to Shirley Geadelmann on receiving the Clarence Main Street Leadership award.

Next Meeting May 26, 2022

Meeting was adjourned at 2:00 p.m.

Advisory Council
Heritage Area Agency on Aging
May 26, 2022
Held Via Zoom Conference Call

Present: Shari Slaton, Shirley Geadelmann, Lindsay Glynn, Art Staed, Kay Fisk, Lynne Cannon, Don Kline, Harrison March, Jill Sindt, Ann Neville & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: Lynne Cannon motioned to approve the agenda and Art Staed seconded the motion. The minutes were approved unanimously.

Consideration of minutes of April 28, 2022- Lindsay Glynn motioned to approve the minutes and Don Kline seconded the motion. The minutes were approved unanimously.

Case Management-Ann Neville- Ann spoke to the Advisory Council about the Case Management program. Ann has 35 consumers in Case Management and 5 consumers in Caregiver Case Management. Mandy Leemhuis is the other Case Manager. In order for a person to be admitted to the Case Management program they must first speak with our I & A team. From there the I & A team will assign the consumer to an Options Counselor or a Family Caregiver Options Counselor. The OC and FCOC are short term programs (90 days or less). If further assistance is needed for the consumer, they are then admitted to the Caregiver or regular Case Management. Ann works with the consumer to find their social history and does an assessment to find the needs that they may have and how she can assist them with their needs. Ann will reach out to the individuals on a monthly basis however, IDA only requires a touch base every 3 months. Case Management consumers must be 65 and on the Elderly Waiver. Currently there is a big needs gap for people between the age of 60-65. Person Centered funding is a big piece of Heritage's Case Management program. Examples of person centered funding some consumers receive are: supplying Lifeline services, homemaker services, lift chairs, beds, food and basic supplies. One of the trends Ann has encountered is hoarding. Mental health issues have increased over the years. There does not seem to be enough services to help with the mental health issues. There seems to be more chronic health issues with individuals that are between 60-65 years of age.

Staff Report

- IRTC (Iowa Return to Community program) starts on July 1st. The Medicaid diversion program that works with people that are recently released from the hospital for 90 days. Position is posted for this and it is preferred that the candidate is an RN.
- All congregate sites have officially reopened.
- Elder Justice Grant - Pilot project with DHS in all but Cedar County will be working to create a family team decision making model. This is a tool/strategy for older adults that are transitioning off DHS Elder Abuse Care. Heritage will be hiring someone for this position. Heritage is hoping to have a better relationship between AAA's and DHS. The first in-person meeting with IDA is tomorrow to work on manuals and etc.

County Task Force Update:

- **Linn County-** The group is talking about outreach efforts for this summer. They are looking at getting information in the Life Enrichment Center. The intent is to distribute information to older adults. Kay Fisk is the Chair of the Life Enrichment Center. The Life Enrichment Center received some ARPA funds to help pay for

the space in the mall but they will need to look for other grants to fund the center. They will need to hire someone part-time to help with the administrative piece of the Life Enrichment Center.

- **Jones County**- The group is putting together a resource sheet in regards to long term care payment options and the basic information on it. They plan to share it in the community as appropriate.
- **Johnson County**-The group has been working to merge with other programs that have the same agenda of supporting the older adults. Looking at what the two groups can accomplish as one group so they can put some action plans together.
- **Benton County**-The group is connecting with rural access hubs and learning more about resources available for mental health issues. They plan on applying this to the outreach events that they are doing this summer.
- **Washington County**-The congregate meal site opens up on June 9th. Harrison will be going to the Farmers Market in Washington a few times as well as Ridiculous Days. Harrison did an interview on the radio about Heritage services in Washington County.
- **Cedar County** –The group is busy promoting the Caregiver seminar.
- **Iowa County**-No Active Task Force

Open Agenda: Brownstone has opened up and has more people attending every day. The lunchbox fundraiser is returning to Horizons. There is another fundraiser that Horizons is planning called Heels for Meals. Details yet to come.

Next Meeting June 23, 2022

Meeting was adjourned at 2:00 p.m.

Advisory Council
Heritage Area Agency on Aging
June 23, 2022
Held Via Zoom Conference Call

Present: Lynne Cannon, Don Kline, Shirley Geadelmann, Shari Slaton, Kay Fisk, Art Staed, Judi Hertle, Lindsay Glynn, Nancy Good, Kellie Elliott-Kapparos, Paul Swanson, Harrison March & Sjonna Brunt

Welcome and Introductions: Shirley Geadelmann called the meeting to order at 1:07 p.m. and roll call was taken.

Acceptance of Agenda: Judi Hertle motioned to approve the agenda and Lynne Cannon seconded the motion. The minutes were approved unanimously.

Consideration of minutes of May 26, 2022- Don Kline motioned to approve the minutes and Lynne Cannon seconded the motion. The minutes were approved unanimously.

Older Workers Program-Paul Swanson- Paul spoke to the Advisory Council about the Older Workers program. This program is funded by Vocational Rehabilitation and is renewed until 2025. All referrals must apply for service through Voc. Rehab and be 55+ years of age prior to being eligible for the Older Workers program. The purpose of this program is to help individuals over 55 years of age find employment. Once they have been approved, Paul works with the individual to accomplish the goals set by Voc. Rehab and the consumer. When the consumer has established employment for over 90 days they are considered as stabilized in their employment. There are some individuals Paul has worked with for over the 90-day employment stabilization period in order to help make them successful in their employment. Some consumers have various barriers from mental to physical to emotional barriers. Paul did face some barriers during COVID when it came to helping people obtain employment. While Voc. Rehab is responsible for marketing the program, Paul is responsible for establishing relationships with businesses.

Staff Report

- Governor Reynolds signed the Elder Abuse Law recently. The Law goes into effect July 1st. The law means that individuals can be charged and arrested for elder abuse. Please check out the Iowa AARP website <https://states.aarp.org/iowa/new-elder-abuse-law-in-iowa> to review details on the law. Heritage and other Area Agencies on Aging will work with law enforcement and other organization on educating them on the Elder Abuse law.
- Washington county's congregate meal site is open. Most recently they served 26 people.
- The Washington County Caregiver seminar was yesterday, Johnson County Caregiver seminar is June 24th and Iowa County is June 29th.
- The Iowa Return to Community position is open and is in the process of hiring a nurse.. A candidate has been identified and we hope to make an announcement next month.
- The Elder Justice grant position has been posted and is open.
- Julie Roman joined Heritage recently as the Encore Coordinator.
- Heritage Fiscal Year Ends on June 30th for the Advisory Council. Art Staed has agreed to stay on the Advisory Council as the Elected Official. All are invited to the July meeting as well as the incoming fiscal year members and the nomination will come from the floor for the officer positions.
- Heritage had some funding for IDA for some last minute advertising dollars. Please look on the lookout for a commercial on KCRG.

County Task Force Update:

- **Linn County-** The task force will be at the Noelridge Farmers Market to promote Heritage.
- **Jones County-** The task force is busy with outreach for caregiver support classes and local support groups.
- **Johnson County-**The task force spent the last meeting identifying key things they would like to accomplish as a group. They have a list of priorities and are in the process of narrowing them down.
- **Benton County-**HACAP is serving in person meals again in Benton County. The task force has been busy promoting Heritage Services at the Benton County Fair.
- **Washington County-**Washington County Encore is open and is serving meals in person. They continue to spread the word through the local radio station. Don let Harrison know about Washington Live which is a Facebook group.
- **Cedar County-**Shirley will be spending the week at the county fair to promote Heritage.
- **Iowa County-**No Active Task Force

Open Agenda:

- Aging Service is once again involved in the online Give65 program. This is a program of Home Instead Charities devoted to helping nonprofits raise money online for programs and services that are helping aging adults live with independence and dignity. For details and to donate to Aging Services please visit <https://www.give65.org/abbehealth>.
- Representative Staed thanked everyone for the work they do for Older Adults.
- Question was asked on what Heritage does to assist elderly people from foreign countries. Heritage is working to improve the outreach in this area by being on various different committees that work with the immigrant population.

Next Meeting July 28, 2022

Meeting was adjourned at 2:01 p.m.