## Advisory Council Heritage Area Agency on Aging July 23, 2020 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Joyce Brunssen, Shirley Geadelmann, Shari Slaton, Lindsay Glynn, Angela Roemerman, Tamra Albright-Johnson, Barb Young & Art Staed

**Staff Present:** Eugenia Kendall, Kellie Elliott-Kapparos, Barb Werning, Brad Franzwa & Sjonna Brunt

**Welcome and Introductions:** Kellie Elliott-Kapparos called the meeting to order at 1:05 p.m. and roll call was taken.

#### Acceptance of Agenda: no quorum at that time

**Consideration of minutes of May 28, 2020-** Art motioned to approve the minutes and Marcia seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of June 25, 2020-** Art motioned to approve the minutes and Shirley seconded the motion. The minutes were approved unanimously.

## **Election of Fiscal Year 2021 Officers**

• Tabled until August

## Staff Report

- Barb Werning, Heritage Executive Director introduced herself to the Advisory Council.
- August 3<sup>rd</sup> is the targeted date for Heritage to return back to the office. This will be a slow process. Heritage Offices will not be open to the public.
- Heritage has a new website. Thanks to Harrison March who built the website from the ground up. The website is set up so that online donations can be accepted.
- Heritage has a new brochure. The brochure is a common brochure that has incorporated all of the services into one location instead of multiple brochures.
- Heritage and the I & A staff has done a great job managing the call volume while working from home.
- Heritage is still doing a great job doing outreach. Outreach is being accomplished through e-blasts to individuals 60+ in need. Information shared with the was information on Heritage services and COVID-19. Other was outreach was accomplished were through virtual programming such as Tai Chi, and Caregiver Educational webinars.

• Participation with Task Forces meetings has increased even though they are being done virtually.

## Area Plan Focus Group Updates

- ADRC/LifeLong Links- Meeting July 16th
- Caregiver- Next meeting August TBD
- Nutrition- Next meeting TBD
- Elder Rights- Met on June 18<sup>th</sup> and focused on what Heritage is doing to reach out to individuals in need.
- HCBS- Next meeting July TBD

#### **Committee Reports:**

## Advocacy/Government Liaison:

• No Report

## County Task Force Update:

- **Jones County:** No meeting in July. Meals on Wheels delivering food to people in need.
- **Cedar County:** Cedar County dining is doing well. New people are being served. Transportation is gradually increasing.
- Farmers Market vouchers are being handed out.
- **Benton County:** No July meeting. Harrison provided the task force with information on how seniors can vote.
- **Linn County:** No meeting in July.
- Johnson County: No report.
- Washington County: No report

Next Meeting August 27, 2020

Meeting was adjourned at 3:30 pm

## Advisory Council Heritage Area Agency on Aging August 27, 2020 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Shari Slaton, Eve Casserly, Lindsay Glynn, Angela Roemerman, Tamra Albright-Johnson, Barb Young, Sofia Mehaffey, Stephanie Humphries, Elizabeth Koehn & Art Staed

**Staff Present:** Eugenia Kendall, Kellie Elliott-Kapparos, Barb Werning, Brad Franzwa & Sjonna Brunt

**Welcome and Introductions:** Kellie Elliott-Kapparos called the meeting to order at 1:02 p.m. and roll call was taken.

Acceptance of Agenda: Elizabeth motioned to approve the agenda and Barb Young seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of July 23, 2020-** Eve motioned to approve the minutes and Lindsay seconded the motion. The minutes were approved unanimously.

## **Election of Fiscal Year 2021 Officers**

- Motion from the floor to nominate Stephanie Humphries as Chair for FY21 Advisory Council. Barb Young called for a vote and Marcia seconded. Stephanie was unanimously elected as FY21 Advisory Council Chair.
- Motion from the floor to nominate Lindsay Glynn as Vice Chair for FY21 Advisory Council. Barb Young called for a vote and Tamra seconded. Lindsay was unanimously elected as FY21 Advisory Council Vice Chair.

# Staff Report

- The last Heritage staff member received power on August 24<sup>th</sup> as a result of the Derecho storm. Some staff are still operating without internet and are resorting to using their cell phones as hotspots. All staff are safe.
- After the Derecho that hit Cedar Rapids and surrounding areas, the Heritage Care Team has contact all Heritage clients and wellness check-ins were performed via the phone.
- Heritage has been working with LAPAID, partnering agencies, Benton County Long Term Recovery group and Johnson County COAD on recovery efforts and resources for the community.
- Our needs are now transitioning from response to recovery. Recovery will be a long transition as we work with community members that have expressed food insecurity and other assistance as a result from the damage of the Derecho.

- Heritage was able to secure 10,000 shelf stable meals and has partnered with HACAP to distribute this throughout Heritage's service area in need as a result of the storm.
- Encore is down to 2 facilities due to storm damage at the Marion Library.
- As a result in increasing numbers in COVID, Governor Reynolds established a Health proclamation mandating that all bars to close and restaurants to close at 10:00 pm.

## **Open Agenda**

- Sofia expressed concerns on how big of an issue food insecurity was going to be not only due to COVID but also as a result of the Derecho. She has found that most people wanted to only receive help on a temporary basis. During the response efforts of the Derecho, Horizons served hot meals since individuals were unable to warm up food without power. Horizons has now reverted back to frozen meals for most people. There are a few people without power that are still receiving hot meals.
- Lindsay Glynn expressed thanks to Heritage and Horizons. Heritage and Horizons gave the partnering agencies an opportunity to get help to people that may not have needed help prior to the storm or that may not have expressed the need for help prior to the storm. There is still a need for volunteers the push for volunteer help is dwindling even though the need is still there.
- The committee expressed a need to have conversations on senior housing facilities. As a result of the storm it was discovered some areas that are needing to be looked at such as lighting in the stairwell during a storm outage, preparing seniors in unassisted housing for emergencies, the need for generators and much more.

Next Meeting September 24, 2020

Meeting was adjourned at 3:30 pm

## Advisory Council Heritage Area Agency on Aging September 24, 2020 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Shirley Geadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Nancylee Siebenmann, Tamra Albright-Johnson, Barb Young, Dora Lorenc, Stephanie Humphries, & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, & Sjonna Brunt

**Welcome and Introductions:** Stephanie Humphries called the meeting to order at 1:03 p.m. and roll call was taken.

**Acceptance of Agenda**: Lindsay motioned to approve the agenda and Barb Young seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of August 27, 2020-** Barb motioned to approve the minutes and Lindsay seconded the motion. The minutes were approved unanimously.

# FY21 Advisory Council meeting calendar

• Kellie presented the FY21 Advisory Council meeting calendar. Each meeting will have a topic for discussion such as various focus groups, the Area Plan and Heritage Programs.

# Staff Report

- All area agencies in Iowa are closed to the public due to COVID. Barb Werning is working with Iowa Department on Aging as well as the other AAA's to determine when it may be safe to reopen.
- Barb Werning is reaching out to each member of the Heritage Board and Executive Directors of each of our funded programs. Barb will eventually be reaching out to each member of the Advisory Council as well.
- There is a concern in regards to seniors and adults with disabilities living at home and social isolation. This is being discussed among area agencies on aging nationwide. At this time there is not a lot of information on it. Kellie will send articles to the Advisory Council so we can discuss it in October.
- Eugenia presented the highlights on Heritage's storm recovery efforts.
- Lindsay thanked Eugenia for all of her work and what she has done during COVID and the storm recovery.

# Chair Report

• Barb Werning has started to share to the board feel good/mission moments from consumers.

- The board reviewed and approved the financial reports as presented by Steve Ovel. Heritage is doing well financially.
- Amanda Seilers was approved as a voting member of the Benton County Task Force.
- The Board meeting dates are the 2<sup>nd</sup> Tuesday of every month at 2:00. At this time, they are all done by Zoom. Once they are able to meet in person they would like to hold at least one meeting in all seven (7) Counties that Heritage serves.
- It was requested by the Advisory Council to have Harrison March remind the County Task Force members that the Board meetings are open to the public. The agendas are posted on Heritage's website 1 week prior to the meeting with details on how to participate.

Next Meeting October 22, 2020

Meeting was adjourned at 3:15 pm

## Advisory Council Heritage Area Agency on Aging October 22, 2020 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Shirley Geadelmann, Ed Dunbar, Lynne Cannon, Lindsay Glynn, Angela Roemerman, Barb Young, Sofia Mehaffey, Dora Lorenc, Stephanie Humphries, & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, & Sjonna Brunt

**Welcome and Introductions:** Stephanie Humphries called the meeting to order at 1:03 p.m. and roll call was taken.

**Acceptance of Agenda**: Lynne Cannon motioned to approve the agenda and Marcia Taylor seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of September 24, 2020-** Ed Dunbar motioned to approve the minutes and Barb Young seconded the motion. The minutes were approved unanimously.

## **Program Data & Impact Report Orientation**

• Eugenia reviewed the PowerPoint presentation on year end program outcome data and the impact and results.

## Area Plan Focus Groups:

- Eugenia provided an overview of the Area Plan Focus Groups and identified the purpose and goals of the each of the five groups (ADRC/LifeLong Links, Caregiver, Elder Rights, HCBS/Transportation, & Nutrition). Each Advisory Council member is invited to join any of the focus groups.
- Eugenia reminded each Advisory Council member to return the Service Needs Survey that was sent out to them. This provides Heritage a view of what the perceived service needs are by each county. Heritage will be holding virtual meetings with each county task force, key constituents & Heritage staff to discuss the results. Once Heritage has met with each county they will take the information back to the focus groups to discuss.
- Area Plan Focus group future meeting dates are: ADRC/LifeLong Links-October 29, 1-2:00 pm, Caregiver-December TBD, Elder Rights-November 5, 1-2:00, HCBS-December TBD, and Nutrition-December TBD.

- The Heritage Fiscal team is working on Q1 reports (July-September).
- Maria Donohoe will be returning from maternity leave November 2.
- The Iowa Association of Area Agencies on Aging (i4a) received a donation of over \$10,000 from our national association (n4a) for Derecho relief. The i4a board voted that the funds should be directed to the Heritage region due to the need. Heritage is using some of the money to purchase consumers gift cards at a grocery store of their choice to replace food that was lost and not covered by insurance.
- The request for Home Delivered meals is increasing. Cedar County served and additional 2,000 meals from last year to this year.
- Encore Café will soon be making an announcement that they will be changing over to a voucher system during the winter months. There will be a monthly supplemental food distribution during this time.

## **Chair Report**

- Laura Kriegermeier presented information to the board about the Elder Abuse program and the process on how the staff handles elder abuse cases. Laura also shared cases to the board.
- Heritage remains fiscally sound.

Next Meeting December 17, 2020

Meeting was adjourned at 3:15 pm

## Advisory Council Heritage Area Agency on Aging December 17, 2020 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Shirley Geadelmann, Shari Slaton, Lynne Cannon, Lindsay Glynn, Angela Roemerman, Barb Young, Ed Dunbar, Sofia Mehaffey & Art Staed

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, & Sjonna Brunt

**Welcome and Introductions:** Lindsay Glynn called the meeting to order at 1:02 p.m. and roll call was taken.

**Acceptance of Agenda**: Lynne Cannon motioned to approve the agenda and Art Staed seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of October 22, 2020-** Ed Dunbar motioned to approve the minutes and Art Staed seconded the motion. The minutes were approved unanimously.

# FY2021 1<sup>st</sup> Quarter Program Outcome Data & Impact Results Elder Rights Focus Groups Goals and Strategies

- Eugenia reviewed the PowerPoint presentation on the results on the Outcome Data and Impact survey as well as the Elder Rights Focus Group Goals and Strategies. 92 responses were received from the impact survey and the results for Rural and Urban ranked the following services in the top: Home Delivered Meals, Case Management and Information & Assistance.
- Most of Heritage services are exceeding or meeting Q1 goals according the expectations and targets set by Iowa Department on Aging(IDA). Congregate goals are N/A due to COVID.
- The Advisory Council wanted to know if Heritage is able to compare their data with the other area agencies on aging. At the time Heritage released their data to the Advisory Council the other area agencies had not released them to IDA therefore they are unable to compare them. Once it is released it is possible to compare to the other area agencies.

# FY22-25 Area Plan Status Update:

- Regional conversations were held with all of the county task forces and other individuals within the counties. Some of the concerns the areas of concern were expressed: Home Delivered Meals & Congregate dining, availability of volunteers, social isolation, and emotional support of caregivers.
- Focus group conversations were wrapping up. The 4-year plan will reflect the gaps and strategies of Heritage's services.

- Heritage has sent an email to all members of the task force, Advisory Council, Board of Directors and all of the subcontractors letting them know that Heritage will be working modified hours from December 24-January 4.
- Mike Chapman has announced his retirement starting July 1, 2021.

#### Chair Report

- The Heritage Board developed the following committees: Finance, Executive, Development, Communication/Community Engagement, Fund/Fund Development & HR/Personnel.
- Heritage remains fiscally sound.

Next Meeting January 28, 2021

Meeting was adjourned at 1:56 pm

## Advisory Council Heritage Area Agency on Aging January 28, 2021 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Shirley Geadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Angela Roemerman, Barb Young, Dora Lorenc, Elizabeth Koehn & Stephanie Humphries.

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, Barbara Werning & Sjonna Brunt

**Welcome and Introductions:** Stephanie Humphries called the meeting to order at 1:03 p.m. and roll call was taken.

Acceptance of Agenda: Barb Young motioned to approve the agenda and Shirley Geadelmann seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of December 17, 2020-** Shirley motioned to approve the minutes and Barb Young seconded the minutes based on the amendment in the approval section of the minutes being changed from Art Taylor to Art Staed. The minutes were approved unanimously.

# ADRC/Lifelong Links Focus Group Goals and Strategies

- Eugenia reviewed the PowerPoint presentation on the ADRC/Lifelong Links Focus Groups Goals and Strategies.
  - Area Plan Goals, Gaps and Strategies Goal 1 is Iowa Aging Network will work with older Iowans, Iowans with disabilities, and caregivers as they fully engage and participate in their communities, make informed decisions, and exercise self-determination and control about their independence, well-being, and health.
  - Service Gap: Rural residents in the Heritage service area face additional barriers to accessing needed services.
    - Heritage accomplished creating a user friendly website, streamlines a common brochure in 2 languages (English & Spanish), developed an online Caregiver Wellness Series, developed online Tai Chi classes, developed tools to capture consumer intake information online, created an annual report, and created a marketing & communication plan.
  - Goal 2: Iowa Aging Network will enable Older Iowans to remain in their own residence and community of choice.
  - Service Gap: The Heritage Agency needs to increase access to information, Education and Advocacy efforts within the service area.
    - 98.2% of consumers indicated they received the information/referrals needed to make an informed choice regarding goals service needed. Tart is 95% or greater.
    - 98.2% of consumers indicated they worked with staff to develop a plan for what to do next.
    - Service Usage & Consumers service-Total without aggregate FY19 5,287 FY20 Actual 5,421 Total Aggregate (includes Training & Education, Outreach, 211, Legal Assistance) FY19 8,230 FY20 16,733.

# FY22-25 Area Plan Timeline:

• By Mid-February Heritage will submit a rough draft of the Area Plan to IDA for feedback

- March the Advisory Council will review and provide feedback of the Area Plan
- April the Area Plan will be submitted to the Board for approval.

- Staff is working on the FY22-Fy25 Area Plan.
- Heritage has released the application for RFP's (Request for Proposals). This would be effective starting July 1, 2021. This is a competitive bid process and state guidelines must be followed. All questions asked about the bid process are posted to Heritage's website.
- COVID 19 vaccines are being distributed differently in every county. The I4a (Iowa Area Agency on Aging Association) sent a letter on behalf of all the Area Agencies on Aging to the State of Iowa Public Health Department. The letter offered support to communicate to Iowans about the vaccine. Additional letters went out to local Public Health Departments to offer support.
- For updates on the COVID 19 vaccine please continue to check Heritage Area Agency's website and your local county Public Health Department.
- Staff continues to work remotely as well as from the office.
- Heritage continues to provide a monthly food distribution during the Encore voucher distribution.

# **Chair Report**

- Tim Getty provided an update on Encore Café. Heritage is working in Washington County to get a similar program established. Tim also provided an overview of regional nutrition programs and how they are running their programs during the pandemic.
- PPE's (Personal Protective Equipment) continues to be distributed to all seven (7) counties.
- Toni Claussen resigned from the Heritage Board and Barb Werning is working to find a replacement for her position.

# Area Plan Focus groups:

- Nutrition, Caregiver, and HCBS (Transportation) meetings have not been scheduled.
- Elder Rights meeting is January 29, 2021 3:00-4:00
- ADRC/LifeLong Links meeting was January 21, 2021 1:00-2:00

# Committee Reports:

- No report from Linn or Jones County
- Washington County reported that Kirsten Onaga spoke at their meeting in regards to transitioning from extended care to assisted or independent living. The task force members also worked on a welcome packet for new task force members. The packets can be revised for each county task force. Please see Harrison March for details.
- Cedar County and Benton County Task Forces do not meet until February.
- Johnson County has a presentation on the Better Business Bureau (presenter Bob Hansen) on March 8, 2021 at 2:00 pm.

Next Meeting February 25, 2021

Meeting was adjourned at 2:30 pm

## Advisory Council Heritage Area Agency on Aging February 25, 2021 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Shirley Geadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Angela Roemerman, Barb Young, Dora Lorenc, Elizabeth Koehn, Nancylee Siebenmann & Stephanie Humphries.

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos, Barbara Werning & Sjonna Brunt

**Welcome and Introductions:** Stephanie Humphries called the meeting to order at 1:05 p.m. and roll call was taken.

**Acceptance of Agenda**: Barb Young motioned to approve the agenda and Lindsay Glynn seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of January 28, 2020-** Ed Dunbar motioned to approve the minutes and Barb Young seconded the motion. The minutes were approved unanimously.

# FY2021 2<sup>nd</sup> Quarter Outcome Data & Impact Results

- Eugenia reviewed the FY2021 Performance Measures for 2<sup>nd</sup> Quarter.
  - HAAA OAA and Subcontractor OAA FY21 2<sup>nd</sup> quarter services goals presented (attachment).
  - Elder Abuse Prevention and Awareness are close to achieving their goal for FY21.
  - LifeLong Links has exceeded the FY2021 goals.
  - Nutrition and Education and Nutrition Counseling is on hold due to COVID and not being able to capture units.
  - Case Management is meeting or exceeding all of FY2021 goals.
  - Congregate Meal and Home Delivered Meals-Congregate is n/a due to COVID and sites being closed. Home Delivered Meals is exceeding their goal.
  - Caregiver Counseling and Caregiver Respite Care is exceeding their FY2021 goal.

# **Caregiver Focus Group Goals and Strategies**

- Eugenia presented what the Caregiver group has been working on and their goals and strategies. (attachment)
  - Gap 1 Caregivers are often so consumed with the caregiver responsibilities that they do not have time to research and connect with support services
  - Gap 2 Caregivers within the Heritage services area lack caregiver training opportunities and resources.
  - Gap 3 Working caregivers within the Heritage service area lack knowledge on how to access available resources to assist with caregiving.
  - Gap 3 Caregivers who care for adult children with disabilities within the Heritage services area lack knowledge on how to access available resources.
  - 93% of caregiver consumers indicated caregiver counseling and /or respite care service allowed them to maintain their caregiver role. Target is 90% or greater.

- Heritage has received an alarming number of COVID calls.
- Starting March 8 people 65+ can call 211 and 211 will work to schedule them for their vaccine through Hy-Vee. There are some counties that do not have Hy-Vee's and there will still be need to work with local county public health.
- Some consumers have expressed issues getting the vaccine and with their permission Heritage has flagged with names and sent them to the Governor's office. These people will start receiving the people on the list where there is a Hy-Vee in their area to help them get the COVID shot scheduled.
- The Governor's office is planning on asking Hy-Vee to do mobile clinics in the rural clients.
- Heritage is hiring a Data Project Specialist. This position is posted on Kirkwood's website.

## **Chair Report**

- Bryan Bruner, Health and Wellness Coordinator spoke with the board about the virtual programs he has been teaching.
- Mike Chapman is retiring.
- Heritage closed to the public as all AAA are.
- Funding for VOCA is likely to be cut come September and Heritage is looking for options to support this program.
- Heritage remains to be in strong financial standings.
- Kellie and Barb met with Kathy Good at the Family Caregivers Center at Mercy Hospital to discuss the Heritage's Dementia Friends initiative through i4a. The hospital will break ground soon for the new Chris and Suzy DeWolf Family Innovation Center for Aging and Dementia. We are exploring ways we can partner together to support and enhance services at the center.
- A rough draft of the Service Area Plan will be sent to IDA in mid-February (actual due date March 1). After comments are received from IDA and final revisions made, the Plan will go to the Advisory Council for recommendation in March and to the Full Board for approval in April.
- The Encore Café voucher program continues to perform well. In January, 1,546 vouchers were redeemed by 196 participants.
- The nutrition program received an unexpected pet assistance grant last month. These funds will be used to provide monthly assistance to Arbor residents as well as other individuals over 65 in the community.
- Steve Ovel is resigning as a Heritage Board member due to health issues. Kirkwood Board of Trustees
  will be providing a replacement member.
- John Schlarmann will be replacing Ned Rohwedder as a representative of the Jones County Board of Supervisors.
- The Board approved 10 Grandpads for consumers 65+

# Area Plan Focus groups:

- Nutrition-TBD
- Elder Rights meeting is March 18 @ 10:00 am
- Caregiver-TBD
- Transportation-TBD
- ADRC/LifeLong Links meeting April 15<sup>th</sup> @ 1:00 pm

## **Committee Reports:**

 Barb (Linn County) updated the Advisory Council on the presentation they received from Access to Independence.

- Marcia (Benton County) Kiersten Onaga with Access to Independence also spoke at their meeting.
- Shari (Cedar County) Access to Independence spoke to the task force.
- Angela (Johnson County)-presentation will be to the public on Senior Fraud March 8<sup>th</sup> at 2:00.

Next Meeting March 25, 2021

Meeting was adjourned at 2:00 pm

## Advisory Council Heritage Area Agency on Aging March 25, 2021 Held Via Zoom Conference Call

**Present:** Marcia Taylor, Shirley Geadelmann, Shari Slaton, Ed Dunbar, Lindsay Glynn, Barb Young, Elizabeth Koehn, Lynne Cannon & Stephanie Humphries.

Staff Present: Eugenia Kendall, Kellie Elliott-Kapparos & Barbara Werning

**Welcome and Introductions:** Stephanie Humphries called the meeting to order at 1:05 p.m. and roll call was taken.

Acceptance of Agenda: Shirley Geadelmann motioned to approve the agenda and Lynne Cannon seconded the motion. The minutes were approved unanimously.

**Consideration of minutes of February 25, 2020-** Barb Young motioned to approve the minutes and Lynne Cannon seconded the motion. The minutes were approved unanimously.

## FY2021 Area Plan Update Submission review for FY2022-2025 (see attachment)

- Eugenia reviewed the Area Plan Power Presentation as submitted to the committee. 3 Goals reviewed
  - Goal 1 & Service Alignment-(Goal 1) Iowa Aging Network will work with older Iowans, Iowans with disabilities, and caregivers as they fully engage and participate in their communities, make informed decisions, and exercise self-determination and control about their independence, well-being and health. (Service Alignment) Info & Assistance, Options Counseling, Caregiver Info & Assistance, Caregiver Options Counseling, Nutrition Education, Nutrition Counseling, Training & Education, Outreach.
  - Goal 2 & Service Alignment-(Goal 2) Iowa Aging Network will enable Older Iowans to remain in their own residence and community of choice. (Service Alignment) Case Management, Adult Day Care, Assisted Transportation, Chore Services, Congregate Meals, Emergency Response Systems, Home Delivered Meals, Material Aid, Transportation, Caregiver Case Management, Caregiver Counseling, Caregiver Respite, Caregiver Supplemental Services.
  - Goal 3 & Service Alignment-(Goal 3) Iowa Aging Network will protect and enhance the rights; and prevent the abuse, neglect, and exploitation of older Iowans. (Service Alignment) EAPA Consultation, EAPA Assessment & Intervention, EAPA Training & Education.

# HCBS Focus Group Goals and Strategies (see attachment)

- Eugenia presented what the HCBS group has been working on and their goals and strategies. (attachment)
  - (Goal) Iowa Aging Network will enable Older Iowans to remain in their own residence and community of choice.
  - Strategies-(1) Strengthen partnerships within each community to increase volunteerism that helps meet the transportation needs of older persons for non-medical supports and services. (2) Hold transportation specific trainings with Task Forces on Aging in each county to increase knowledge on how to use existing modes of transportation as well as recruit additional volunteers. (3) Work with local mobility managers and other partners

on the HCBS Focus Group to ensure the regional transportation brochure also includes volunteer transportation options.

# Staff Report

- The number of COVID vaccine calls have slowed down.
- Referring individuals to call 211 for details on the vaccine seems to be working well.
- Staff have found locations to get their vaccine.
- Thanks to all that worked on the Area Plan especially to Eugenia who work hard to put it all together.
- Heritage has received 2 resignations-Brad Franzwa and Ashley Turner
- Heritage is on track to a full transition as employees of a 501c3 on July 1.
- All providers submitted their RFP's.

# **Chair Report**

- The Board members discussed the rules of open meeting criteria and how you go into closed and come back into open sessions.
- Finances are stable. IDA has allocated \$14m on extra funding.
- Due to Encore Cafes success extra funding has been given to Heritage.
- There is a donate now button on Heritage's website. It was discussed how to reflect how donations help support Heritage's services such as x dollars provide x number of meals and etc.
- There is a potential for the VOCA grant to receive financial cuts.
- Heritage has decided to put the purchase of grandpads on pause due to hidden fees driving up the cost.
- Powerful Tools for Caregivers is getting a great response.

# Area Plan Focus groups: Working to schedule April meetings not updates at this time.

- Nutrition-TBD
- Elder Rights-TBD
- Caregiver-TBD
- Transportation-TBD
- ADRC/LifeLong Links-TBD

# Committee Reports:

- Cedar County will be at the Cedar County Fair and will be looking for help from Heritage on items she can hand out.
- Linn County discussed the vaccine, asked for a speaker from the Older lowans Legislature at their next meeting to provide an update, Encore voucher program, people who are still needing help with damage they received from the Derecho, and also what the status of the Senior Center.
- Washington County had Tim Getty speak to them about the Encore Express. It is getting ready to be rolled out to the community soon.

Next Meeting June 24, 2021

Meeting was adjourned at 2:00 pm